



# JERSEY SPARTAN A.C.

**RACE: JSAC Liberation Day 5km**

**DATE: 08 May 2026**

Position	Gender Position	First Name	Surname	Time	Age-graded % (WMA)
1	M1	Zane	Simpson	15.45	82.50%
2	M2	Li	Henghali	17.29	76.24%
3	M3	Alan	Unwin	17.46	74.49%
4	F1	Antoinette	Kyriacou	18.11	80.48%
5	F2	Fran	Monticelli	18.50	77.04%
6	M4	Ben	Phillips	19.06	70.82%
7	M5	Felix	Mason	19.18	66.41%
8	M6	Matt	Ruane	19.24	77.77%
9	M7	Alex	Buesnel	19.27	66.36%
10	M8	Jesse	Kyomuhendo	19.54	64.41%
11	M9	Brian	Reade	20.13	75.88%
12	M10	Indy	Simpson	20.27	65.23%
13	M11	John	Read	20.33	75.92%
14	M12	Sam	Taylor	20.34	63.06%
15	M13	Paul	Bish	20.37	81.21%
16	M14	Dan	Andrade	20.52	61.42%
17	M15	Jasper	Macdonald	20.54	61.32%
18	F3	Claire	Boote	21.15	66.50%
19	M16	Daryl	Hopla	21.38	68.06%
20	F4	India	Cook	21.46	65.21%
21	M17	Jacob	Laffoley	21.59	60.68%
22	M18	Gerard	Mooney	22.16	66.66%
23	M19	Jasper	Maddox	22.21	57.35%
24	M20	Luke	Newton	22.33	56.84%
25	F5	Charlotte	Nobes	22.33	61.64%
26	F6	Helen	Day	22.35	67.11%



# JERSEY SPARTAN A.C.

Position	Gender Position	First Name	Surname	Time	Age-graded % (WMA)
27	M21	Errol	O'Driscoll	22.39	72.59%
28	M22	Jeff	Collard	22.41	71.84%
29	M23	Justin	Lloyd-Jones	22.43	66.97%
30	F7	Ada	Zubercova	22.49	60.92%
31	F8	Ellen	Littlechild	22.54	70.65%
32	M24	Ben	Du Feu	23.34	57.40%
33	M25	Dominic	Simpson	24.04	60.66%
34	M26	Dave	Wheatley	24.06	63.12%
35	F9	Katie	Cartwright	24.43	57.71%
36	F10	Kayleigh	Renouf	24.49	56.72%
37	F11	Terri	O'Donoghue	24.51	66.61%
38	M27	Ismail	Mahmood	25.35	50.45%
39	M28	Gerry	Toudic	25.37	68.04%
40	F12	Kimberley	Lloyd-Jones	25.38	63.11%
41	F13	Lisa	Garrett	25.57	60.97%
42	M29	Neil	Laffoley	26.18	59.83%
43	M30	Glenn	Springate	26.23	60.69%
44	M31	Mike	Anderson	26.23	52.43%
45	F14	Verity	Osmand	26.27	57.30%
46	F15	Sue	Le Ruez	26.49	79.10%
47	M32	Tony	Hancock	27.25	62.87%
48	F16	Natalie	Harris	27.29	53.24%
49	F17	Harriette	Bish	27.31	50.57%
50	F18	Lohren	Bateley	27.39	50.27%
51	M33	Peter	Holmes	27.40	46.33%
52	F19	Nicola	Holmes	27.41	56.52%
53	M34	Bernie	Arthur	27.42	71.49%
54	M35	Roy	Bredonchel	27.46	66.32%



# JERSEY SPARTAN A.C.

Position	Gender Position	First Name	Surname	Time	Age-graded % (WMA)
55	M36	Dave	Woodsford	28.54	59.02%
56	F20	Joan	Inwood	29.22	58.38%
57	F21	Melanie	Maddox	30.17	45.90%
58	F22	Janette	Collard	30.40	57.03%
59	M37	Geoff	Nott	30.44	53.98%
60	F23	Marlene	Nobrega	38.54	40.23%
61	F24	Janine	Fossey	40.33	55.91%
62	F25	Alexie	Barclay	47.03	30.70%
63	F26	Laura	Nobrega	47.03	32.67%
64	M38	James	Nobrega	47.03	27.39%