

## Jersey Athletics Association

### Performance Indicators Island Games –Faroe 2027

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Event	Men	Women
100m	11.59	13.10
200m	23.50	26.90
400m	51.80	60.50
800m	2.01.00	2.22.00
1500m	4.10.0	4.59.00
400m Hurdles	57.80	67.50
110m/100 Hurdles	15.90	16.90
5000m	16.10	18.25.00
10000m	34.15	39.26.00
½ Marathon	1.17.30	1.30.00
High Jump	1.82	1.51
Long Jump	6.30	5.00
Triple Jump	13.03	10.25
Hammer	40.50	34.00
Javelin	49.00	30.80
Shot	12.10	8.78
Discus	38.80	30.00

*Please see accompanying document for further details on the selection process.*