



JERSEY SPARTAN A.C.

RACE: Age-graded West Park 5km

DATE: 23 September 2025

Position	Gender Position	First Name	Surname	Time	Age-graded % (WMA)
1	M1	Phil	Ahier	18.01	88.10%
2	M2	Paul	Bish	19.56	83.99%
3	M3	Nick	Middleton	17.20	82.30%
4	M4	Rahul	Kini	15.56	80.54%
5	M5	John	Brian	19.58	79.49%
6	M6	Christo	Karamfilkov	16.57	78.64%
7	M7	James	Oliver	16.33	77.54%
8	F1	Lisa	De Ste Croix	20.05	77.07%
9	F2	Florence	Williams	19.57	77.06%
10	M8	Josh	Brien	17.07	76.76%
11	M9	Ian	Shelton	21.13	75.46%
12	F3	Francesca	Monticelli	18.46	74.14%
13	F4	Rosie	Adamson	18.54	74.02%
14	F5	Lucci	Baker	19.02	73.03%
15	M10	John	Macpherson	20.22	72.88%
16	M11	Brian	Reade	21.03	72.27%
17	M12	Jeff	Collard	22.21	72.27%
18	M13	Roy	McCarthy	26.08	68.41%
19	M14	Spencer	Woolley	22.15	67.81%
20	M15	Trevor	Dearsley	23.37	67.79%
21	M16	Alex	Syvret	19.44	67.55%
22	M17	Gerry	Toudic	25.50	67.47%
23	F6	Ellen	Littlechild	24.11	66.90%
24	M18	Darren	Arnold	22.07	66.57%
25	M19	Tony	Hancock	26.17	64.90%
26	M20	Felix	Mason	19.50	64.62%
27	M21	Rob	Benest	24.35	64.56%



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28	M22	Pani	Papageorgiou	22.28	64.50%
29	F7	Rebecca	Sherrington	26.13	63.87%
30	M23	Carl	Parker	24.24	62.87%
31	M24	Li	Henghali	21.05	62.77%
32	F8	Lisa	Garrett	25.03	62.47%
33	M25	Jacob	Wilczynski	22.18	62.03%
34	M26	Daryl	Blondel	21.59	61.99%
35	M27	Andrew	Holmes	25.19	61.63%
36	F9	Katrina	Williams	24.44	61.27%
37	F10	Joan	Inwood	27.40	61.24%
38	M28	Digby	Ellis-Brecknell	24.53	61.14%
39	M29	Chris	Pugsley	23.55	60.59%
40	M30	Tim	Rogers	26.19	60.31%
41	F11	Janine	Fossey	40.27	59.68%
42	F12	Janette	Collard	28.44	59.67%
43	M31	Ewald	Grimbeek	22.22	59.17%
44	M32	Dave	Woodsford	28.34	59.15%
45	M33	Jesse	Kyomuhendo	21.53	58.57%
46	F13	Margaux	Salmon	24.06	57.73%
47	M34	Paul	Baines	24.44	57.23%
48	M35	Geoff	Nott	28.59	56.73%
49	F14	Jackie	Schwarz	27.36	56.08%
50	M36	Ismail	Mahmood	23.10	55.52%
51	F15	Christina	Hoyles	27.36	52.29%
52	F16	Izzy	Ibberson	28.42	50.33%
53	M37	Mark	Surcouf	27.33	50.21%
54	F17	Harriette	Bish	28.15	49.22%
55	F18	Kirsty	de Gruchy	28.39	49.13%