



# JERSEY SPARTAN A.C.

**RACE: Age-graded West Park 5km**

**DATE: 11 March 2025**

Position	Gender Position	First Name	Surname	Time	Age-graded % (WMA)
1	M1	Phil	Ahier	17.54	88.56%
2	M2	Paul	Bish	19.34	85.15%
3	F1	Sue	Le Ruez	25.20	81.59%
4	M3	Jon	Coote	19.25	80.86%
5	M4	Robin	Ovenden	18.15	80.56%
6	F2	Jess	Troy	18.36	79.21%
7	F3	Francesca	Monticelli	18.38	79.07%
8	M5	Paul	Duxbury	18.05	78.44%
9	M6	Nick	Middleton	18.12	77.26%
10	M7	Josh	Brien	16.39	77.18%
11	M8	Brian	Reade	19.34	76.52%
12	F4	Rosie	Adamson	19.21	76.14%
13	M9	Paul	Butt	17.20	74.13%
14	M10	Andy	Du Val	21.32	73.62%
15	M11	Benjamin	Watts	19.39	73.48%
16	M12	John	Brian	21.23	73.42%
17	M13	John	MacPherson	19.59	72.91%
18	M14	John	Read	21.06	72.30%
19	M15	Martin	Campbell	19.29	72.17%
20	M16	Rich	English	19.10	72.10%
21	M17	Roy	McCarthy	25.12	71.18%
22	M18	Scott	Welsh	18.06	70.99%
23	M19	Trevor	Dearsley	22.34	70.93%
24	M20	Jeff	Collard	22.50	70.80%
25	M21	Leo	Gage	18.20	70.09%
26	F5	Rachel	Selby	23.38	69.84%



# JERSEY SPARTAN A.C.

Position	Gender Position	First Name	Surname	Time	Age-graded % (WMA)
27	F6	Helen	Day	22.30	69.72%
28	M22	Krzysztof	Jeromkin	20.54	69.08%
29	F7	Terri	O'Donoghue	24.07	69.05%
30	M23	Li	Henghali	18.49	68.68%
31	F8	Jo	Ahier	26.01	68.47%
32	M24	Vaughan	Robinson	20.31	67.94%
33	M25	Brian	Hoy	21.41	67.81%
34	M26	Dave	Wheatley	22.08	67.65%
35	M27	George	Lumley	19.01	67.57%
36	M28	Roy	Bredonchel	27.02	67.08%
37	F9	Kimberley	Lloyd-Jones	24.42	66.83%
38	M29	Justin	Lloyd-Jones	22.29	66.60%
39	M30	Carl	Parker	22.57	65.86%
40	M31	Alex	Buesnel	19.33	65.73%
41	M32	Rob	Benest	23.55	65.64%
42	M33	Munya	Munzwembiri	20.09	65.19%
43	M34	Christian	Hilton	20.10	63.72%
44	F10	Lisa	Garrett	25.29	63.65%
45	F11	Carolyn	O'Boyle	24.36	63.26%
46	F12	Christina	Hoyles	23.50	62.87%
47	F13	Joan	Inwood	27.36	62.05%
48	F14	India	Cook	23.51	61.77%
49	M35	Daryl	Blondel	21.50	61.17%
50	M36	Felix	Mason	21.02	61.09%
51	M37	Tony	Hancock	28.14	60.87%
52	M38	Digby	Ellis-Brecknell	24.46	60.46%
53	M39	Theo	Depledge	21.30	59.77%
54	M40	Paul	Bains	23.25	59.01%
55	M41	Steve	Lehan-Port	22.46	58.67%



# JERSEY SPARTAN A.C.

Position	Gender Position	First Name	Surname	Time	Age-graded % (WMA)
56	M42	Jacob	Wilczynski	23.01	58.52%
57	M43	Dan	Cook	22.06	58.14%
58	F15	Janine	Fossey	40.46	56.64%
59	M44	Geoff	Nott	29.16	55.79%
60	M45	Chris	Pugsley	25.48	55.46%
61	F16	Natalie	Harris	29.32	51.49%
62	M46	Jason	Baines	28.04	50.98%
63	M47	Dawid	Slowina	27.27	50.78%
64	F17	Alice	Kember	29.07	50.60%