



JERSEY SPARTAN A.C.

RACE: West Park 5km

DATE: 07 January 2025

Position	Gender Position	First Name	Surname	Time	Age-graded % (WMA)
1	M1	Josh	Brien	16.32	77.72%
2	M2	Christo	Karamfilkov	17.21	74.49%
3	M3	James	Faudemer	18.02	71.26%
4	M4	Ash	Lewis	18.17	72.45%
5	M5	Li	Henghali	18.29	69.92%
6	M6	Scott	Welsh	18.30	69.46%
7	M7	Phil	Ahier	18.31	85.61%
8	M8	Mick	Siouville	18.35	81.33%
9	M9	Nick	Middleton	18.41	75.26%
10	M10	George	Lumley	18.54	67.99%
11	M11	Brian	Reade	19.10	78.12%
12	M12	Robin	Ovenden	19.21	75.98%
13	F1	Fran	Monticelli	19.26	75.81%
14	M13	Ben	Watts	19.26	73.63%
15	F2	Rosie	Adamson	19.30	75.56%
16	M14	Jeff	Ferguson	19.47	69.25%
17	M15	Martin	Campbell	20.33	67.83%
18	M16	Felix	Mason	20.38	62.28%
19	M17	Paul	Bish	20.51	79.90%
20	M18	Andy	Jarrett	21.13	N/A
21	M19	Gerry	Toudic	21.27	80.97%
22	M20	John	Read	21.46	70.09%
23	M21	Ian	Shelton	22.16	71.19%
24	M22	Paul	O'Brien	22.22	58.25%
25	F3	Helen	Day	22.36	69.41%
26	F4	Katie	Cartwright	22.52	64.60%



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27	M23	Rob	Douglas	22.55	70.54%
28	M24	Jacob	Wilczynski	23.05	58.35%
29	M25	Rob	Benest	23.30	66.81%
30	M26	John	Brian	23.40	66.34%
31	M27	Trevor	Dearsley	23.46	67.35%
32	M28	Dave	Wheatley	23.56	61.99%
33	M29	Danny	Chapman	24.14	56.05%
34	M30	Carl	Parker	24.17	62.24%
35	M31	Chris	Pugsley	24.20	58.81%
36	M32	George	Farley	24.54	52.32%
37	M33	Warwick	Long	24.58	62.27%
38	F5	Lisa	Garrett	24.59	64.37%
39	M34	Glenn	Springate	25.06	63.77%
40	M35	Chris	Dunford	25.14	61.61%
41	F6	Carolyn	O'Boyle	25.55	60.05%
42	F7	Courtney	Sansom	26.25	55.92%
43	M36	Roy	Bredonchel	26.26	68.60%
44	F8	Rebecca	Sherrington	26.39	63.66%
45	F9	Jackie	Schwarz	27.11	58.66%
46	F10	Maria	Correa	27.51	N/A
47	F11	Rachel	Selby	28.17	58.36%
48	F12	Joan	Inwood	28.27	60.20%
49	M37	Tony	Hancock	28.33	60.20%
50	F13	Jo	Ahier	29.40	60.04%
51	M38	Geoff	Nott	30.30	53.53%
52	F14	Maja	Jeromkin	31.41	N/A
53	M39	Kris	Jeromkin	31.41	N/A
54	M40	Tony	Frazier	32.39	50.01%
55	F15	Liz	Frazier	35.35	52.22%