



JERSEY SPARTAN A.C.

RACE: Autumn 10km

DATE: 10 November 2024

Position	Gender Position	First Name	Surname	Time	Age-graded % (WMA)
1	M1	Freddi	McKinlay	35.08	74.53%
2	M2	Christo	Karamfilkov	35.17	76.14%
3	M3	Ollie	Terry	36.03	72.63%
4	M4	Mike	Anderson	36.39	75.61%
5	M5	Paul	Butt	37.35	69.67%
6	M6	Gary	Le Couilliard	38.02	72.29%
7	M7	Martin	Campbell	39.51	72.35%
8	M8	Rhys	Hidrio	40.19	65.12%
9	M9	Nick	Hudson	40.52	66.76%
10	F1	Francesca	Monticelli	40.54	70.95%
11	M10	Richard	Worth	41.12	71.69%
12	M11	George	Lumley	41.52	63.19%
13	M12	John	MacPherson	42.04	71.36%
14	M13	Paul	Bish	42.36	79.36%
15	M14	Chris	Luce	42.54	63.60%
16	M15	Daryl	Hopla	43.24	68.61%
17	M16	Gerry	Toudic	43.31	79.79%
18	F2	Helen	Hadjam	43.37	73.91%
19	F3	Christina	Hoyles	44.14	67.41%
20	M17	James	Oliver	44.15	59.17%
21	M18	John	Read	44.52	69.74%
22	M19	Spencer	Woolley	45.17	67.95%
23	M20	Sebastian	Nila	45.25	60.54%
24	F4	Hannah	Worth	45.50	63.31%
25	M21	Dave	Wheatley	46.00	66.89%
26	M22	Darren	Arnold	46.30	64.66%



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27	M23	Toby	Venables	46.36	59.46%
28	M24	Ralph	Depledge	46.50	55.91%
29	M25	Colin	Trafford	47.04	63.27%
30	M26	Brian	Hoy	47.41	63.48%
31	F5	India	Cook	47.51	61.03%
32	M27	Daryl	Blondel	47.52	57.44%
33	M28	Harry	McAlinden	48.17	70.64%
34	F6	Philippa	Worth	48.21	67.83%
35	M29	Jacob	Wilczynski	48.32	57.55%
36	F7	Persephone	Bell	49.42	59.57%
37	M30	Marius	Caraman	49.49	56.51%
38	M31	Simon	Dowling	50.04	66.35%
39	M32	Digby	Ellis-Brecknell	50.25	61.03%
40	F8	Terri	O'Donoghue	50.34	65.43%
41	M33	Rob	Benest	51.09	62.74%
42	M34	Ismail	Mahmood	51.18	51.04%
43	M35	Justin	Lloyd-Jones	52.25	58.71%
44	M36	Roy	McCarthy	52.25	68.05%
45	M37	Luke	Coleman	53.19	49.24%
46	F9	Lisa	Garrett	53.27	59.81%
47	M38	Roy	Bredonchel	53.37	67.77%
48	F10	Kimberley	Lloyd-Jones	53.45	61.01%
49	F11	Jackie	Schwarz	53.47	58.95%
50	F12	Cat	Camara	54.04	53.67%
51	M39	David	Silva	54.04	48.43%
52	M40	Andrew	Holmes	54.20	58.07%
53	F13	Jess	Collins	55.05	52.68%
54	F14	Rachel	Selby	55.15	59.36%



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55	F15	Pauline	Huelin	55.41	64.12%
56	F16	Debbie	Reeve	56.54	52.03%
57	M41	Steve	Falle	58.06	56.20%
58	M42	Dave	Woodsford	59.35	57.75%
59	M43	Geoff	Nott	66.35	49.89%