



# JERSEY SPARTAN A.C.

**RACE: The 5kms of Christmas Handicap**

**DATE: 05 December 2023**

Position	Gender Position	First Name	Surname	Individual Time	Race Time
1	F1	Jo	Ahier	26.01	27.01
2	M1	Tony	Hancock	24.43	27.13
3	F2	Ava	Hadjam	20.54	27.24
4	M2	Michael	Dottore	23.25	27.25
5	F3	Kimberley	Lloyd-Jones	24.28	27.28
6	M3	Spencer	Wooley	21.01	27.31
7	M4	George	Lumley	18.11	27.41
8	M5	Will	Childe	23.43	27.43
9	M6	Gerry	Toudic	21.50	27.50
10	F4	Jess	Troy	19.23	27.53
11	M7	Gary	Le Couilliard	17.24	27.54
12	F5	Joan	Inwood	27.02	28.02
13	F6	Helen	Hadjam	20.32	28.02
14	M8	John	MacPherson	20.04	28.04
15	M9	Andy	Geddes	20.39	28.09
16	M10	Ben	Watts	19.13	28.13
17	F7	Natalie	Harris	26.15	28.15
18	M11	Paul	Bish	20.19	28.19
19	M12	Rob	Benest	23.28	28.28
20	F8	Pauline	Huelin	27.30	28.30
21	F9	Liz	Le Guillou	23.43	28.43
22	F10	Helen	Day	21.54	28.54
23	M13	Carl	Parker	22.09	29.09
24	F11	Terri	O'Donoghue	24.00	29.30
25	F12	Laura	Morel	27.38	29.38
26	M14	Glenn	Springate	24.43	29.43



# JERSEY SPARTAN A.C.

Position	Gender Position	First Name	Surname	Individual Time	Race Time
27	M15	Geoff	Nott	30.01	30.01
28	M16	Sebastian	Krzeminski	21.04	30.04
29	M17	Davide	Pita	21.23	30.23
30	M18	Darren	Arnold	23.18	30.48
31	M19	Gary	McCrossan	22.55	31.55
32	M20	Paul	Harvey	32.10	32.10