



JERSEY SPARTAN A.C.

RACE: Spring 10km

DATE: April 2023

Position	Gender Position	First Name	Surname	Time
1	M1	James	Oliver	34.39
2	M2	Rahu	Kini	35.04
3	M3	Josh	Brien	37.22
4	M4	Ben	Watts	37.57
5	M5	Christian	Sobere	38.13
6	M6	Marnus	Marais	38.41
7	M7	Nick	Pilnick	40.30
8	F1	Jess	Troy	40.45
9	F2	Brooke	Lidster	40.51
10	M8	Daan	VanHeerden	41.31
11	M9	Tristan	Vellam	42.26
12	M10	John	MacPherson	42.26
13	M11	Luke	Shobbrook	42.49
14	M12	Brian	Reade	43.18
15	F3	Rosie	Adamson	43.43
16	M13	Pani	Papageorgiou	45.05
17	M14	Gerry	Toudic	45.22
18	M15	Justin	Lloyd-Jones	45.58
19	F4	Helen	Day	46.13
20	M16	John	Read	46.24
21	M17	Laurence	Parkinson	46.58
22	M18	Carl	Parker	48.31
23	F5	Christina	Hoyles	48.57
24	M19	Rob	Benest	48.58
25	M20	Spencer	Woolley	48.59
26	F6	Sylvia	Thompson	49.04



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Position	Gender Position	First Name	Surname	Time
27	M21	Glenn	Springate	49.19
28	M22	Roy	McCarthy	50.13
29	M23	Roy	Bredonchel	50.21
30	M24	Bernie	Arthur	51.23
31	F7	Emma	Gwyther	51.47
32	M25	Dave	Woodsford	52.07
33	M26	Tony	Hancock	52.22
34	M27	Geoff	Nott	63.32
35	M28	Paul	Harvey	63.37