

Jersey Spartan Fitness First Spring 10k 2009 Men's results

Place	Name	Woman (w)	Time
1	Dominic Maher		17.27
2	Damian Maher		17.27
3	William Brown		17.38
4	Nick Gorrod		18.21
5	Jon Coote		18.40
6	Derek Smith		18.45
7	Gerard Mooney		18.46
8	Jo Gorrod	w	19.01
9	Ollie Turner		19.27
10	Barnabas Zaman		19.45
11	Gerry Toudic		20.00
12	Peter Kamau		20.20
13	Sylvia Thompson	w	20.30
14	Richie Peters		20.35
15	Glenn Springate		20.52
16	Dave Woodsford		21.10
17	Terry Rumney		21.15
18	Ron Morris		21.32
19	Claire Forbes	w	22.32
20	Ana Goncalves	w	22.37
21	Rob Benest		22.48
22	Sue Le Ruez	w	22.54
23	Judith Russell	w	23.23
24	Bryan Ogesa		25.05
25	Elena Jelisejeva	w	30.53
26	Janine Fossey	w	33.51
27	Victoria Jelisejeva	w	37.28
28	Laura Sauvage	w	37.28
29	Daisy Ogesa	w	39.48
30	Brandon Nganga		39.48
31	Aly Bisson	w	41.17
32	Lucia O'Connor	w	41.17

Also ran but no time

Teddy Ngema	
Lucy Falle	w
Rose McCullagh	w

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