

Jersey Spartan Fitness First Spring 10k 2009 Men's results

Place	Name	Woman (w)	Time
1	Elliot Dorey		52.09
2	Tom Perchard		52.17
3	Bruno Francisco		52.36
4	Jamie Barker		57.04
5	Damian Maher		57.10
6	Dominic Maher		57.36
7	Jon Coote		58.30
8	Nick Gorrod		59.05
9	Tony Banks		59.18
10	Gerry Toudic		63.02
11	Bradley Rose		66.15
12	Stuart Syvret		66.40
13	Sylvia Thompson	w	66.48
14	Glenn Springate		66.48
15	Simon Dowling		66.57
16	Kevin Lovatt		68.16
17	Gemma Pirouet	w	69.29
18	Chris Matthews		69.29
19	Dave Woodsford		69.31
20	Paul Huddleston		69.46
21	Cameron Purcell		70.58
22	Ana Goncalves	w	71.25
23	Sue Le Ruez	w	73.22
24	Ian Sommerville		75.12
25	Dan Connolly		75.54
26	Sue Mawson	w	76.13
27	Judith Russell	w	78.19
28	Jon Mawson		78.19
29	Lyndon Farnham		79.44
30	Vic Gonsalves		80.44
31	Ellen Barr	w	81.07
32	Gil Blackwood		81.07
33	Helen Willing	w	81.25
34	Alexis Harrison	w	81.25
35	Cliff Golding		81.32
36	Caroline Wilson	w	81.36
37	Amy Le Beuvent	w	85.42
38	Janine Fossey	w	117.21
	Debbie Donaldson	w	dnf