

Spartan Kempt Tower St Ouen cross country results 141214.xls

Place	Name	Woman (w)	Time
1	Tony Banks		29.47
2	Paul Garrod		30.43
3	Finlay Wright		31.11
4	Jon Coote		31.50
5	Nick Gorrod		31.53
6	Jo Gorrod	w	32.57
7	Jamie Barker		34.58
8	Glenn Springate		37.34
9	Bernie Arthur		39.29
10	Sue Le Ruez	w	39.43
11	Dave Woodsford		39.58
12	Davina Tweed	w	40.39
13	Sue Mawson	w	42.03
14	Trevor Goodson		42.04
15	Rachel Maher	w	42.24
16	Lyndon Farnham		42.25
3 laps out of 5			
	Janine Fossey	w	37.52
2 laps			
U15 girl	Lily McGarry		14.35
U17 boy	Sam Maher		13.55