USING THE SPREADSHEET - INSTRUCTIONS FOR SETTING UP AND SCORING A QUADKIDS EVENT

To ensure you can use the Spreadsheet properly you will need to make sure that your Excel program trusts Macros.

To enable Macros you must click on "trust content from this site/enable macros" when prompted by your computer.

If using Excel 2007 please ensure the spreadsheet is saved as an Excel 97-2003 workbook (.XLS).

Before the Event

1. **Click on the CONFIGURATION** tab at the bottom of the Spreadsheet and by clicking on the relevant cells enter:

- **Event Name** e.g. Swindon SSP
- **Event Date**
- **Competition Type** - Select the Competition Type from the drop down menu e.g. QuadKids Primary
- **Number of Teams** - Enter the number of teams competing in the event
- **Relay** - If you are not having a relay or the relay is non-scoring ensure that the relay box is changed to NO (you will need to click on the box to be able to do this)
- **Secure Names** – by selecting yes against secure names the athlete's spreadsheet will only display Christian names and the first two letters of the surname.

2. **Click on the DECLARATION** tab at the bottom of the Spreadsheet and enter:

- **Number** – you need to assign each athlete a unique number (this is the number that they will be given to wear on the day) and then enter it in the number column
- **Name** – enter the athlete's name
- **Athlete's Team** – enter the name of the team/school/club
- **Sex** – enter the athlete's gender (M or F) – without this information the row of cells will remain red
- **Date of Birth** – enter if provided
- **Disability Group** – QuadKids is now fully inclusive allowing disabled athletes to compete alongside non-disabled athetes. For more information on the England Athletics Disability Groups please look in the QuadKids manual or go to the QuadKids website.

3. **Click on the ATHLETES** tab at the bottom of the Spreadsheet and in the number column enter the unique athlete's numbers that you assigned to each athlete on the declaration sheet. The spreadsheet will automatically fill the athlete's name and team. You need to ensure that all athletes' numbers in each school/club team are inserted in the same team e.g. team 1

4. **Click on the TEAMSCORES** tab and check that all declared teams appear in the table.

On Competition Day

- Results only need to be entered on the relevant event sheet; the times and distances and allocated points will automatically feed through to the Athlete Sheet

- Enter only the athlete's number and the time/distance that has been achieved. The spreadsheet automatically calculates the number of points.

- If any cells in the Duplicate Count column turn red you need to check that you have not duplicated an athlete's number.

- If **PLEASE CHECK** appears in the Checkpoint column you need to check the time/distance inputted. An athlete will always score a minimum of 10 points if they record a time/distance even if their time/distance is below the lower end of the points scale.

- For the Sprint times need to be entered in seconds and tenths of seconds e.g. 12.3 For the Run times need to be entered in minutes and seconds e.g. 2.36

- Team Scores are automatically calculated by the Spreadsheet. Once all the results have been inputted click on the **Team Scoresheet** tab and the cumulative team points will be displayed plus the ranking of each team.

Event Name: Spartan AC Quadrathlon 2015

Event Date: ################

Competition Type: QuadKids Club <-- Please select the type of QuadKids c

QuadKids Club U9 - Under 9s
QuadKids Club - Under 11s
QuadKids Club U13 - Under 13s

Relay? YES

Secure Names? NO

Please take a few moments to properly configure the scoring spreadsheet. If you do not select any of the p
some defaults. Once happy press the "Configure QuadKids" button.

For more information on Quadkids please visit the QuadKids website at

UKA Awards information can be found here

Statistics

Athletes Declared	**20**	**Results Entered**	
Disabled Athletes	**0**	**75m**	**100%**
		600m	**100%**
		Long_Jump	**100%**
		Howler	**100%**
		Relay	**0%**

Flexing Trigger 75%

CLUB

QuadKids competition. If you do not then the default option is 'QuadKids Primary'

arameters the spreadsheet will assume
.

http://www.quadkids.org

http://www.quadkids.org/awards

No	Name
75	Sammy Brady
76	Ruairidh Orpin
77	Jamie A'Court
78	Samuel Pinel
79	Daniel Ross
80	Ruby Morrison
81	Evie Greig
82	Lili Kilshaw
83	Erin McAlister
85	James Goubert
86	George Goubert
87	Tim Ap-Sion
88	Joe Williams
89	Thomas Judd
94	Vicky Hancock
95	Eve Walley
96	Lucy Hockey
97	Megan Lilley
98	Kate Bain
198	Tom Solway

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Event: Spartan AC Quadrathlon 2015

		Number	Athlete Name	Team	75m		60
					Time	Points	Time
Jersey	1	75	Sammy Br	Jersey	11.9	51	2.06.1
	2	76	Ruairidh Or	Jersey	12.5	45	2.19.2
	3	77	Jamie A'	Jersey	11.6	54	2.47.4
	4	78	Samuel Pi	Jersey	10.9	61	1.55.5
	5	79	Daniel Ro	Jersey	12.7	43	2.34.3
	6	80	Ruby Mo	Jersey	11.4	56	2.17.2
	7	81	Evie Gr	Jersey	11.0	60	2.03.1
	8	82	Lili Ki	Jersey	11.3	57	2.05.7
	9	83	Erin Mc	Jersey	11.9	51	2.30.4
	0						
	0						
	0						
	0						
1	0						
Guernsey	10	85	James Go	Guernsey	11.1	59	2.00.6
	11	86	George Go	Guernsey	11.3	57	2.02.2
	12	87	Tim Ap	Guernsey	11.2	58	2.23.9
	13	88	Joe Wi	Guernsey	11.6	54	2.16.4
	14	89	Thomas Ju	Guernsey	11.5	55	2.05.9
	15	94	Vicky Ha	Guernsey	11.4	56	1.58.5
	16	95	Eve Wa	Guernsey	10.9	61	2.03.6
	17	96	Lucy Ho	Guernsey	11.2	58	2.19.2
	18	97	Megan Li	Guernsey	11.5	55	2.05.9
	19	98	Kate Ba	Guernsey	12.1	49	1.57
	0						
	0						
	0						
2	0						

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0m	Long_Jump		Howler		Relay	POINTS			In Ra
Points	Distance	Points	Distance	Points		Athlete	Team		Boys
64	2.98	36	27.4	54		205		*	7
51	2.95	35	18.9	37		168			11
23	3.26	45	29.6	59		181		*	9
75	3.79	63	38.4	76		275		*	1
36	2.84	31	32.9	65		175		*	10
53	3.63	57	31.5	63		229		*	
67	3.73	61	24.1	48		236		*	
65	3.23	44	20.6	41		207	1676	*	
40	3.06	38	19.7	39		168		*	
70	3.62	57	32.2	64		250		*	2
68	3.75	61	30.8	61		247		*	3
47	3.70	60	34.4	68		233		*	5
54	3.65	58	37.2	74		240		*	4
65	3.23	44	22.4	44		208			6
72	3.58	56	28.1	56		240		*	
67	3.56	55	20.4	40		223		*	
51	3.60	56	21.4	42		207	1844	*	
65	3.58	56	14.2	28		204		*	
73	3.06	38	17.6	35		195			

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dividual ankings		UKA Award
Girls	Overall	Quadrathlon
	13	Step 6
	19	Step 4
	17	Step 5
	1	Gold
	18	Step 4
3	8	Gold
2	6	Gold
5	11	**Silver**
9	19	Step 6
	2	Silver
	3	Silver
	7	Bronze
	4	Silver
	10	Step 6
1	4	Gold
4	9	Gold
5	11	**Silver**
7	14	Silver
8	16	**Bronze**

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TEAM SCORES

	Team	Points	Rank
1	Jersey	1,676	2
2	Guernsey	1,844	1
3			
4	Guest GSY	197	3
5			
6			
7			
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QuadKids Club

Points	75m	600m	Long_Jump	Howler	Relay	Points
MIN	16.00	3.00	2.20	5.00	94.00	MIN
MAX	7.00	1.30	4.90	50.00	49.00	MAX
10	16.00	3.00	2.20	5.00	94.00	10
11	15.90	2.59	2.23	5.50	93.50	11
12	15.80	2.58	2.26	6.00	93.00	12
13	15.70	2.57	2.29	6.50	92.50	13
14	15.60	2.56	2.32	7.00	92.00	14
15	15.50	2.55	2.35	7.50	91.50	15
16	15.40	2.54	2.38	8.00	91.00	16
17	15.30	2.53	2.41	8.50	90.50	17
18	15.20	2.52	2.44	9.00	90.00	18
19	15.10	2.51	2.47	9.50	89.50	19
20	15.00	2.50	2.50	10.00	89.00	20
21	14.90	2.49	2.53	10.50	88.50	21
22	14.80	2.48	2.56	11.00	88.00	22
23	14.70	2.47	2.59	11.50	87.50	23
24	14.60	2.46	2.62	12.00	87.00	24
25	14.50	2.45	2.65	12.50	86.50	25
26	14.40	2.44	2.68	13.00	86.00	26
27	14.30	2.43	2.71	13.50	85.50	27
28	14.20	2.42	2.74	14.00	85.00	28
29	14.10	2.41	2.77	14.50	84.50	29
30	14.00	2.40	2.80	15.00	84.00	30
31	13.90	2.39	2.83	15.50	83.50	31
32	13.80	2.38	2.86	16.00	83.00	32
33	13.70	2.37	2.89	16.50	82.50	33
34	13.60	2.36	2.92	17.00	82.00	34
35	13.50	2.35	2.95	17.50	81.50	35
36	13.40	2.34	2.98	18.00	81.00	36
37	13.30	2.33	3.01	18.50	80.50	37
38	13.20	2.32	3.04	19.00	80.00	38
39	13.10	2.31	3.07	19.50	79.50	39
40	13.00	2.30	3.10	20.00	79.00	40
41	12.90	2.29	3.13	20.50	78.50	41
42	12.80	2.28	3.16	21.00	78.00	42
43	12.70	2.27	3.19	21.50	77.50	43
44	12.60	2.26	3.22	22.00	77.00	44
45	12.50	2.25	3.25	22.50	76.50	45
46	12.40	2.24	3.28	23.00	76.00	46
47	12.30	2.23	3.31	23.50	75.50	47
48	12.20	2.22	3.34	24.00	75.00	48
49	12.10	2.21	3.37	24.50	74.50	49
50	**12.00**	**2.20**	**3.40**	**25.00**	**74.00**	**50**
51	11.90	2.19	3.43	25.50	73.50	51
52	11.80	2.18	3.46	26.00	73.00	52
53	11.70	2.17	3.49	26.50	72.50	53
54	11.60	2.16	3.52	27.00	72.00	54
55	11.50	2.15	3.55	27.50	71.50	55
56	11.40	2.14	3.58	28.00	71.00	56
57	11.30	2.13	3.61	28.50	70.50	57
58	11.20	2.12	3.64	29.00	70.00	58
59	11.10	2.11	3.67	29.50	69.50	59
60	11.00	2.10	3.70	30.00	69.00	60
61	10.90	2.09	3.73	30.50	68.50	61
62	10.80	2.08	3.76	31.00	68.00	62
63	10.70	2.07	3.79	31.50	67.50	63
64	10.60	2.06	3.82	32.00	67.00	64
65	10.50	2.05	3.85	32.50	66.50	65
66	10.40	2.04	3.88	33.00	66.00	66
67	10.30	2.03	3.91	33.50	65.50	67
68	10.20	2.02	3.94	34.00	65.00	68
69	10.10	2.01	3.97	34.50	64.50	69
70	10.00	2.00	4.00	35.00	64.00	70
71	9.90	1.59	4.03	35.50	63.50	71
72	9.80	1.58	4.06	36.00	63.00	72
73	9.70	1.57	4.09	36.50	62.50	73
74	9.60	1.56	4.12	37.00	62.00	74
75	9.50	1.55	4.15	37.50	61.50	75
76	9.40	1.54	4.18	38.00	61.00	76
77	9.30	1.53	4.21	38.50	60.50	77
78	9.20	1.52	4.24	39.00	60.00	78
79	9.10	1.51	4.27	39.50	59.50	79
80	9.00	1.50	4.30	40.00	59.00	80
81	8.90	1.49	4.33	40.50	58.50	81
82	8.80	1.48	4.36	41.00	58.00	82
83	8.70	1.47	4.39	41.50	57.50	83
84	8.60	1.46	4.42	42.00	57.00	84
85	8.50	1.45	4.45	42.50	56.50	85
86	8.40	1.44	4.48	43.00	56.00	86
87	8.30	1.43	4.51	43.50	55.50	87
88	8.20	1.42	4.54	44.00	55.00	88
89	8.10	1.41	4.57	44.50	54.50	89
90	8.00	1.40	4.60	45.00	54.00	90
91	7.90	1.39	4.63	45.50	53.50	91
92	7.80	1.38	4.66	46.00	53.00	92
93	7.70	1.37	4.69	46.50	52.50	93
94	7.60	1.36	4.72	47.00	52.00	94
95	7.50	1.35	4.75	47.50	51.50	95
96	7.40	1.34	4.78	48.00	51.00	96
97	7.30	1.33	4.81	48.50	50.50	97
98	7.20	1.32	4.84	49.00	50.00	98
99	7.10	1.31	4.87	49.50	49.50	99
100	**7.00**	**1.30**	**4.90**	**50.00**	**49.00**	**100**

UKA Awards

Boys

	E1	E2	E3	E4		
	75m	600m	ong Jum	Howler	Quadrathlon	Award
Inc	0.5	00:05	0.25	2.0	20	
Step 1	19.0	03:25	2.00	6.0	40	Step 1
Step 2	16.5	03:00	3.05	10.0	120	Step 2
Step 3	16.0	02:55	3.30	12.0	140	Step 3
Step 4	15.5	02:50	3.55	14.0	160	Step 4
Step 5	15.0	02:45	3.80	16.0	180	Step 5
Step 6	14.5	02:40	4.05	18.0	200	Step 6
Step 7	14.0	02:35	4.30	20.0	220	Bronze
Step 8	13.5	02:30	4.55	22.0	240	Silver
Step 9	13.0	02:25	4.80	24.0	260	Gold

Girls

	E1	E2	E3	E4		
	75m	600m	ong Jum	Howler	Quadrathlon	Award
Inc	0.5	00:05	0.25	2.0	20	
Step 1	19.0	03:25	2.00	6.0	40	Step 1
Step 2	17.5	03:10	2.55	10.0	80	Step 2
Step 3	17.0	03:05	2.80	12.0	100	Step 3
Step 4	16.5	03:00	3.05	14.0	120	Step 4
Step 5	16.0	02:55	3.30	16.0	140	Step 5
Step 6	15.5	02:50	3.55	18.0	160	Step 6
Step 7	15.0	02:45	3.80	20.0	180	Bronze
Step 8	14.5	02:40	4.05	22.0	200	Silver
Step 9	14.0	02:35	4.30	24.0	220	Gold

UKA Awards information can be found here

http://www.quadkids.org/awards

Event: 75m

100%

Athlete No	Time (ss.s)	Name	Points

75	11.90	Sammy Brady	51	1
76	12.50	Ruairidh Orpin	45	1
77	11.60	Jamie A'Court	54	1
78	10.90	Samuel Pinel	61	1
79	12.70	Daniel Ross	43	1
85	11.10	James Goubert	59	1
86	11.30	George Goubert	57	1
87	11.20	Tim Ap-Sion	58	1
88	11.60	Joe Williams	54	1
89	11.50	Thomas Judd	55	1
80	11.40	Ruby Morrison	56	1
81	11.00	Evie Greig	60	1

82	11.30	Lili Kilshaw	57	1
83	11.90	Erin McAlister	51	1
94	11.40	Vicky Hancock	56	1
95	10.90	Eve Walley	61	1
96	11.20	Lucy Hockey	58	1
97	11.50	Megan Lilley	55	1
98	12.10	Kate Bain	49	1
198	12.40	Tom Solway	46	1

Event: 600m

100%

Athlete No	Time (m.ss)	Name	Points	Duplicates CheckPoint
75	2.06.1	Sammy Brady	64	1
76	2.19.2	Ruairidh Orpin	51	1
77	2.47.4	Jamie A'Court	23	1
78	1.55.5	Samuel Pinel	75	1
79	2.34.3	Daniel Ross	36	1
85	2.00.6	James Goubert	70	1
86	2.02.2	George Goubert	68	1
87	2.23.9	Tim Ap-Sion	47	1
88	2.16.4	Joe Williams	54	1
89	2.05.9	Thomas Judd	65	1
80	2.17.2	Ruby Morrison	53	1
81	2.03.1	Evie Greig	67	1
82	2.05.7	Lili Kilshaw	65	1
83	2.30.4	Erin McAlister	40	1
94	1.58.5	Vicky Hancock	72	1
95	2.03.6	Eve Walley	67	1
96	2.19.2	Lucy Hockey	51	1
97	2.05.9	Megan Lilley	65	1
98	1.57	Kate Bain	73	1
198	2.16.0	Tom Solway	54	1

Event: Long_Jump

100%

Athlete No	Distance (m.mm)	Name	Points	Duplicates	CheckPoint
75	2.98	Sammy Brady	36	1	
76	2.95	Ruairidh Orpin	35	1	
77	3.26	Jamie A'Court	45	1	
78	3.79	Samuel Pinel	63	1	
79	2.84	Daniel Ross	31	1	
85	3.62	James Goubert	57	1	
86	3.75	George Goubert	61	1	
87	3.70	Tim Ap-Sion	60	1	
88	3.65	Joe Williams	58	1	
89	3.23	Thomas Judd	44	1	
80	3.63	Ruby Morrison	57	1	
81	3.73	Evie Greig	61	1	
82	3.23	Lili Kilshaw	44	1	
83	3.06	Erin McAlister	38	1	
94	3.58	Vicky Hancock	56	1	
95	3.56	Eve Walley	55	1	
96	3.60	Lucy Hockey	56	1	
97	3.58	Megan Lilley	56	1	
98	3.06	Kate Bain	38	1	
198	3.12	Tom Solway	40	1	

Event: Howler

100%

Athlete No	Distance (m.mm)	Name	Points	Duplicates	CheckPoint
75	27.39	Sammy Brady	54	1	
76	18.87	Ruairidh Orpin	37	1	
77	29.60	Jamie A'Court	59	1	
78	38.35	Samuel Pinel	76	1	
79	32.87	Daniel Ross	65	1	
85	32.18	James Goubert	64	1	
86	30.79	George Goubert	61	1	
87	34.42	Tim Ap-Sion	68	1	
88	37.24	Joe Williams	74	1	
89	22.40	Thomas Judd	44	1	
198	28.99	Tom Solway	57	1	
80	31.54	Ruby Morrison	63	1	
81	24.09	Evie Greig	48	1	
82	20.59	Lili Kilshaw	41	1	
83	19.65	Erin McAlister	39	1	
94	28.10	Vicky Hancock	56	1	
95	20.35	Eve Walley	40	1	
96	21.41	Lucy Hockey	42	1	
97	14.23	Megan Lilley	28	1	
98	17.59	Kate Bain	35	1	

Event: **Relay** **0%**

	Team	Time	Points
1	Jersey		
2	Guernsey		
3			
4	Guest GSY		
5			
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