



USING THE SPREADSHEET - INSTRUCTIONS FOR SETTING UP AND SCORING A QUADKIDS EVENT

To ensure you can use the Spreadsheet properly you will need to make sure that your Excel program trusts Macros.

To enable Macros you must click on “trust content from this site/enable macros” when prompted by your computer.

If using Excel 2007 please ensure the spreadsheet is saved as an Excel 97-2003 workbook (.XLS).

Before the Event

1. Click on the **CONFIGURATION** tab at the bottom of the Spreadsheet and by clicking on the relevant cells enter:

- **Event Name** e.g. Swindon SSP
- **Event Date**
- **Competition Type** - Select the Competition Type from the drop down menu e.g. QuadKids Primary
- **Number of Teams** - Enter the number of teams competing in the event
- **Relay** - If you are not having a relay or the relay is non-scoring ensure that the relay box is changed to NO (you will need to click on the box to be able to do this)
- **Secure Names** – by selecting yes against secure names the athlete’s spreadsheet will only display Christian names and the first two letters of the surname.

2. Click on the **DECLARATION** tab at the bottom of the Spreadsheet and enter:

- **Number** – you need to assign each athlete a unique number (this is the number that they will be given to wear on the day) and then enter it in the number column
- **Name** – enter the athlete’s name
- **Athlete’s Team** – enter the name of the team/school/club
- **Sex** – enter the athlete’s gender (M or F) – without this information the row of cells will remain red
- **Date of Birth** – enter if provided
- **Disability Group** – QuadKids is now fully inclusive allowing disabled athletes to compete alongside non-disabled athletes. For more information on the England Athletics Disability Groups please look in the QuadKids manual or go to the QuadKids website.

3. Click on the **ATHLETES** tab at the bottom of the Spreadsheet and in the number column enter the unique athlete’s numbers that you assigned to each athlete on the declaration sheet. The spreadsheet will automatically fill the athlete’s name and team. You need to ensure that all athletes’ numbers in each school/club team are inserted in the same team e.g. team 1

4. Click on the **TEAMScores** tab and check that all declared teams appear in the table.

On Competition Day

- Results only need to be entered on the relevant event sheet; the times and distances and allocated points will automatically feed through to the Athlete Sheet
- Enter only the athlete’s number and the time/distance that has been achieved. The spreadsheet automatically calculates the number of points.
- If any cells in the Duplicate Count column turn red you need to check that you have not duplicated an athlete’s number.
- If **PLEASE CHECK** appears in the Checkpoint column you need to check the time/distance inputted. An athlete will always score a minimum of 10 points if they record a time/distance even if their time/distance is below the lower end of the points scale.
- For the Sprint times need to be entered in seconds and tenths of seconds e.g. 12.3 For the Run times need to be entered in minutes and seconds e.g. 2.36
- Team Scores are automatically calculated by the Spreadsheet. Once all the results have been inputted click on the **Team Scoresheet** tab and the cumulative team points will be displayed plus the ranking of each team.



Event Name: Spartan AC Quadrathlon 2015

Event Date: #####

Competition Type: QuadKids Club

<-- Please select the type of QuadKids c

Relay? YES

Secure Names? NO

QuadKids Club U9 - Under 9s
 QuadKids Club - Under 11s
 QuadKids Club U13 - Under 13s

Please take a few moments to properly configure the scoring spreadsheet. If you do not select any of the p
 some defaults. Once happy press the "Configure QuadKids" button.

For more information on Quadkids please visit the QuadKids website at

UKA Awards information can be found here

Statistics

Athletes Declared	20	Results Entered	
Disabled Athletes	0	75m	100%
		600m	100%
		Long_Jump	100%
		Howler	100%
		Relay	0%

Flexing Trigger 75%

CLUB

QuadKids competition. If you do not then the default option is 'QuadKids Primary'

Parameters the spreadsheet will assume

.

<http://www.quadkids.org>

<http://www.quadkids.org/awards>

No	Name
75	Sammy Brady
76	Ruairidh Orpin
77	Jamie A'Court
78	Samuel Pinel
79	Daniel Ross
80	Ruby Morrison
81	Evie Greig
82	Lili Kilshaw
83	Erin McAlister
85	James Goubert
86	George Goubert
87	Tim Ap-Sion
88	Joe Williams
89	Thomas Judd
94	Vicky Hancock
95	Eve Walley
96	Lucy Hockey
97	Megan Lilley
98	Kate Bain
198	Tom Solway

Event: Spartan AC Quadrathlon 2015

	Number	Athlete Name	Team	<u>75m</u>		<u>600m</u>
				Time	Points	Time
Jersey	1 75	Sammy Br	Jersey	11.9	51	2.06.1
	2 76	Ruairidh Or	Jersey	12.5	45	2.19.2
	3 77	Jamie A'	Jersey	11.6	54	2.47.4
	4 78	Samuel Pi	Jersey	10.9	61	1.55.5
	5 79	Daniel Ro	Jersey	12.7	43	2.34.3
	6 80	Ruby Mo	Jersey	11.4	56	2.17.2
	7 81	Evie Gr	Jersey	11.0	60	2.03.1
	8 82	Lili Ki	Jersey	11.3	57	2.05.7
	9 83	Erin Mc	Jersey	11.9	51	2.30.4
Guernsey	10 85	James Go	Guernsey	11.1	59	2.00.6
	11 86	George Go	Guernsey	11.3	57	2.02.2
	12 87	Tim Ap	Guernsey	11.2	58	2.23.9
	13 88	Joe Wi	Guernsey	11.6	54	2.16.4
	14 89	Thomas Ju	Guernsey	11.5	55	2.05.9
	15 94	Vicky Ha	Guernsey	11.4	56	1.58.5
	16 95	Eve Wa	Guernsey	10.9	61	2.03.6
	17 96	Lucy Ho	Guernsey	11.2	58	2.19.2
	18 97	Megan Li	Guernsey	11.5	55	2.05.9
	19 98	Kate Ba	Guernsey	12.1	49	1.57
2	0					
	0					
	0					
	0					



0m	Long_Jump		Howler		Relay	POINTS	
Points	Distance	Points	Distance	Points		Athlete	Team
64	2.98	36	27.4	54		205	1676
51	2.95	35	18.9	37		168	
23	3.26	45	29.6	59		181	
75	3.79	63	38.4	76		275	
36	2.84	31	32.9	65		175	
53	3.63	57	31.5	63		229	
67	3.73	61	24.1	48		236	
65	3.23	44	20.6	41		207	
40	3.06	38	19.7	39		168	
70	3.62	57	32.2	64		250	1844
68	3.75	61	30.8	61		247	
47	3.70	60	34.4	68		233	
54	3.65	58	37.2	74		240	
65	3.23	44	22.4	44		208	
72	3.58	56	28.1	56		240	
67	3.56	55	20.4	40		223	
51	3.60	56	21.4	42		207	
65	3.58	56	14.2	28		204	
73	3.06	38	17.6	35		195	

	Increase	Rate
*	Boys	
*	7	
* *	11	
*	9	
*	1	
*	10	
*		
*		
*		
*		
*		
*		
*	2	
*	3	
*	5	
*	4	
*	6	
*		
*		
*		
*		

Individual Rankings	
Girls	Overall
	13
	19
	17
	1
	18
3	8
2	6
5	11
9	19
	2
	3
	7
	4
	10
1	4
4	9
5	11
7	14
8	16

UKA Award
Quadrathlon
Step 6
Step 4
Step 5
Gold
Step 4
Gold
Gold
Silver
Step 6
Silver
Silver
Bronze
Silver
Step 6
Gold
Gold
Silver
Silver
Bronze

TEAM SCORES

	Team	Points	Rank
1	Jersey	1,676	2
2	Guernsey	1,844	1
3			
4	Guest GSY	197	3
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
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33			
34			
35			

QuadKids Club

Points	75m	600m	Long_Jump	Howler	Relay	Points
MIN	16.00	3.00	2.20	5.00	94.00	MIN
MAX	7.00	1.30	4.90	50.00	49.00	MAX
10	16.00	3.00	2.20	5.00	94.00	10
11	15.90	2.99	2.23	5.50	93.50	11
12	15.80	2.98	2.26	6.00	93.00	12
13	15.70	2.97	2.29	6.50	92.50	13
14	15.60	2.96	2.32	7.00	92.00	14
15	15.50	2.95	2.35	7.50	91.50	15
16	15.40	2.94	2.38	8.00	91.00	16
17	15.30	2.93	2.41	8.50	90.50	17
18	15.20	2.92	2.44	9.00	90.00	18
19	15.10	2.91	2.47	9.50	89.50	19
20	15.00	2.90	2.50	10.00	89.00	20
21	14.90	2.89	2.53	10.50	88.50	21
22	14.80	2.88	2.56	11.00	88.00	22
23	14.70	2.87	2.59	11.50	87.50	23
24	14.60	2.86	2.62	12.00	87.00	24
25	14.50	2.85	2.65	12.50	86.50	25
26	14.40	2.84	2.68	13.00	86.00	26
27	14.30	2.83	2.71	13.50	85.50	27
28	14.20	2.82	2.74	14.00	85.00	28
29	14.10	2.81	2.77	14.50	84.50	29
30	14.00	2.80	2.80	15.00	84.00	30
31	13.90	2.79	2.83	15.50	83.50	31
32	13.80	2.78	2.86	16.00	83.00	32
33	13.70	2.77	2.89	16.50	82.50	33
34	13.60	2.76	2.92	17.00	82.00	34
35	13.50	2.75	2.95	17.50	81.50	35
36	13.40	2.74	2.98	18.00	81.00	36
37	13.30	2.73	3.01	18.50	80.50	37
38	13.20	2.72	3.04	19.00	80.00	38
39	13.10	2.71	3.07	19.50	79.50	39
40	13.00	2.70	3.10	20.00	79.00	40
41	12.90	2.69	3.13	20.50	78.50	41
42	12.80	2.68	3.16	21.00	78.00	42
43	12.70	2.67	3.19	21.50	77.50	43
44	12.60	2.66	3.22	22.00	77.00	44
45	12.50	2.65	3.25	22.50	76.50	45
46	12.40	2.64	3.28	23.00	76.00	46
47	12.30	2.63	3.31	23.50	75.50	47
48	12.20	2.62	3.34	24.00	75.00	48
49	12.10	2.61	3.37	24.50	74.50	49
50	12.00	2.60	3.40	25.00	74.00	50
51	11.90	2.59	3.43	25.50	73.50	51
52	11.80	2.58	3.46	26.00	73.00	52
53	11.70	2.57	3.49	26.50	72.50	53
54	11.60	2.56	3.52	27.00	72.00	54
55	11.50	2.55	3.55	27.50	71.50	55
56	11.40	2.54	3.58	28.00	71.00	56
57	11.30	2.53	3.61	28.50	70.50	57
58	11.20	2.52	3.64	29.00	70.00	58
59	11.10	2.51	3.67	29.50	69.50	59
60	11.00	2.50	3.70	30.00	69.00	60
61	10.90	2.49	3.73	30.50	68.50	61
62	10.80	2.48	3.76	31.00	68.00	62
63	10.70	2.47	3.79	31.50	67.50	63
64	10.60	2.46	3.82	32.00	67.00	64
65	10.50	2.45	3.85	32.50	66.50	65
66	10.40	2.44	3.88	33.00	66.00	66
67	10.30	2.43	3.91	33.50	65.50	67
68	10.20	2.42	3.94	34.00	65.00	68
69	10.10	2.41	3.97	34.50	64.50	69
70	10.00	2.40	4.00	35.00	64.00	70
71	9.90	2.39	4.03	35.50	63.50	71
72	9.80	2.38	4.06	36.00	63.00	72
73	9.70	2.37	4.09	36.50	62.50	73
74	9.60	2.36	4.12	37.00	62.00	74
75	9.50	2.35	4.15	37.50	61.50	75
76	9.40	2.34	4.18	38.00	61.00	76
77	9.30	2.33	4.21	38.50	60.50	77
78	9.20	2.32	4.24	39.00	60.00	78
79	9.10	2.31	4.27	39.50	59.50	79
80	9.00	2.30	4.30	40.00	59.00	80
81	8.90	2.29	4.33	40.50	58.50	81
82	8.80	2.28	4.36	41.00	58.00	82
83	8.70	2.27	4.39	41.50	57.50	83
84	8.60	2.26	4.42	42.00	57.00	84
85	8.50	2.25	4.45	42.50	56.50	85
86	8.40	2.24	4.48	43.00	56.00	86
87	8.30	2.23	4.51	43.50	55.50	87
88	8.20	2.22	4.54	44.00	55.00	88
89	8.10	2.21	4.57	44.50	54.50	89
90	8.00	2.20	4.60	45.00	54.00	90
91	7.90	2.19	4.63	45.50	53.50	91
92	7.80	2.18	4.66	46.00	53.00	92
93	7.70	2.17	4.69	46.50	52.50	93
94	7.60	2.16	4.72	47.00	52.00	94
95	7.50	2.15	4.75	47.50	51.50	95
96	7.40	2.14	4.78	48.00	51.00	96
97	7.30	2.13	4.81	48.50	50.50	97
98	7.20	2.12	4.84	49.00	50.00	98
99	7.10	2.11	4.87	49.50	49.50	99
100	7.00	2.10	4.90	50.00	49.00	100

UKA Awards

Boys

	E1	E2	E3	E4		
	75m	600m	Long Jum	Howler	Quadathlon	Award
Inc	0.5	00:05	0.25	2.0	20	
Step 1	19.0	03:25	2.00	6.0	40	Step 1
Step 2	16.5	03:00	3.05	10.0	120	Step 2
Step 3	16.0	02:55	3.30	12.0	140	Step 3
Step 4	15.5	02:50	3.55	14.0	160	Step 4
Step 5	15.0	02:45	3.80	16.0	180	Step 5
Step 6	14.5	02:40	4.05	18.0	200	Step 6
Step 7	14.0	02:35	4.30	20.0	220	Bronze
Step 8	13.5	02:30	4.55	22.0	240	Silver
Step 9	13.0	02:25	4.80	24.0	260	Gold

Girls

	E1	E2	E3	E4		
	75m	600m	Long Jum	Howler	Quadathlon	Award
Inc	0.5	00:05	0.25	2.0	20	
Step 1	19.0	03:25	2.00	6.0	40	Step 1
Step 2	17.5	03:10	2.55	10.0	80	Step 2
Step 3	17.0	03:05	2.80	12.0	100	Step 3
Step 4	16.5	03:00	3.05	14.0	120	Step 4
Step 5	16.0	02:55	3.30	16.0	140	Step 5
Step 6	15.5	02:50	3.55	18.0	160	Step 6
Step 7	15.0	02:45	3.80	20.0	180	Bronze
Step 8	14.5	02:40	4.05	22.0	200	Silver
Step 9	14.0	02:35	4.30	24.0	220	Gold

UKA Awards information can be found here

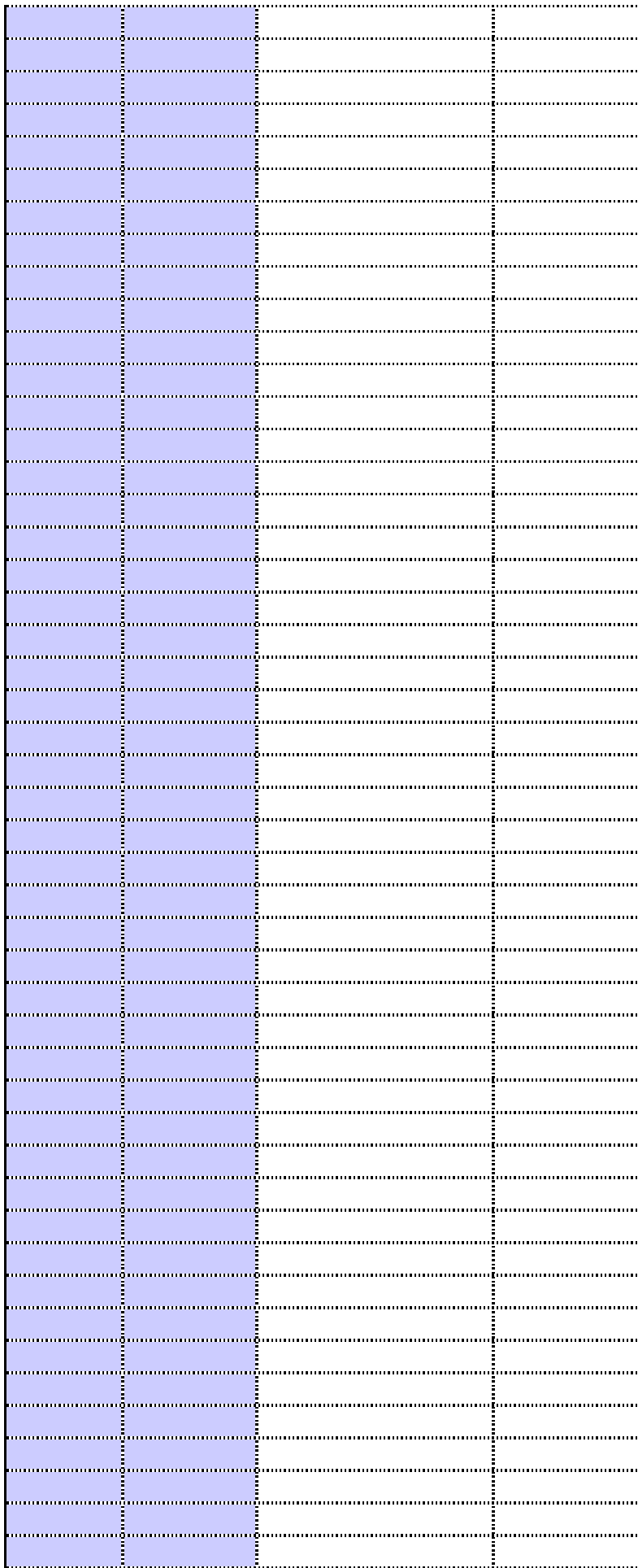
<http://www.quadkids.org/awards>

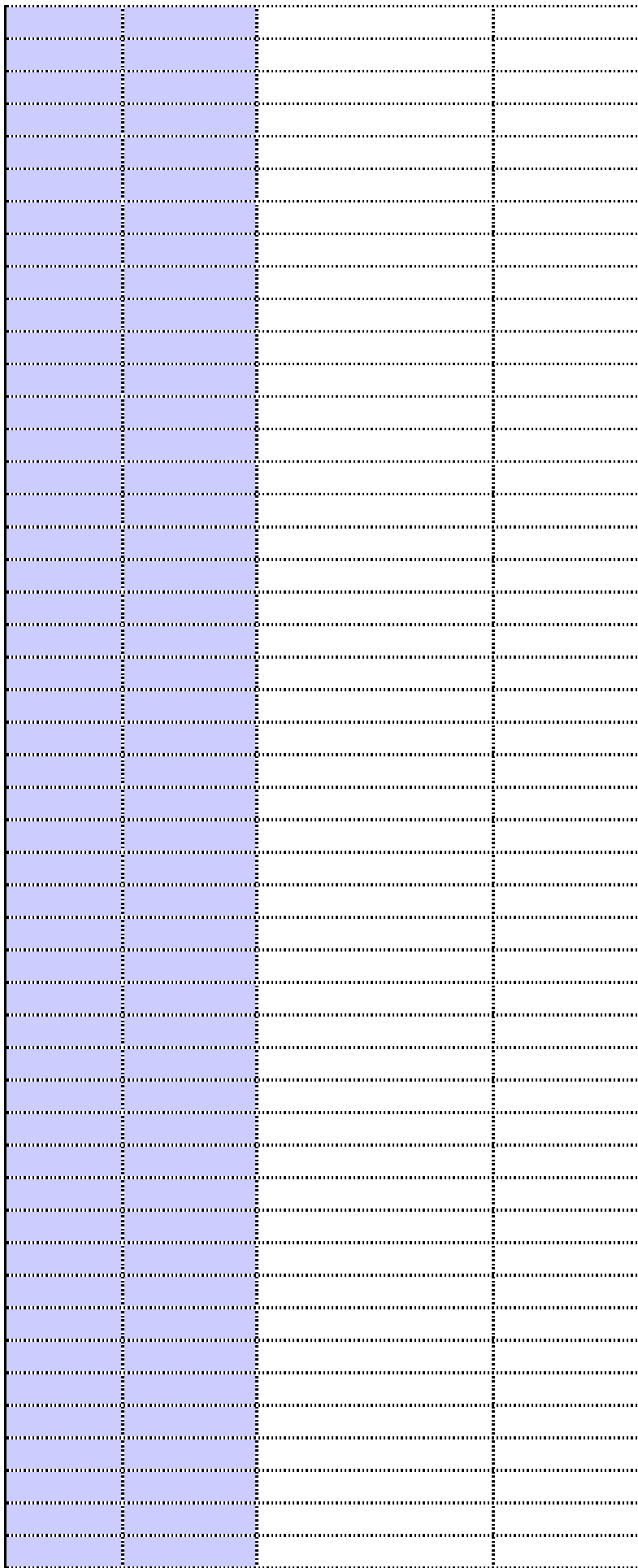
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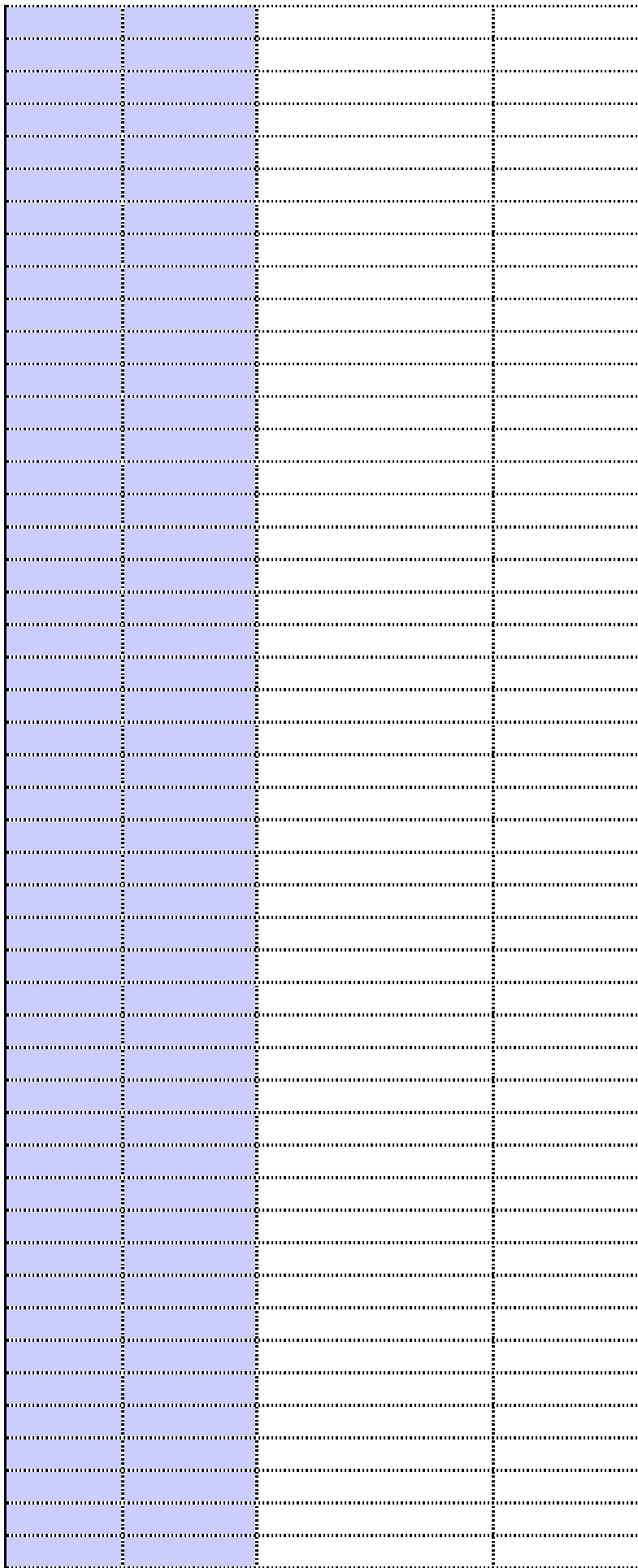
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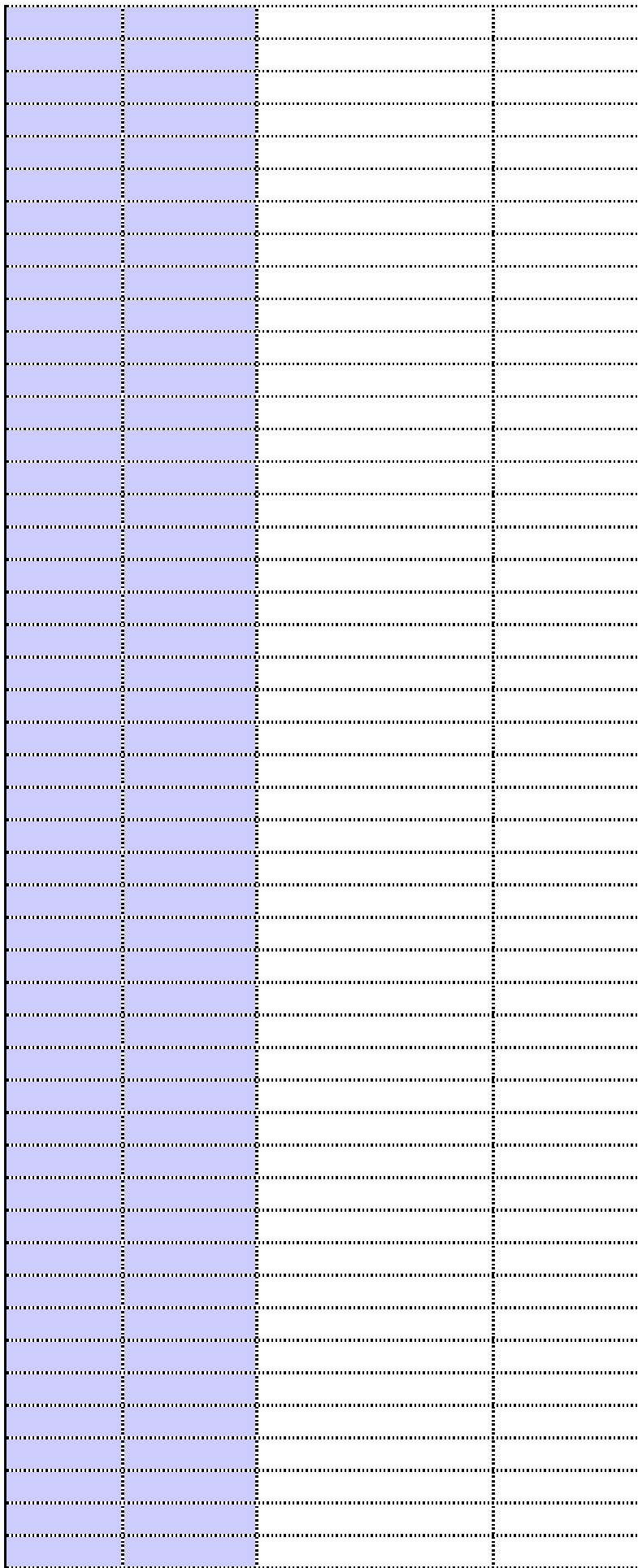
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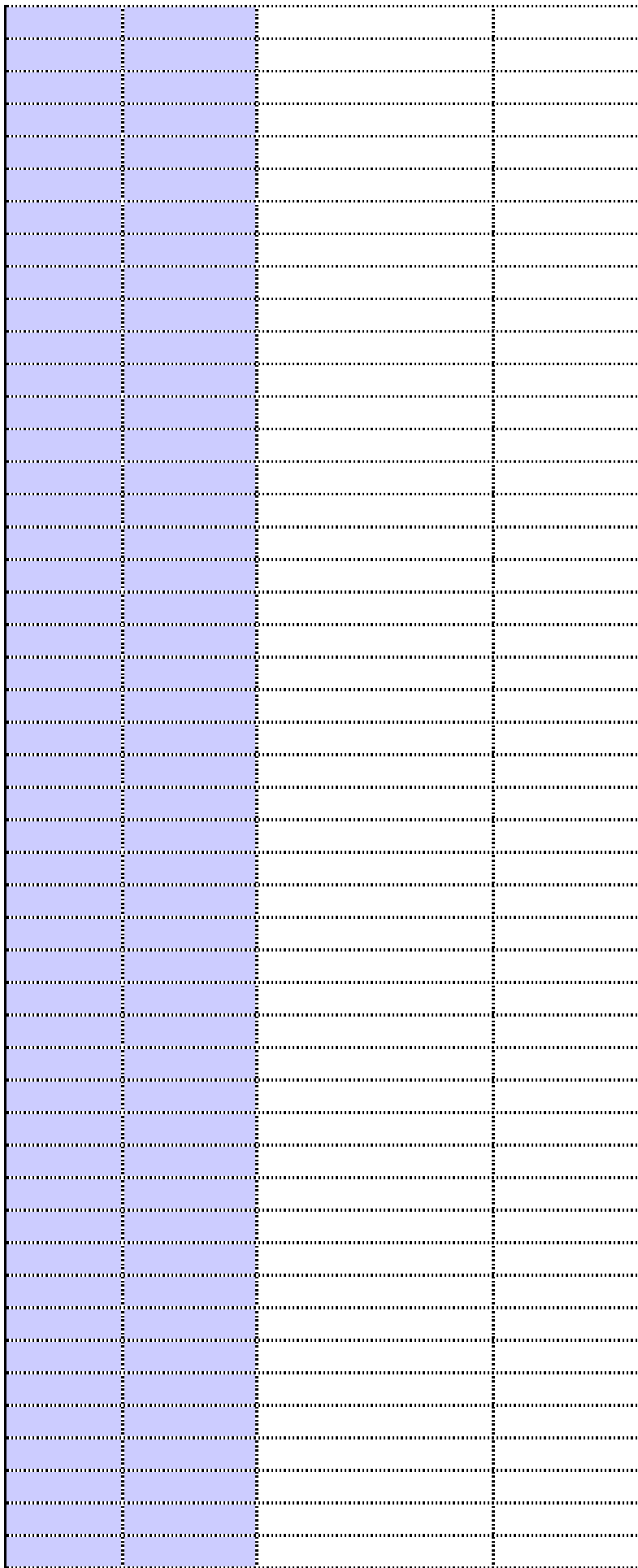
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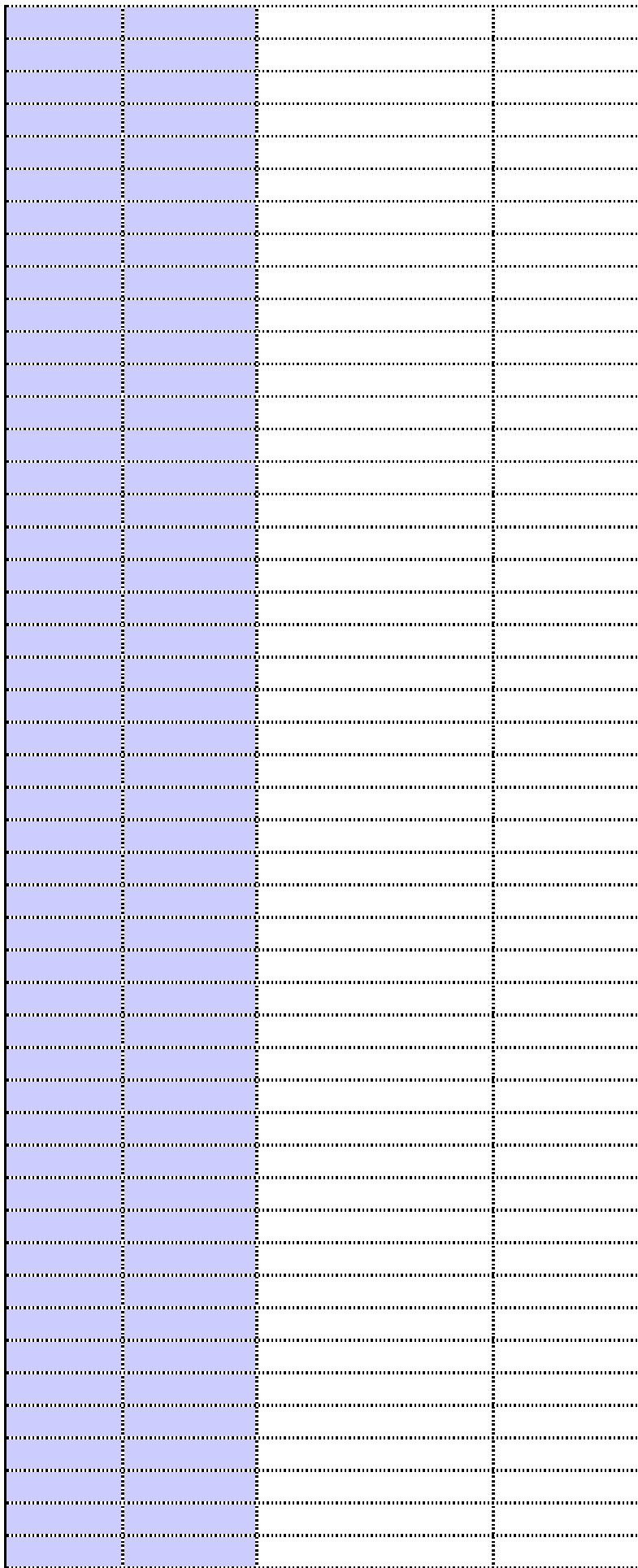


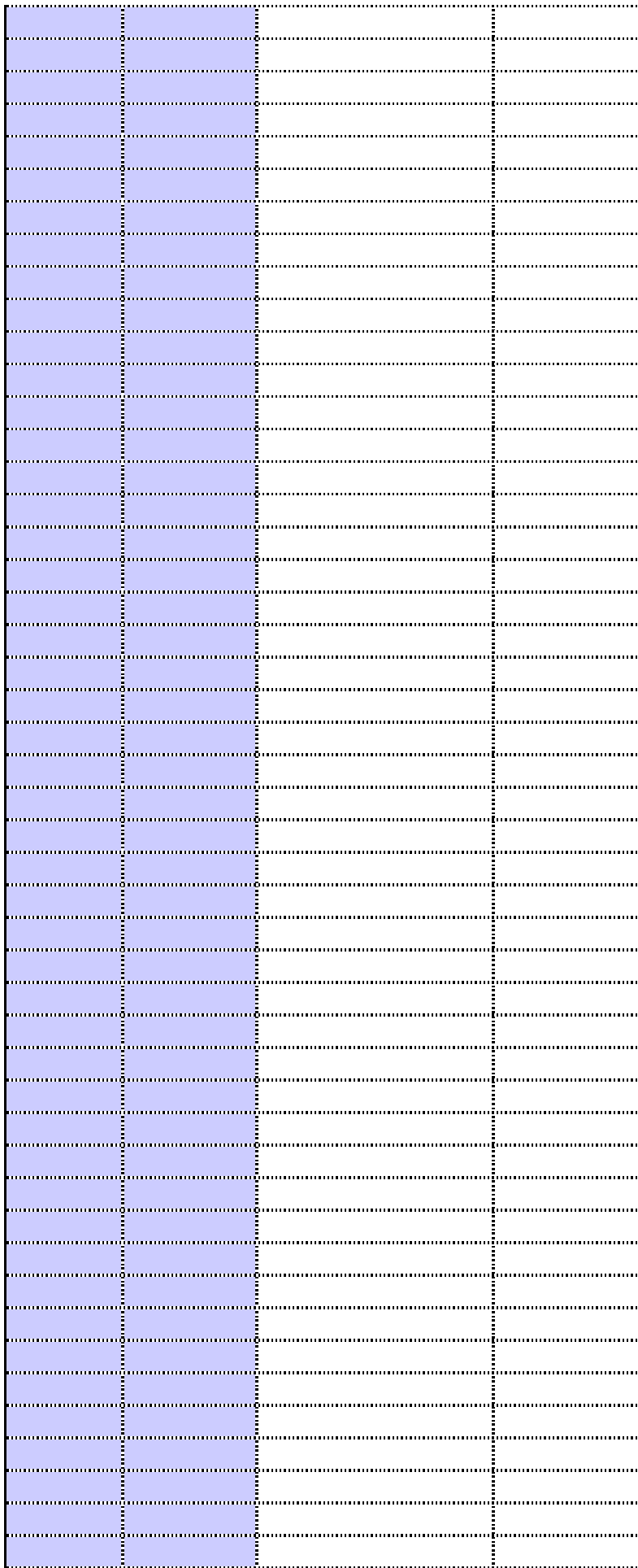


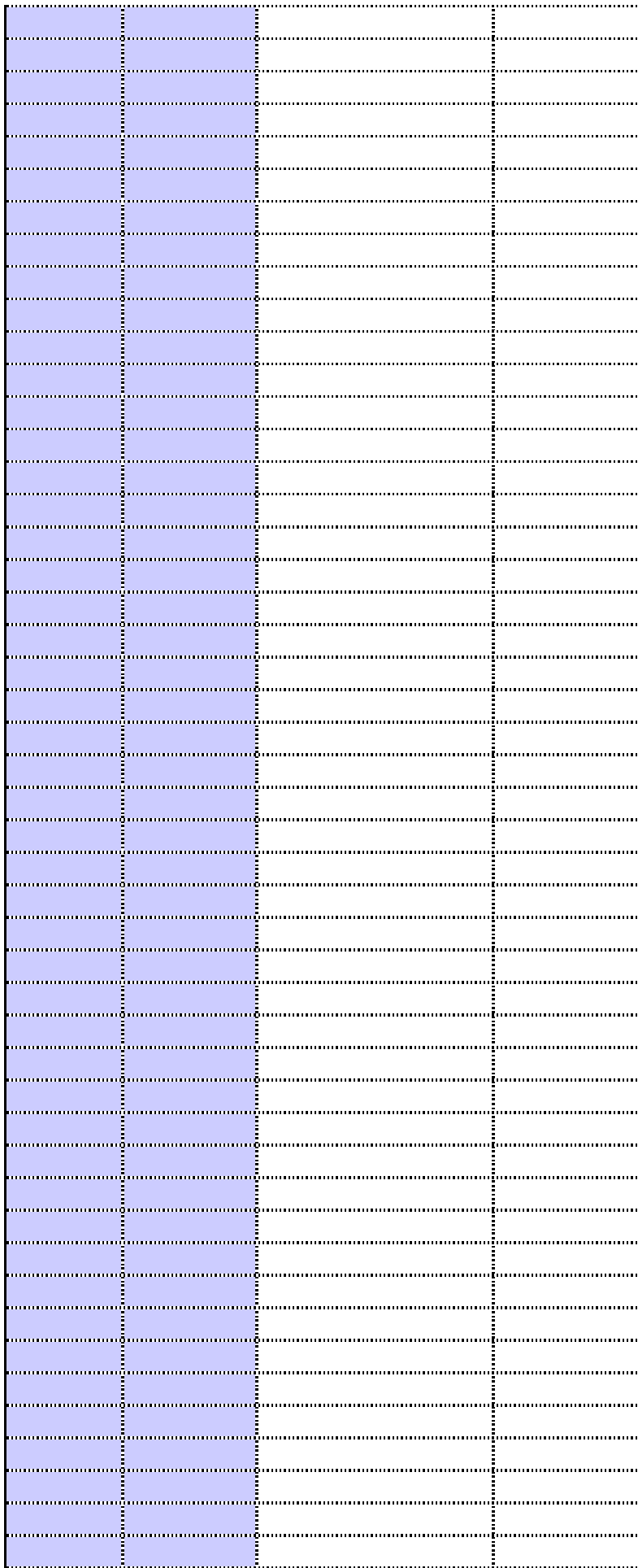


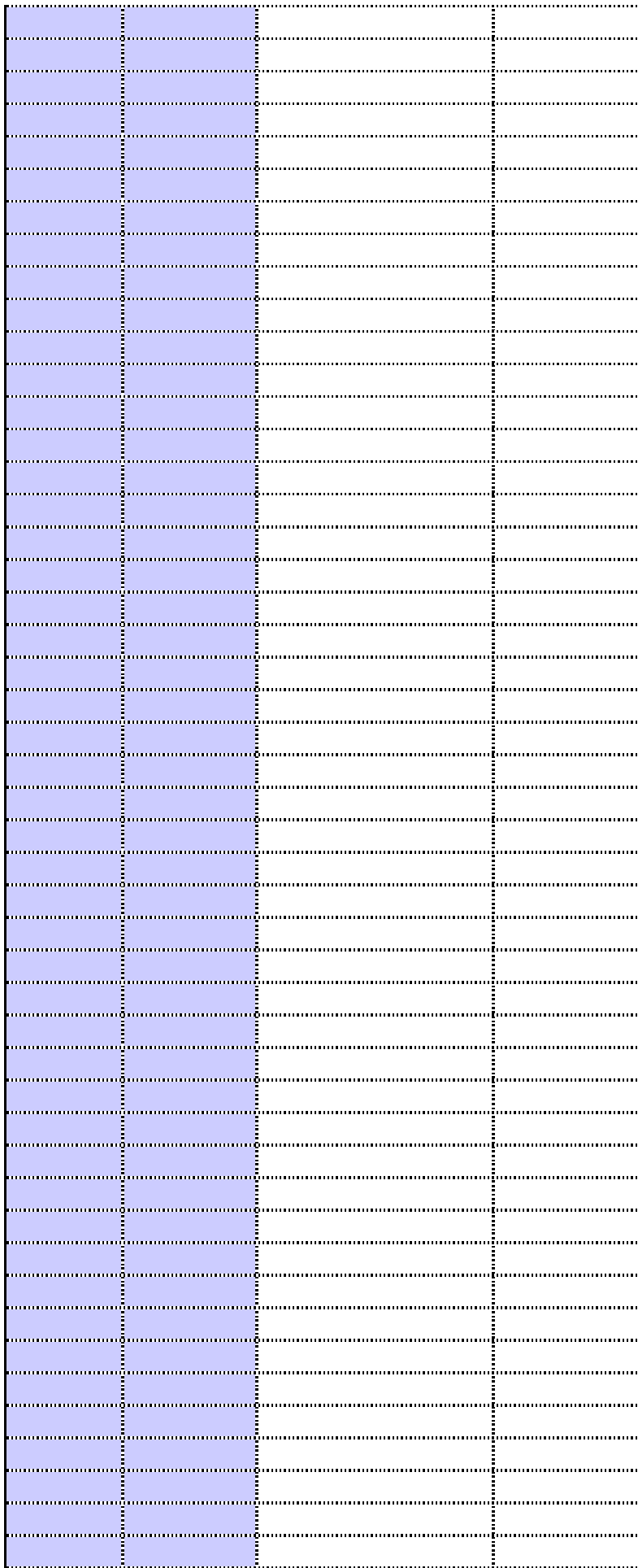


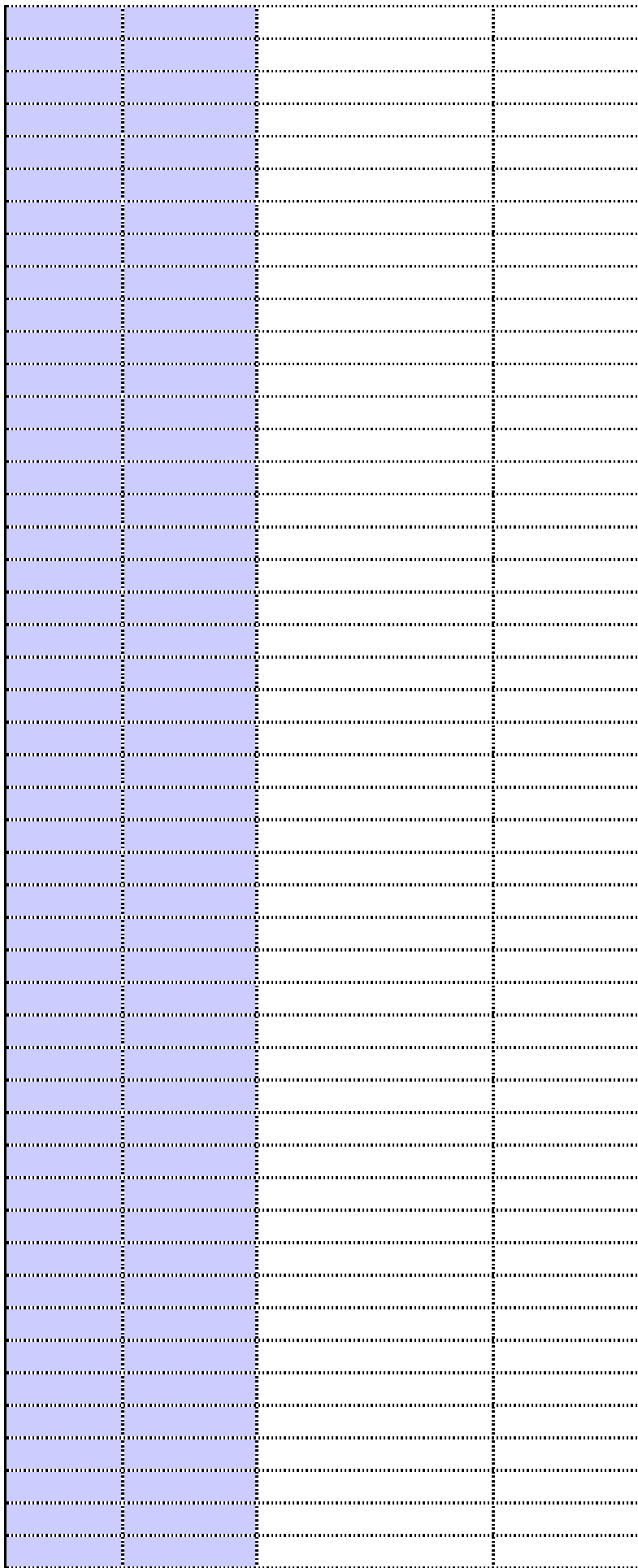


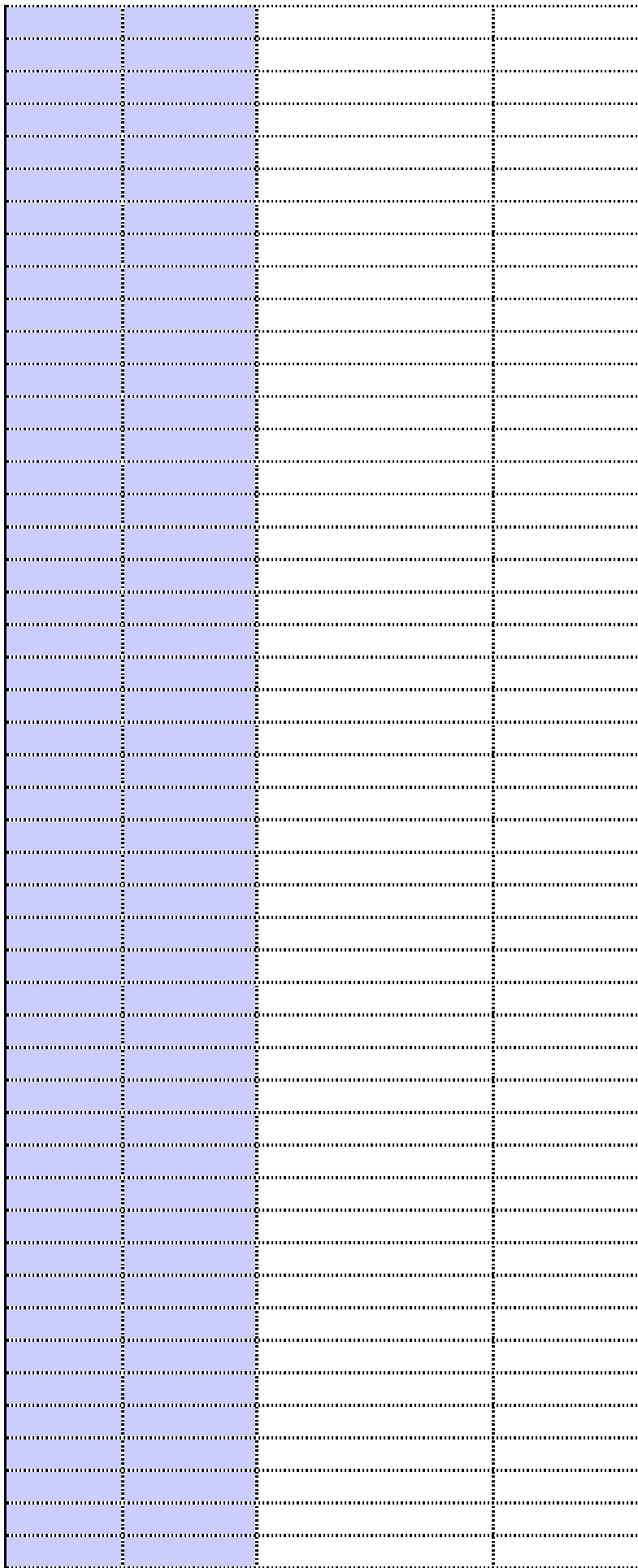


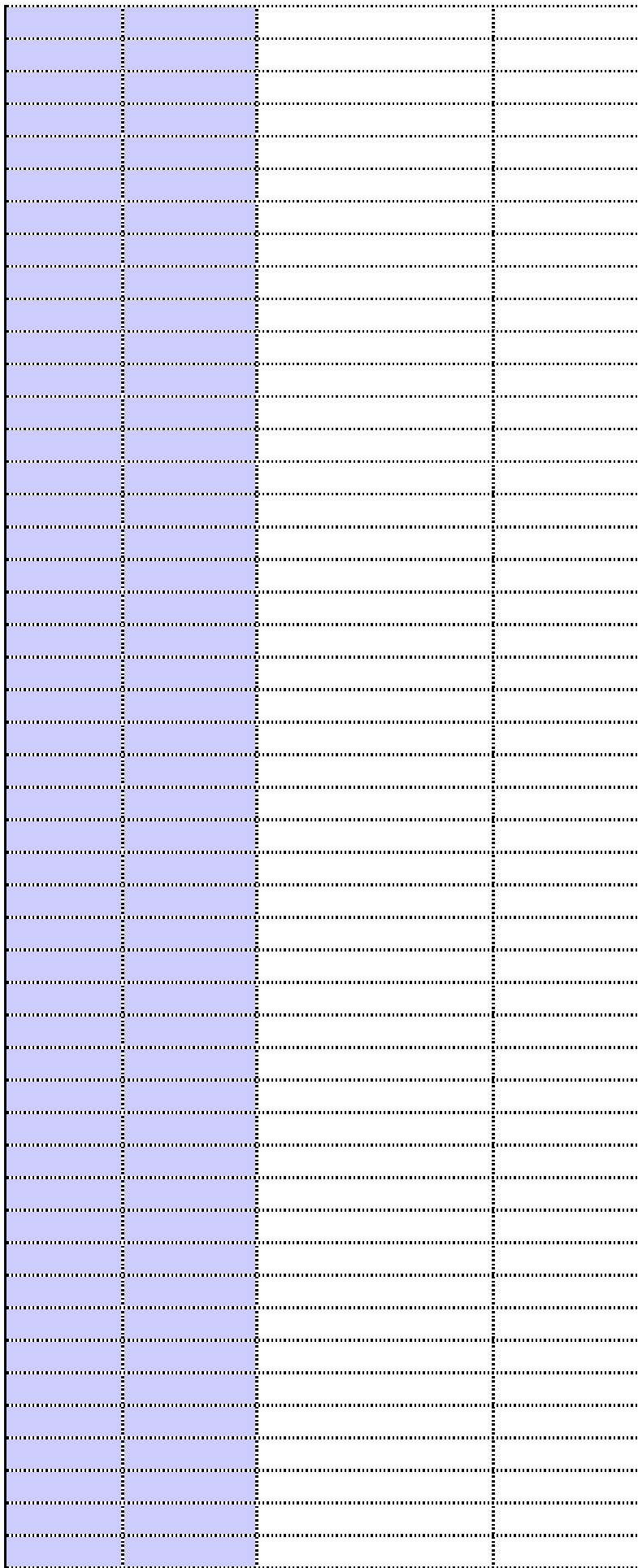


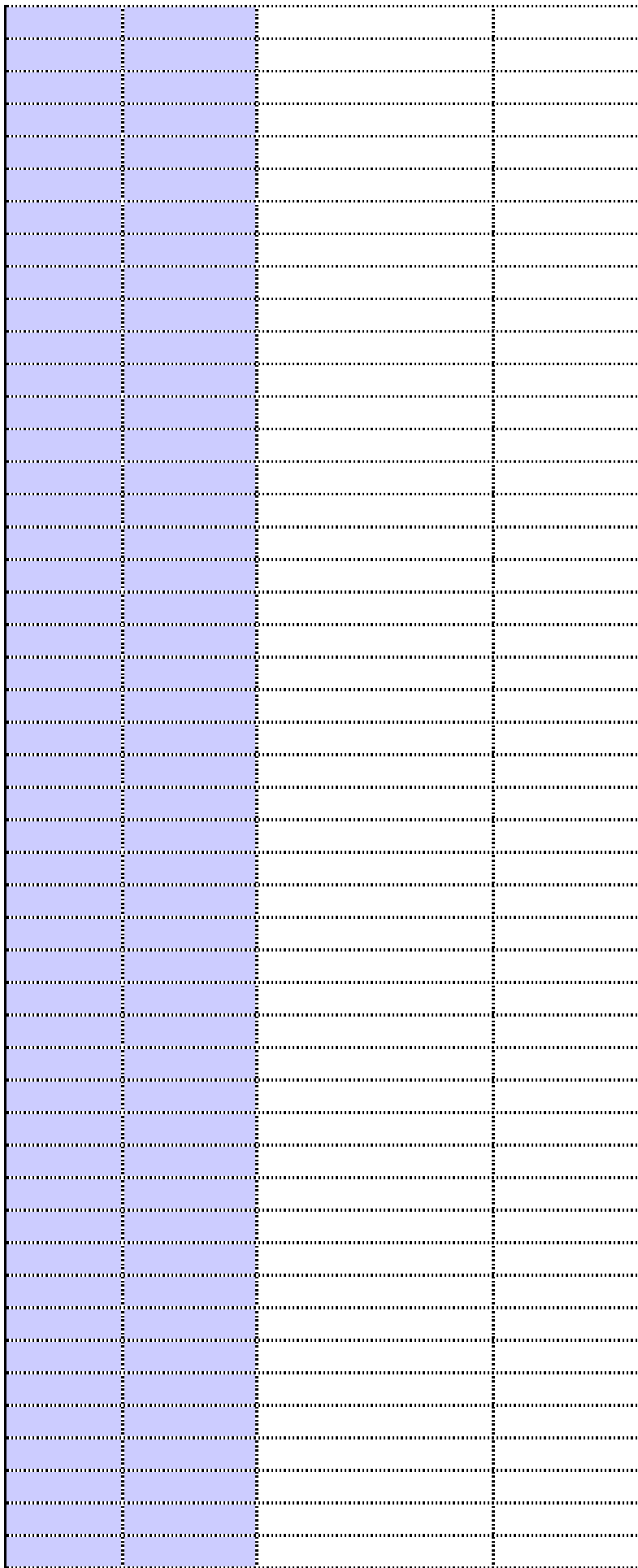


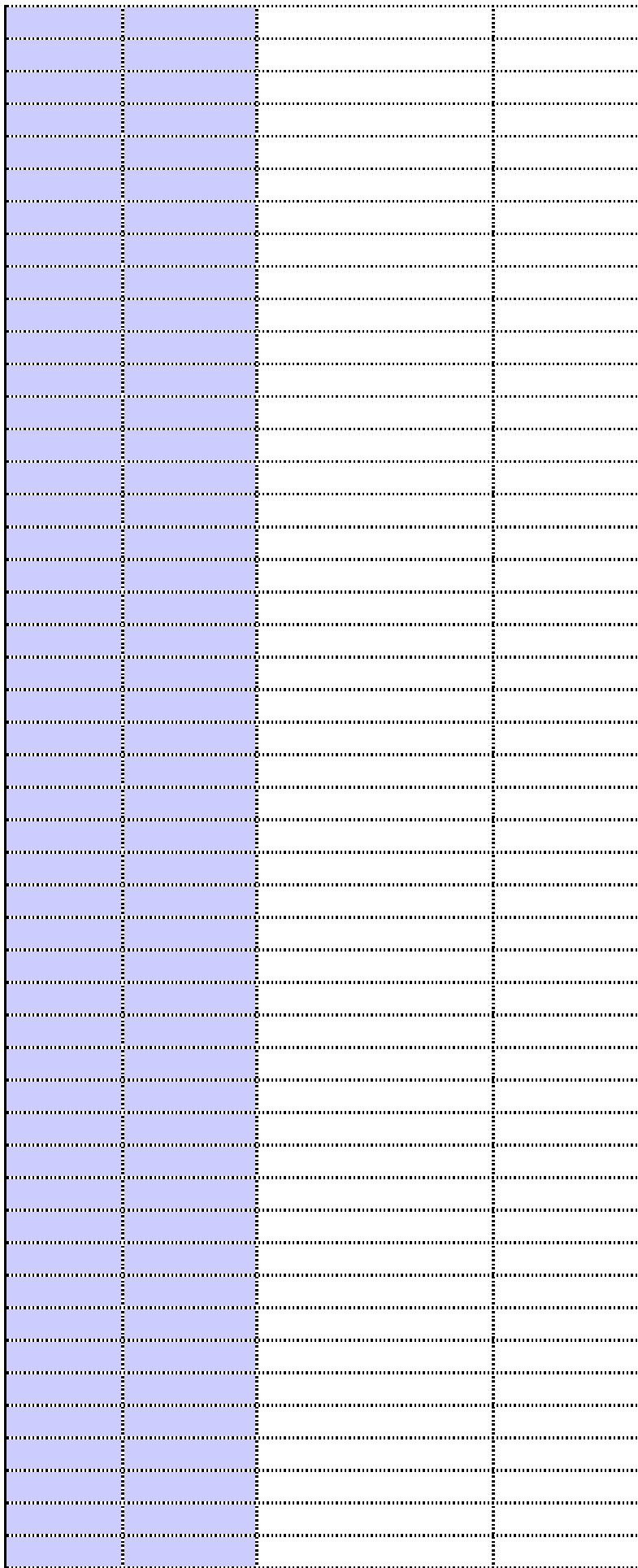


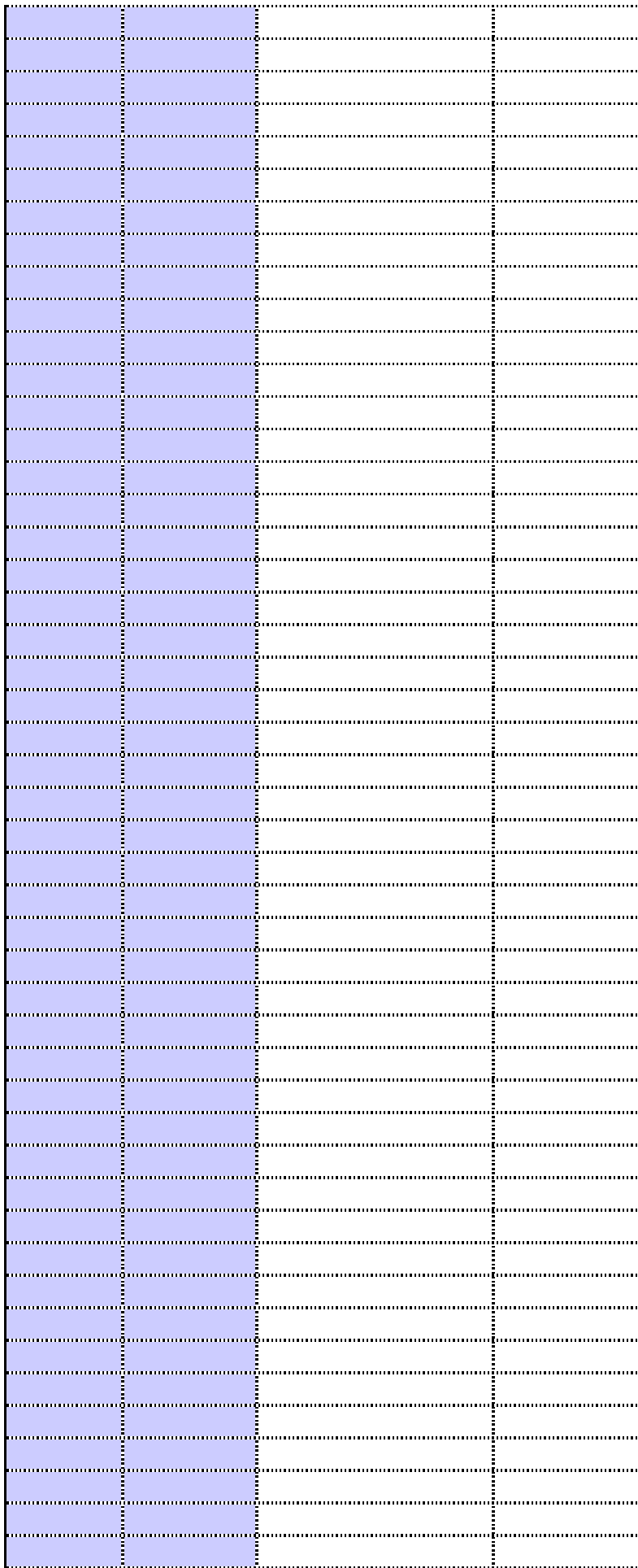


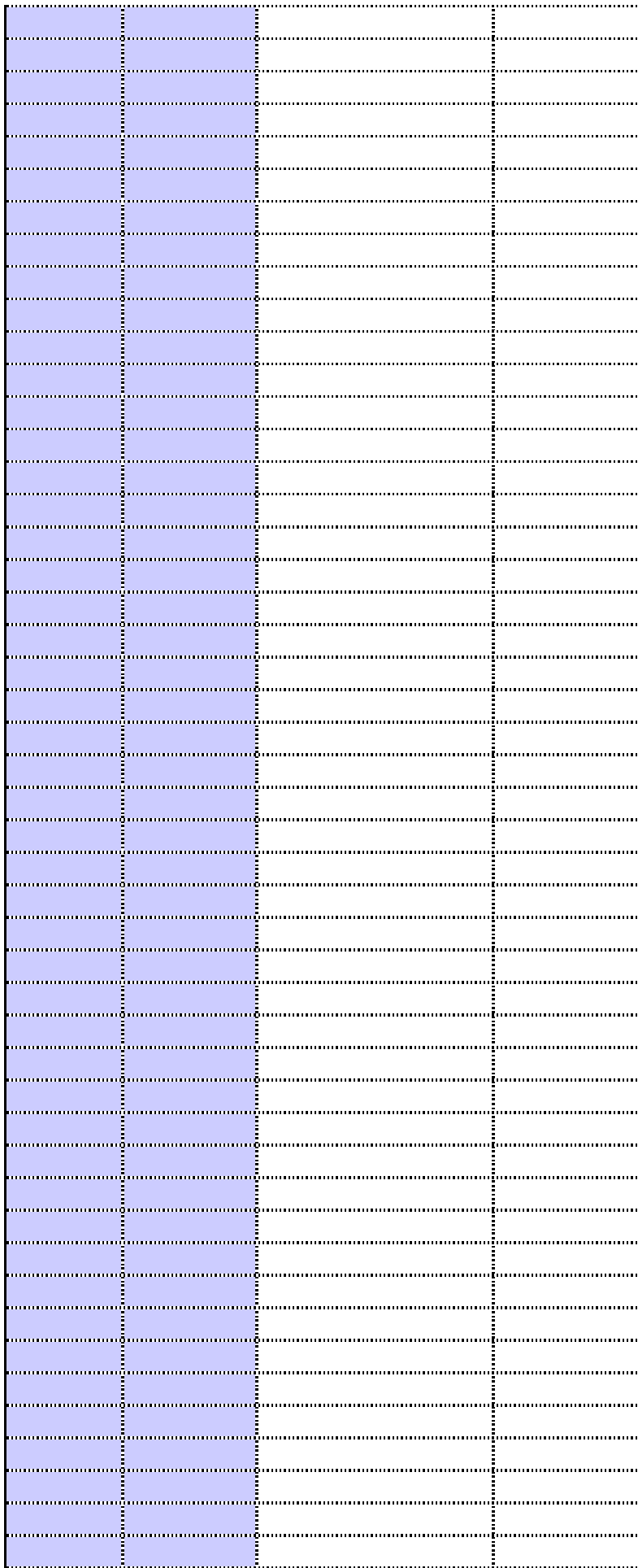


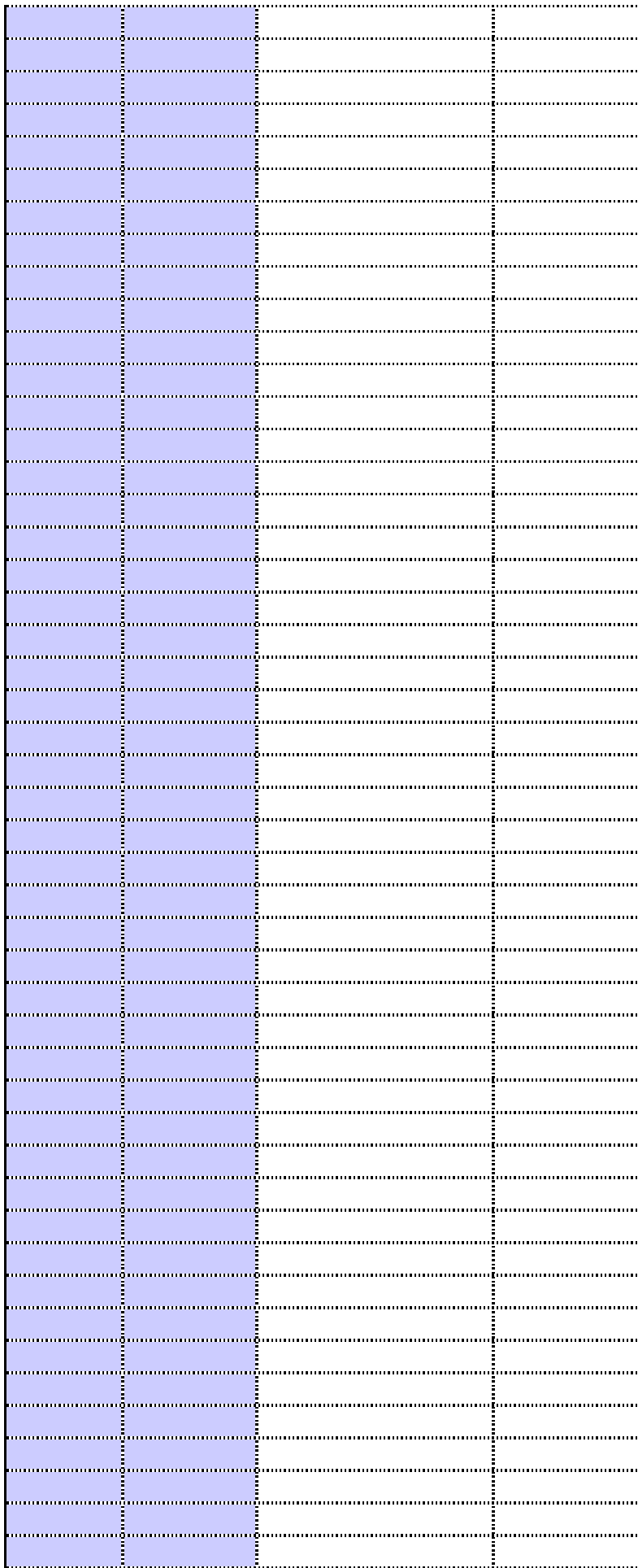


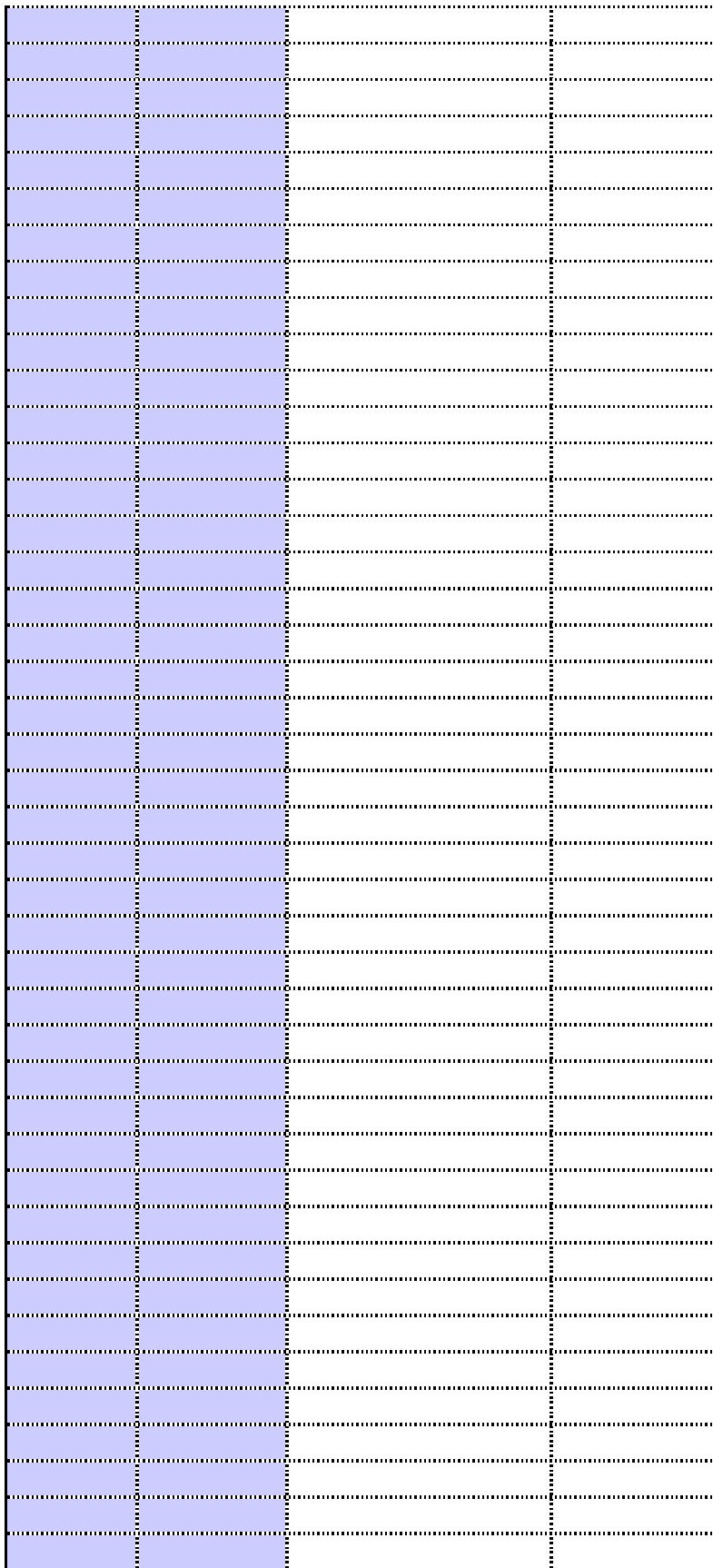












Event: 600m

100%

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Duplicates CheckPoint

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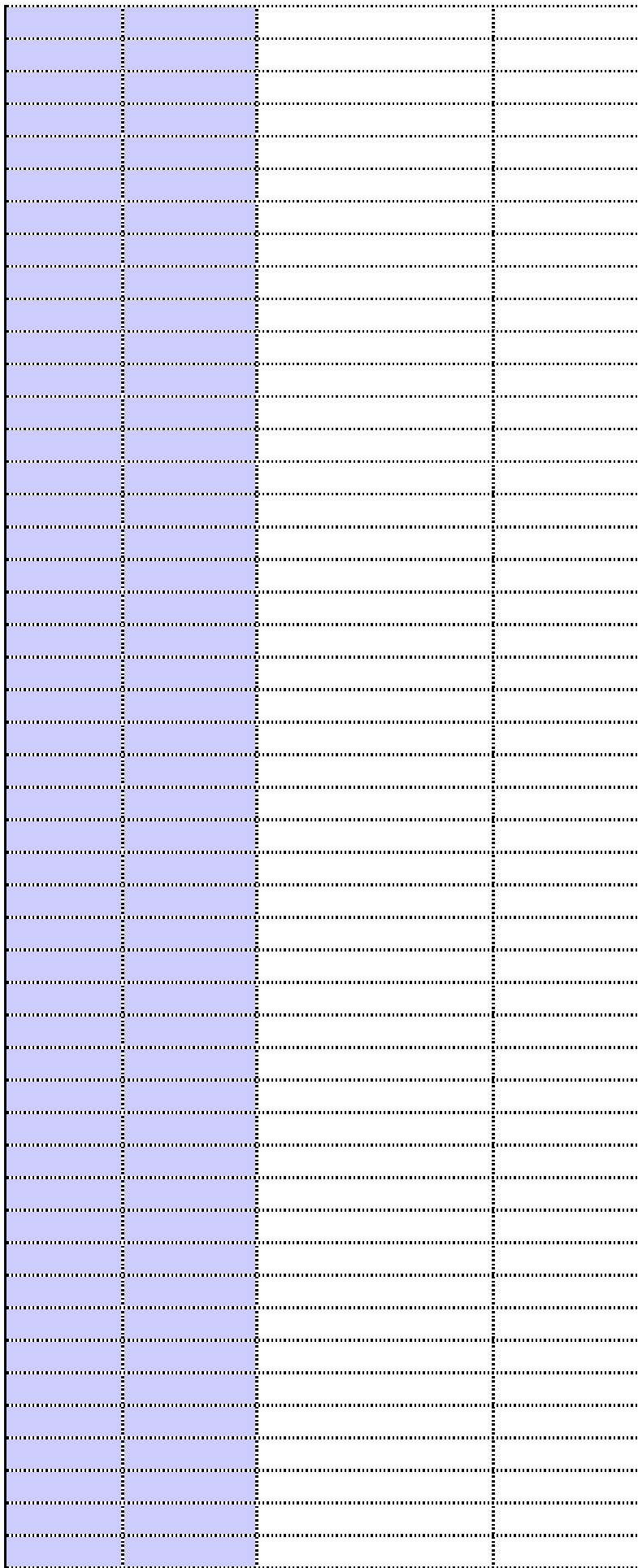
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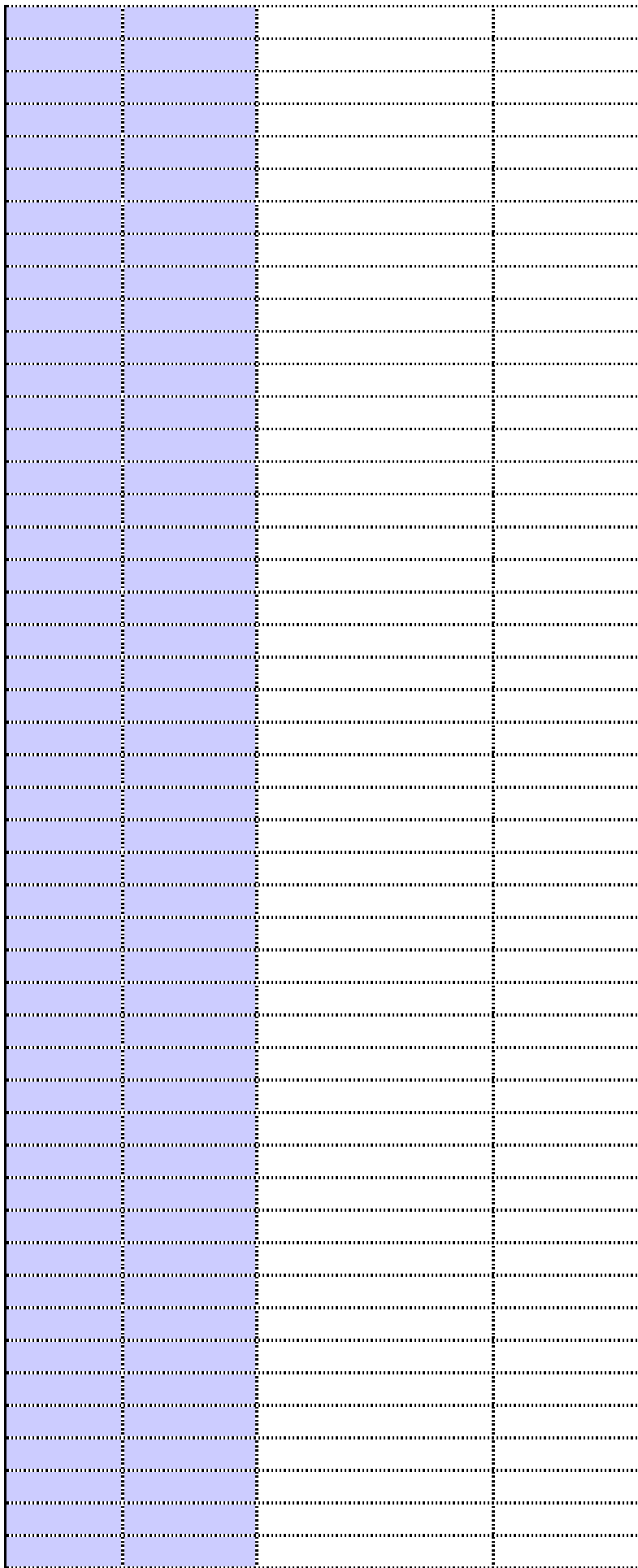
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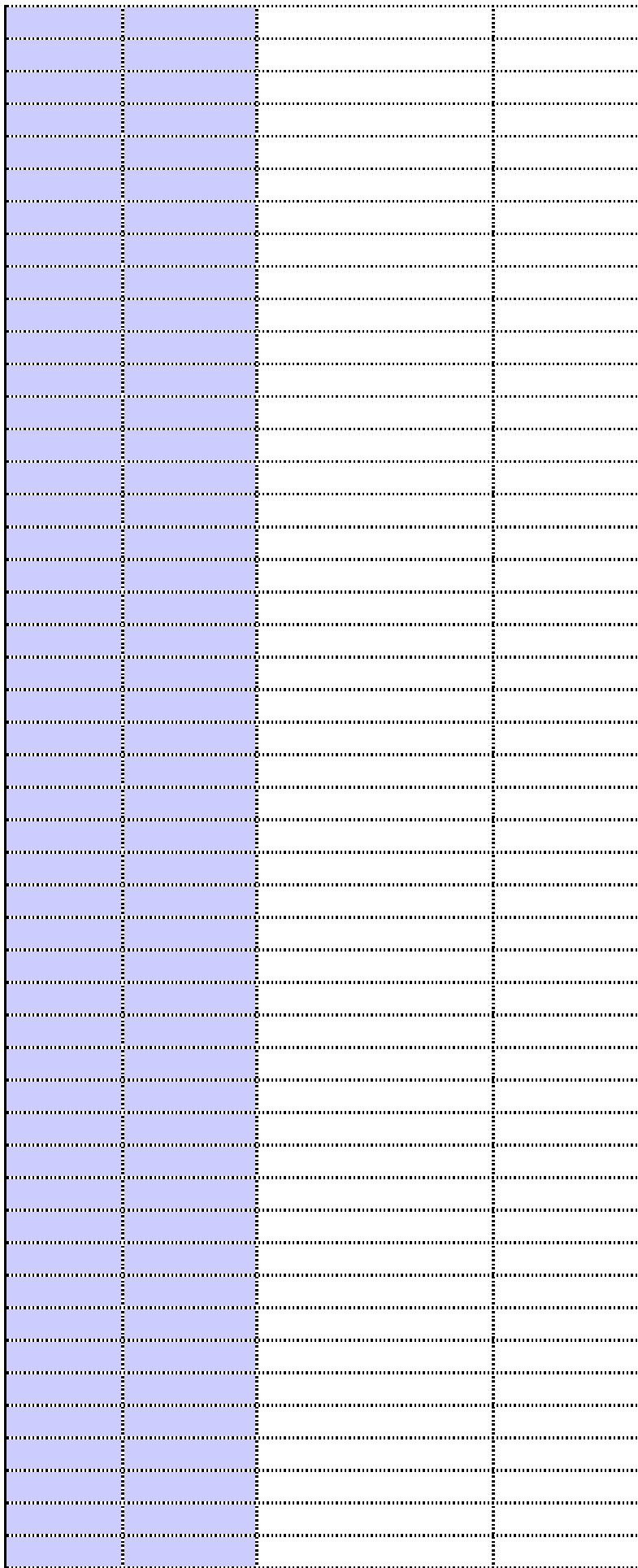
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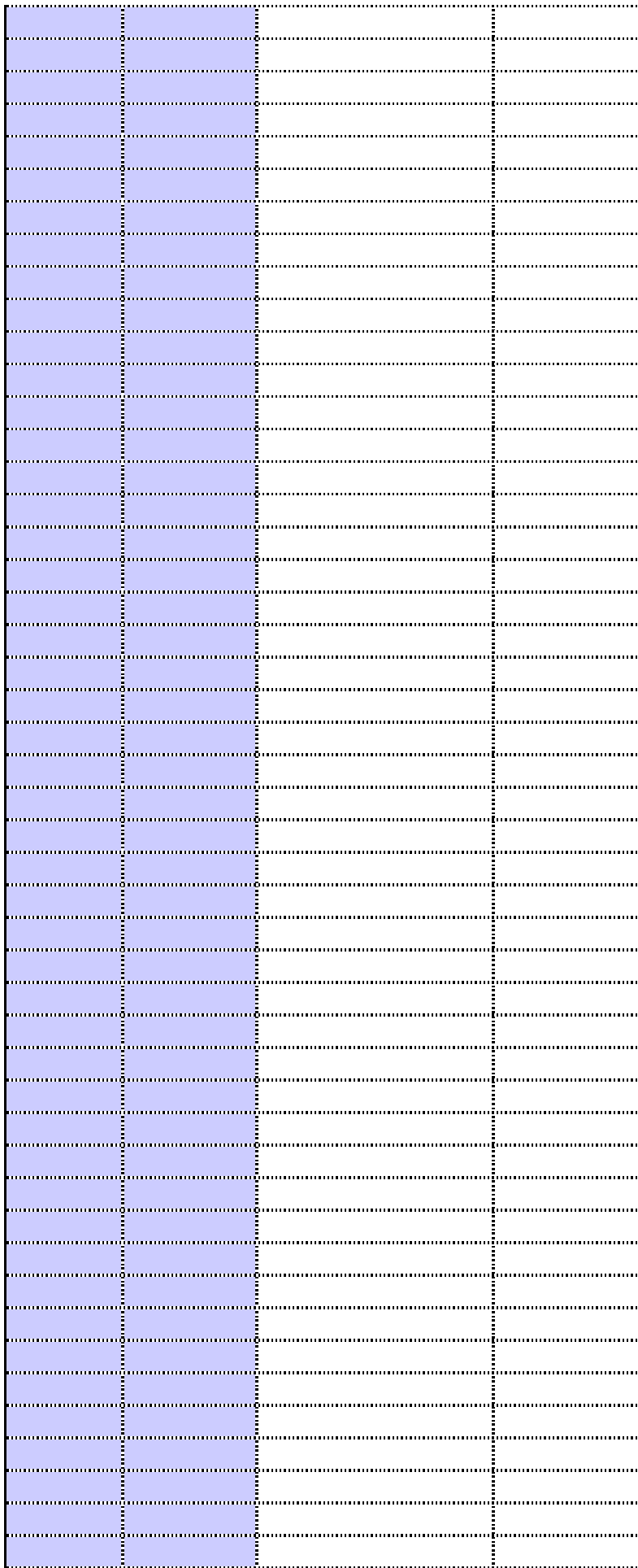
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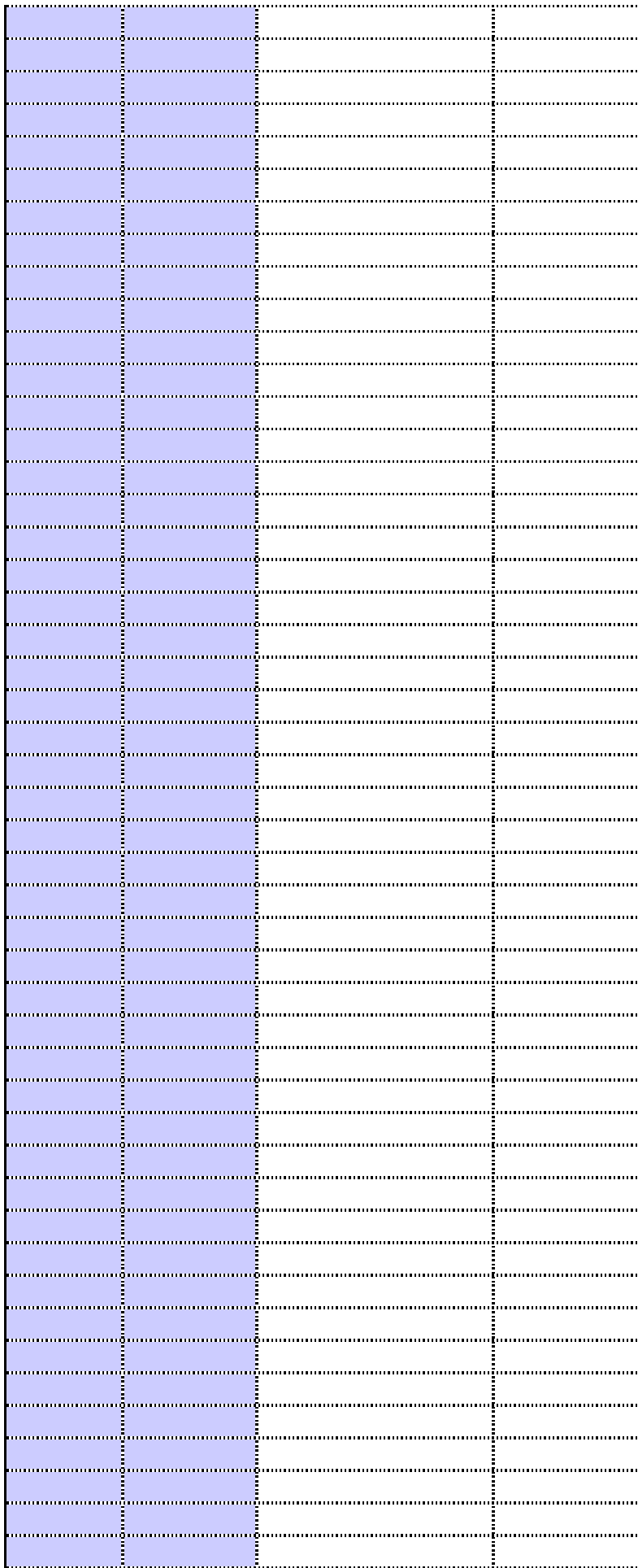
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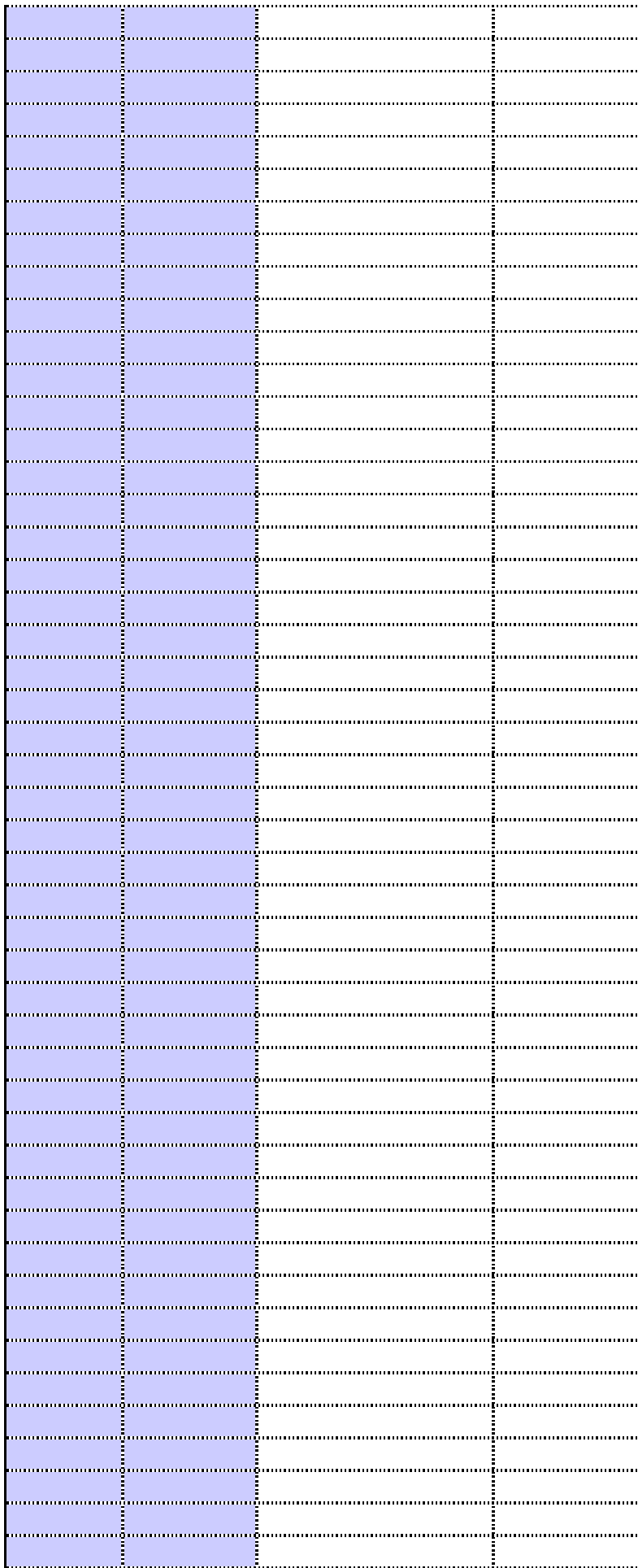


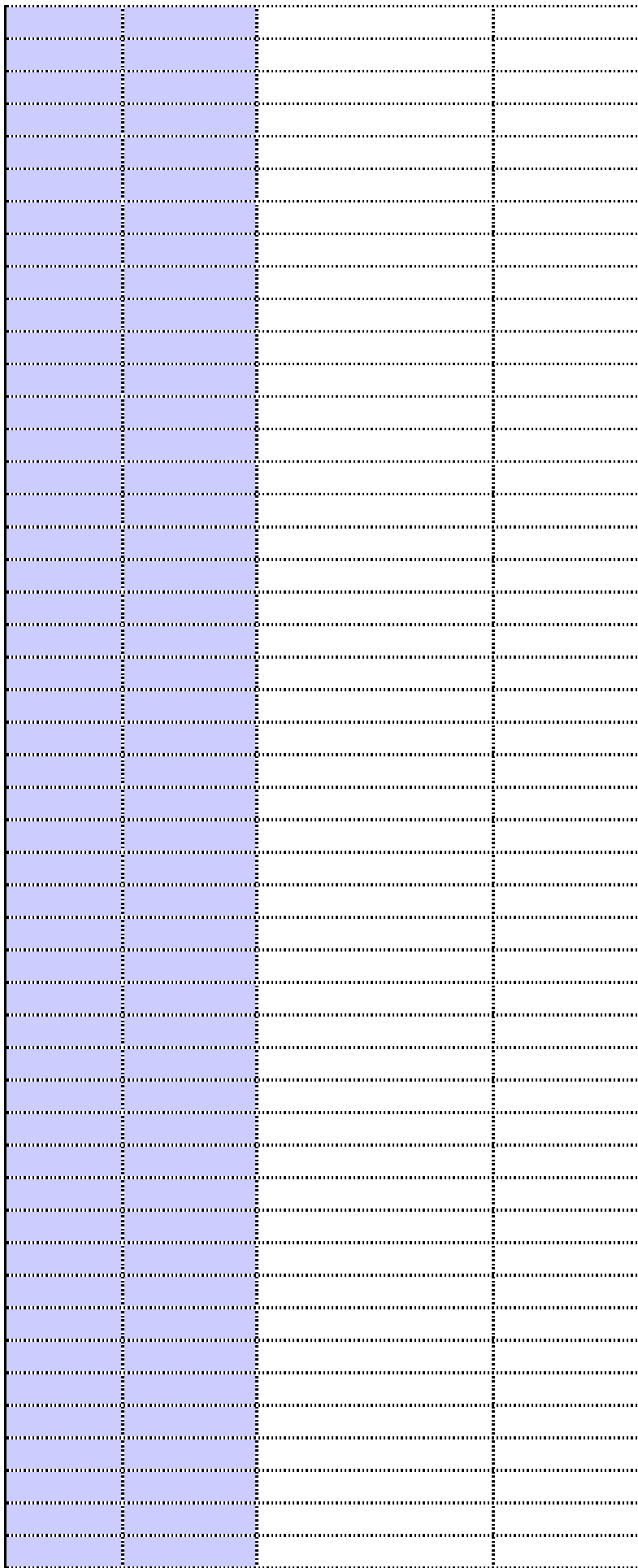


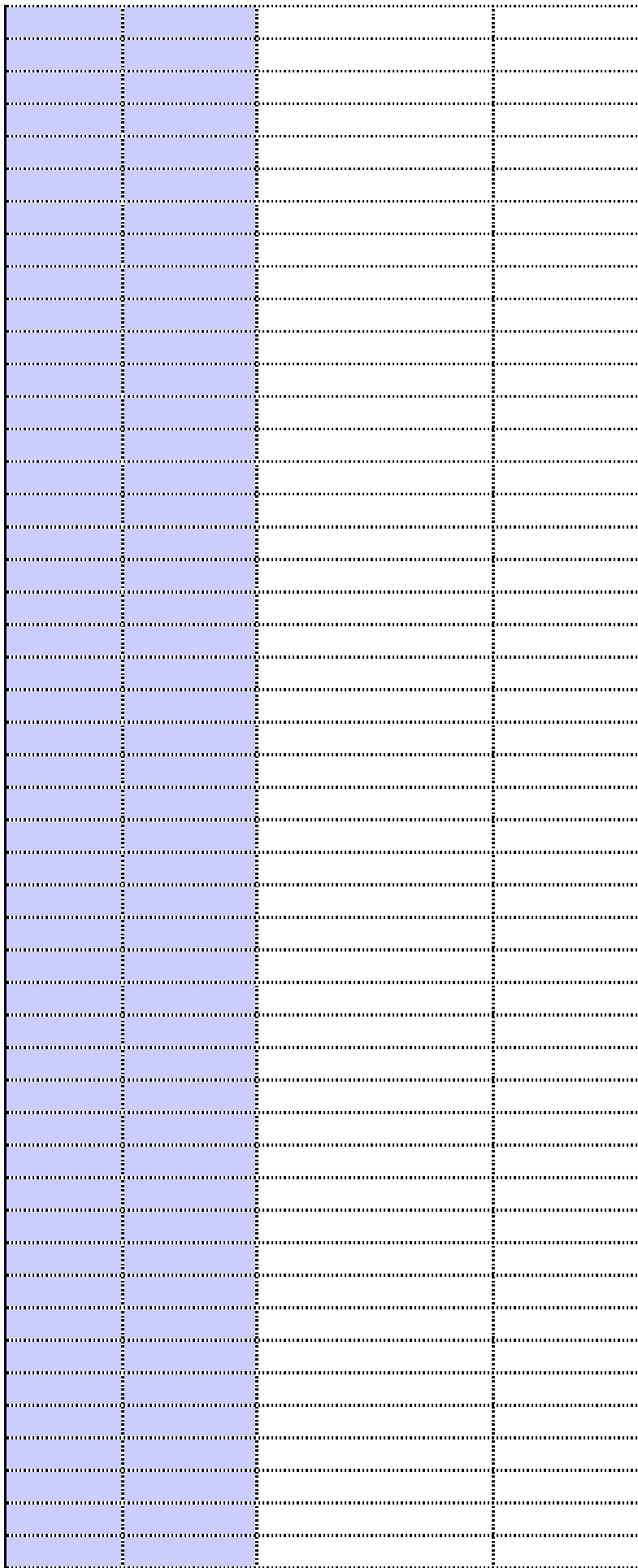


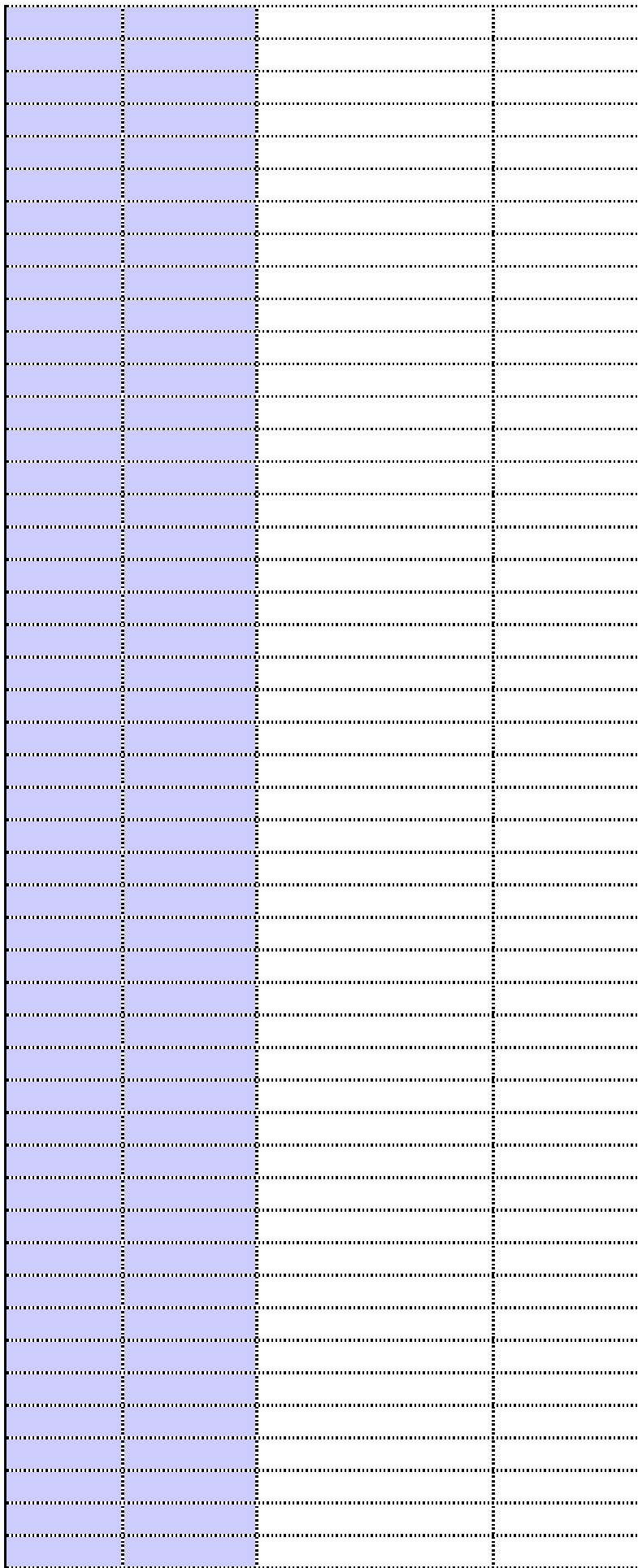


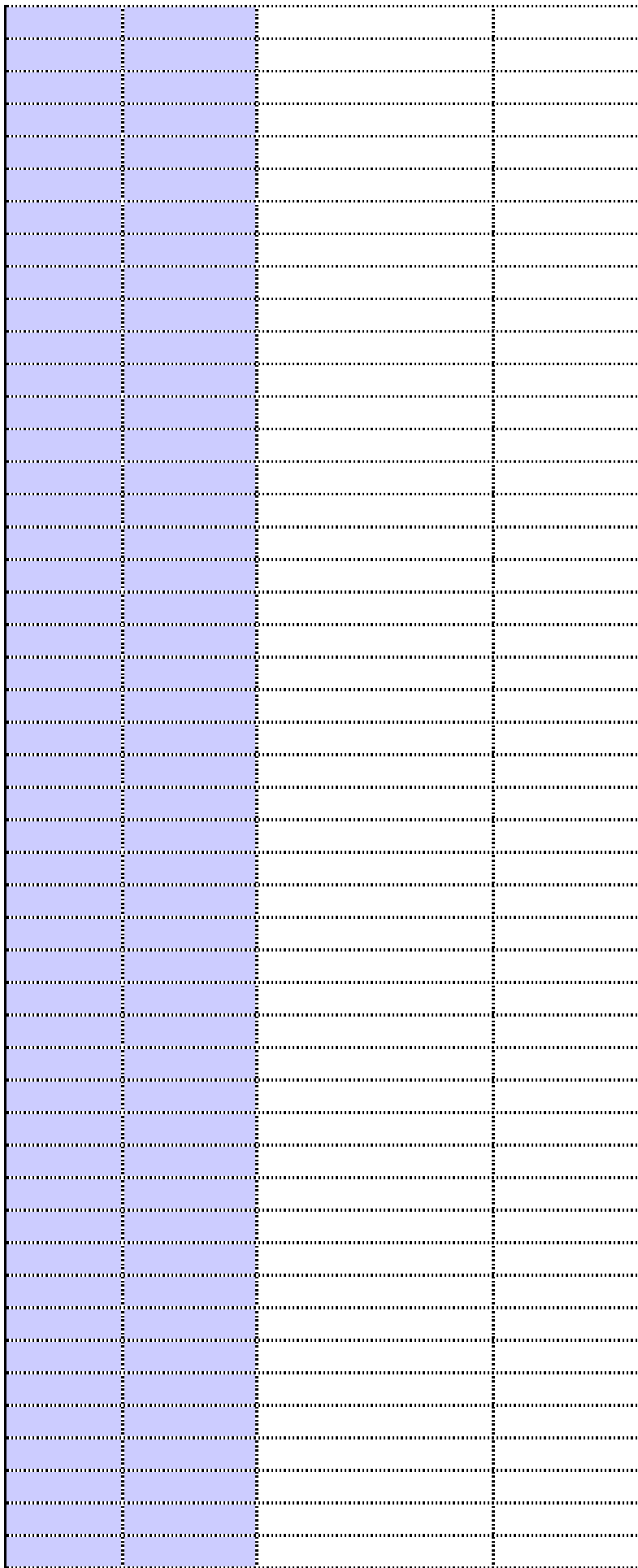


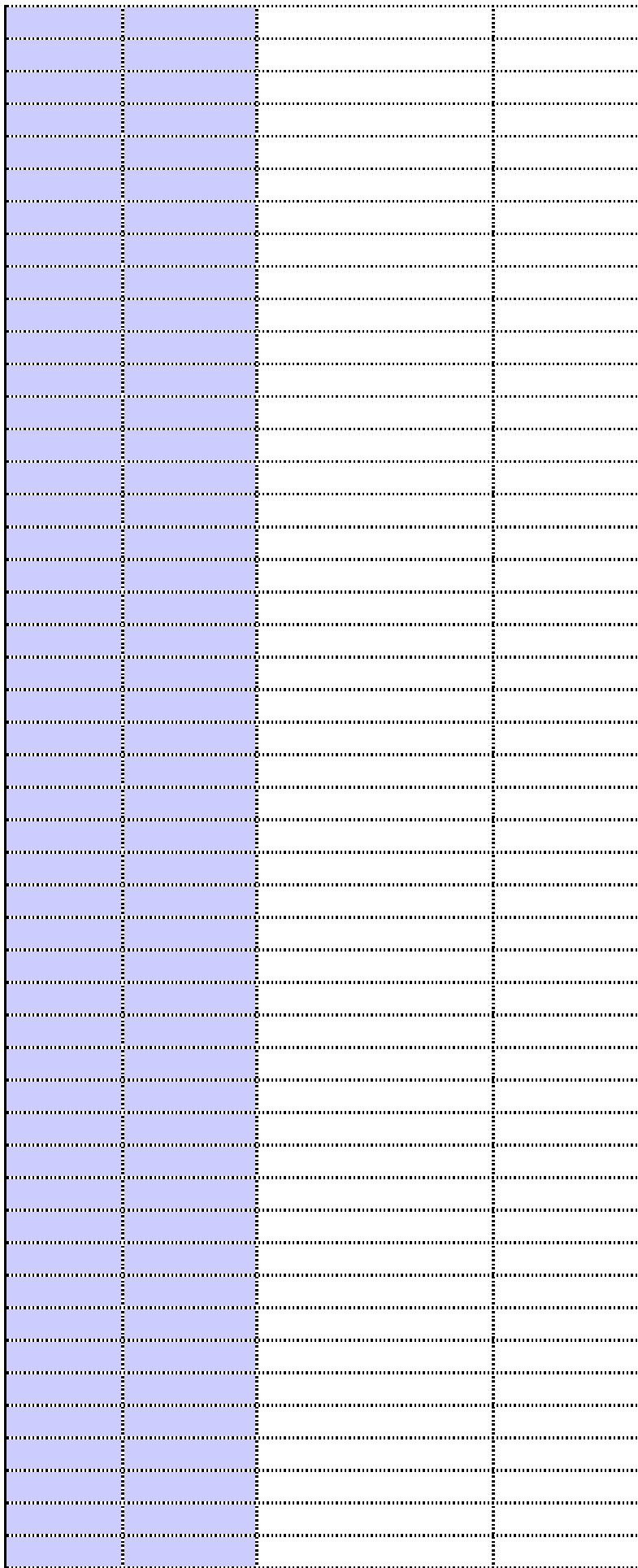


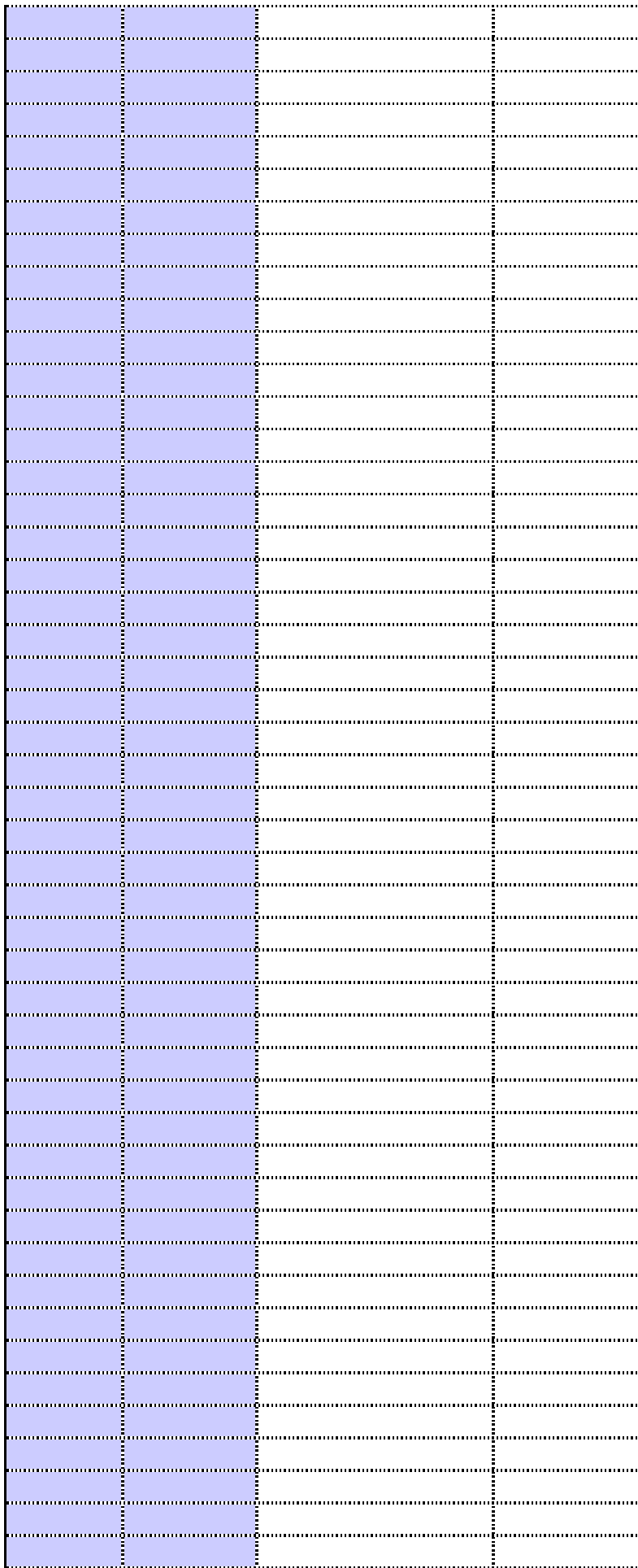


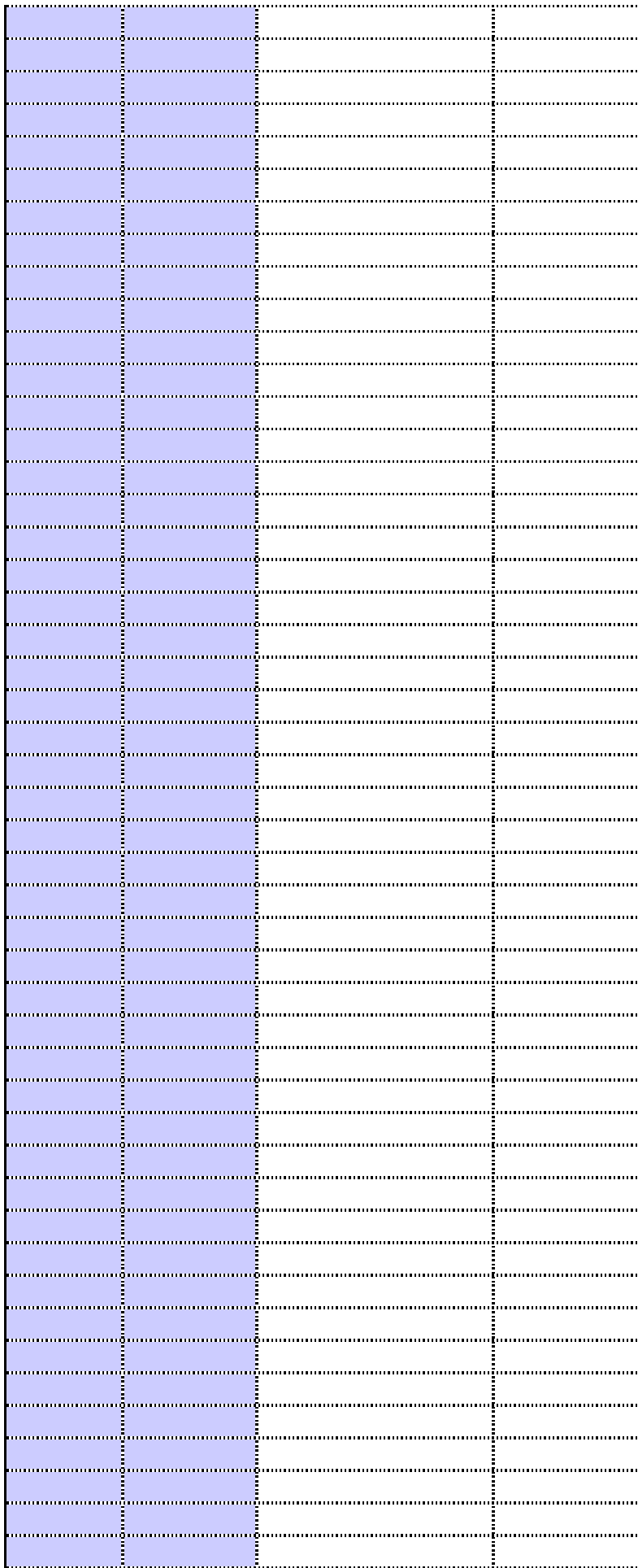


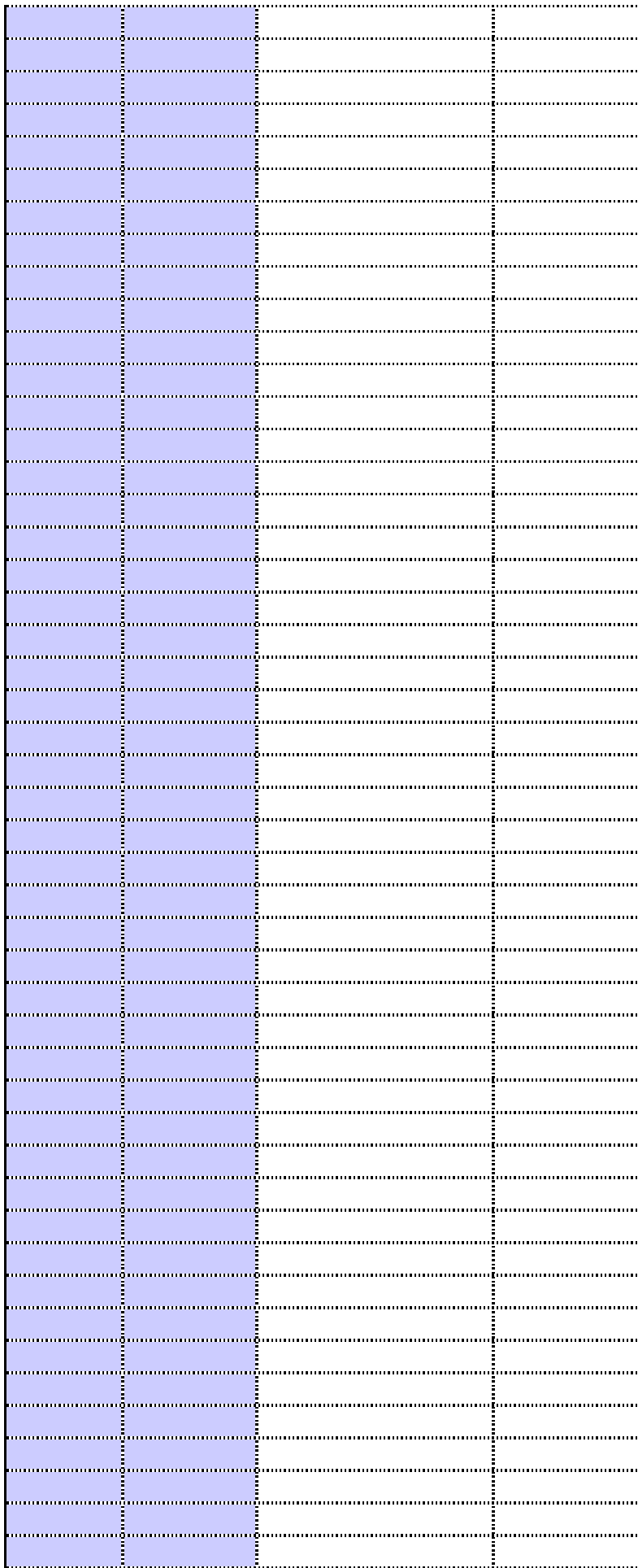


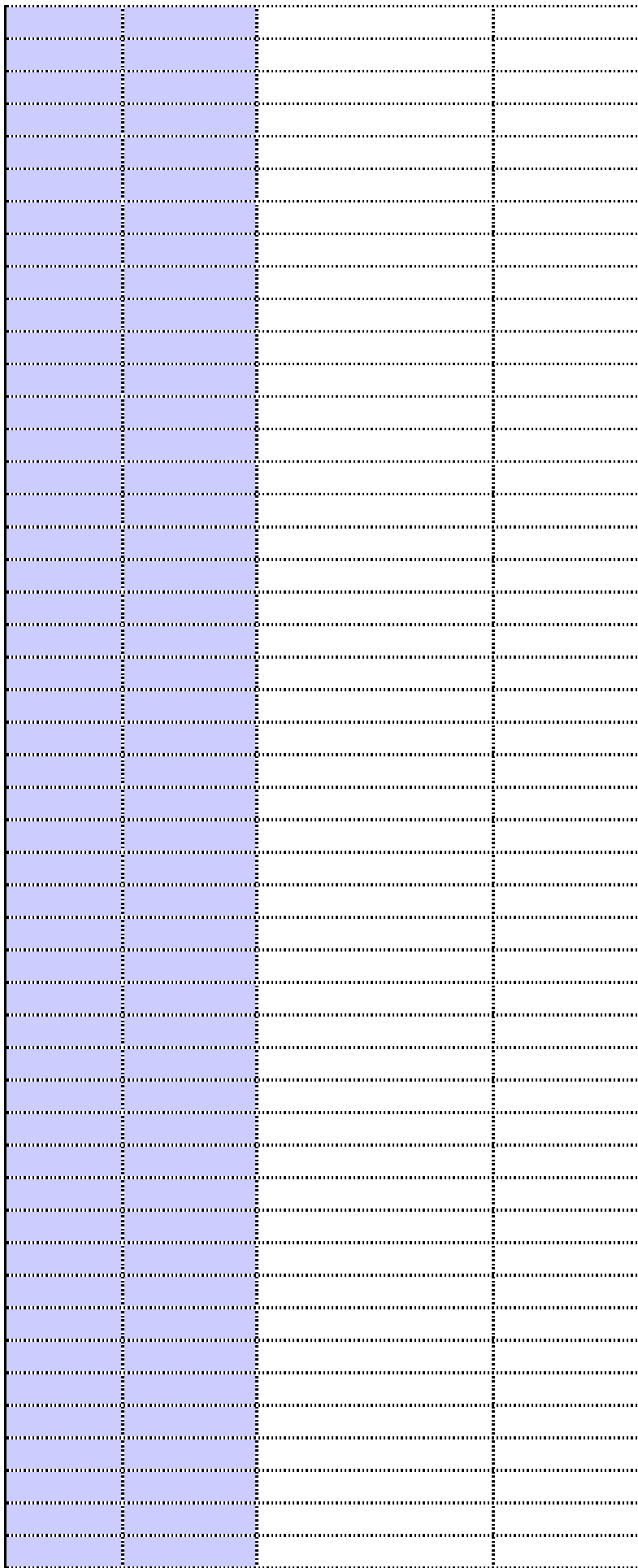


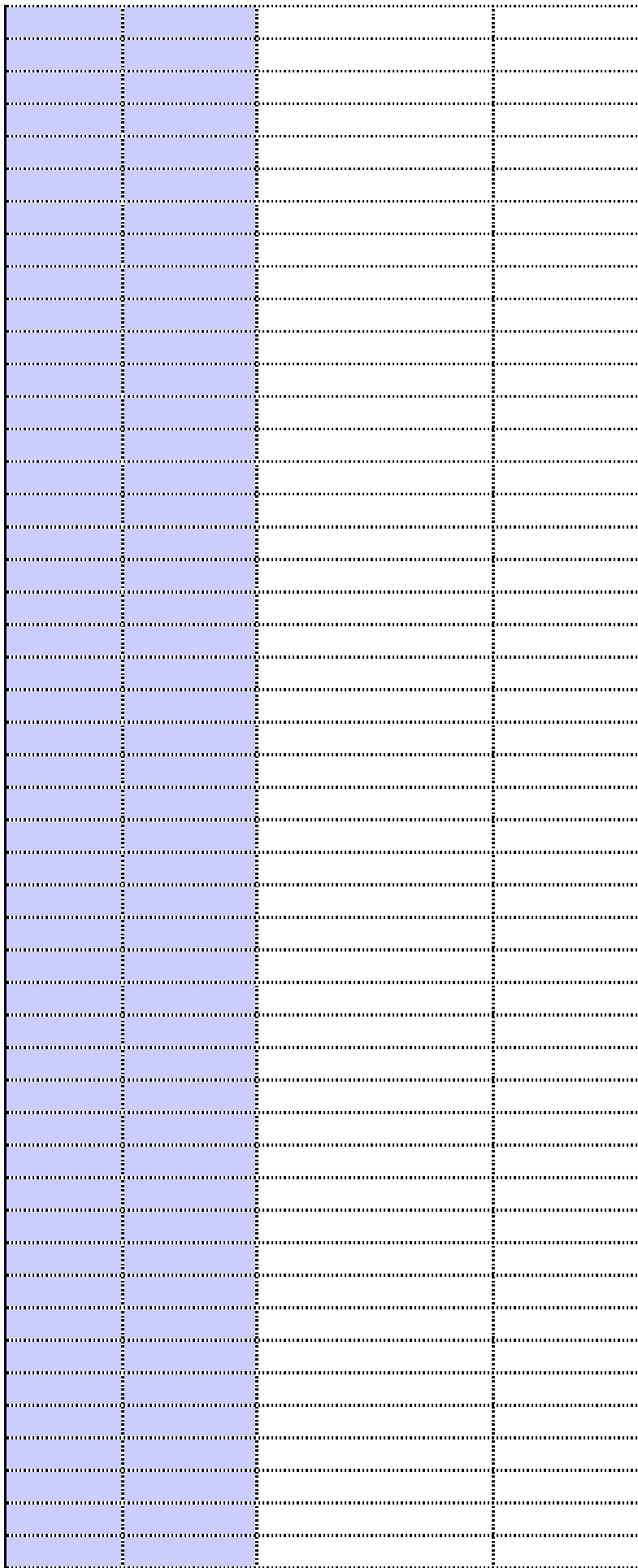


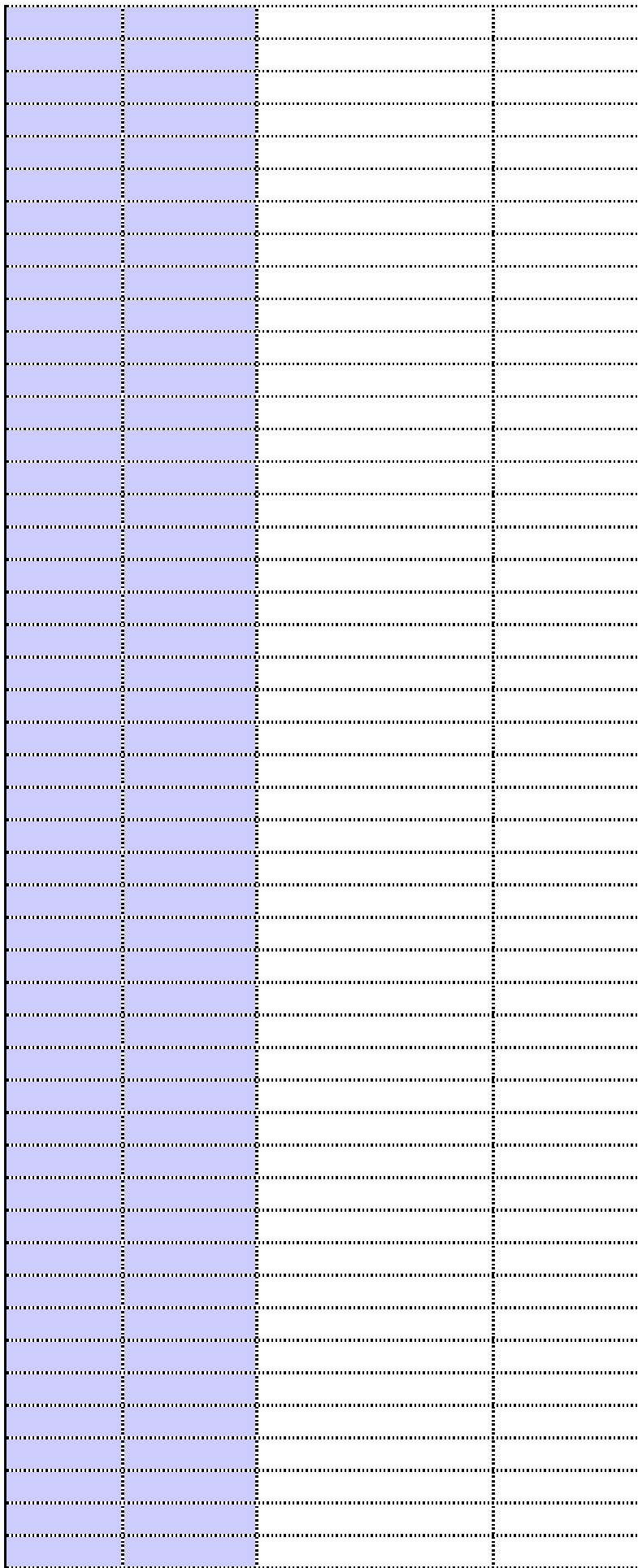


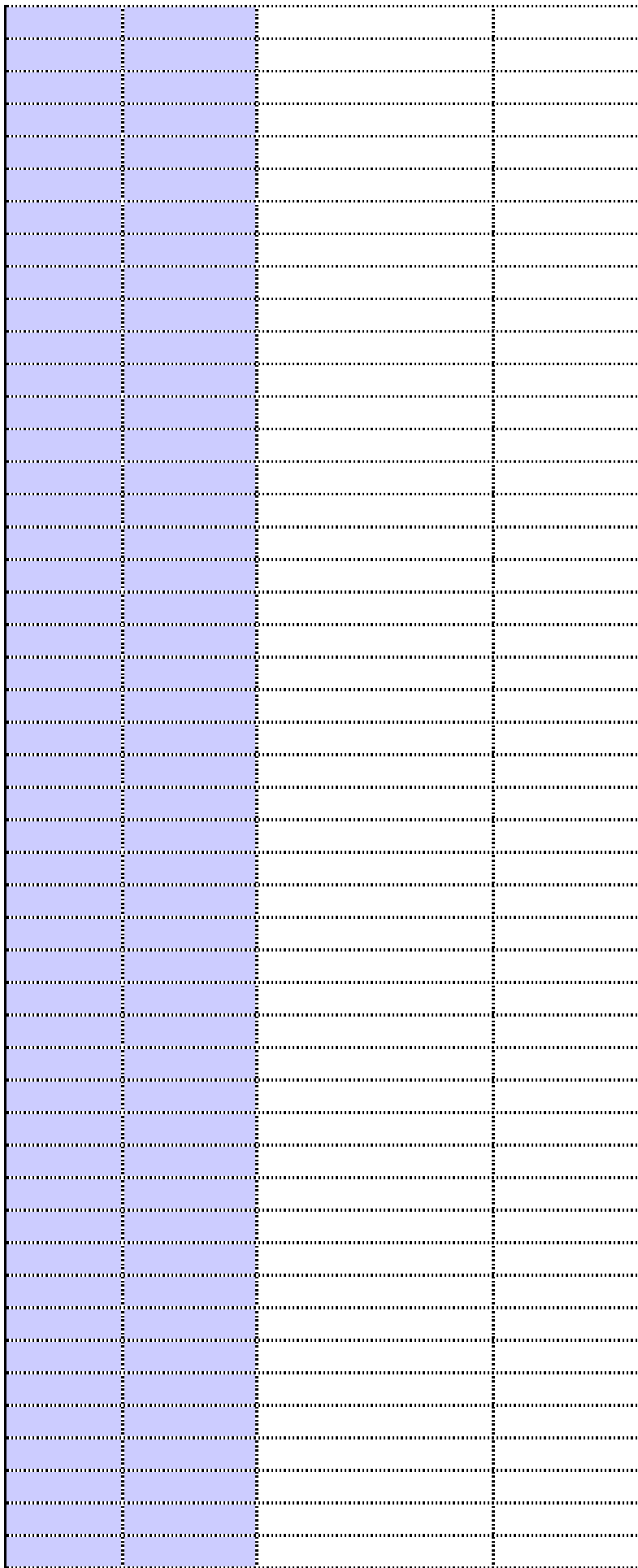


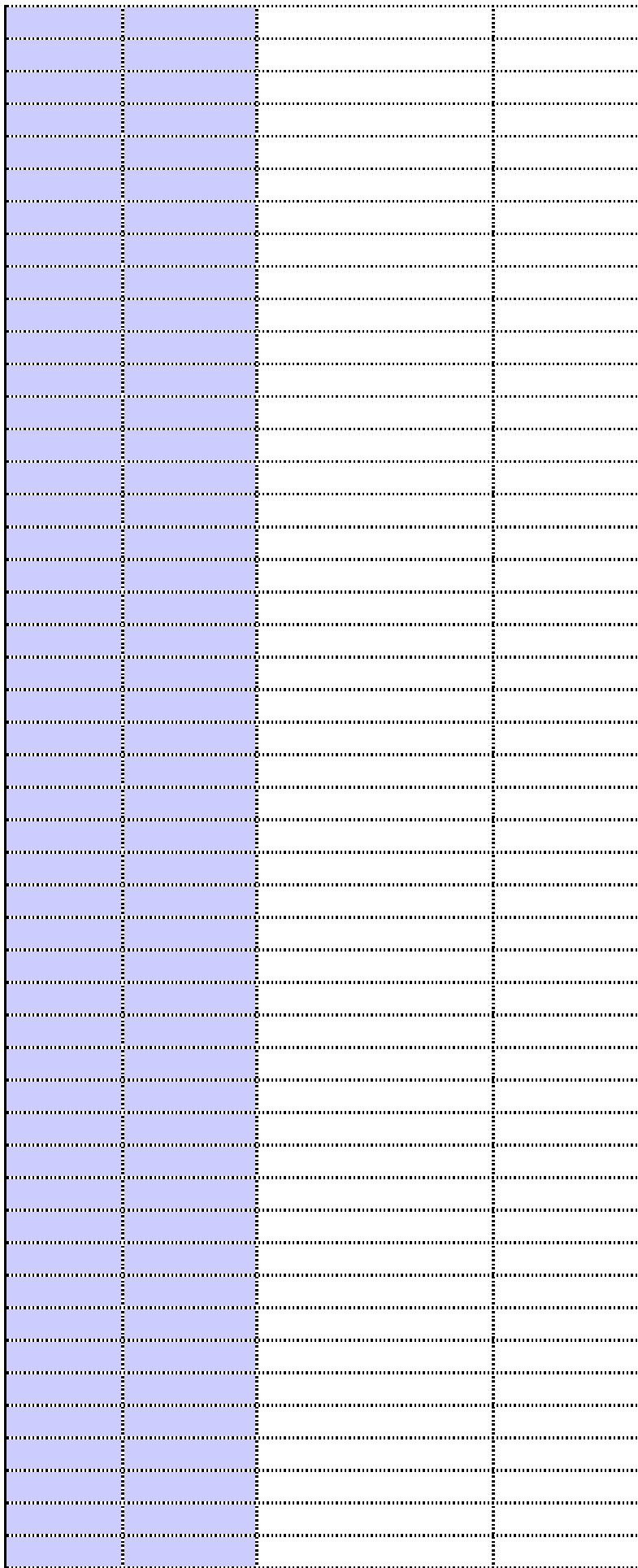


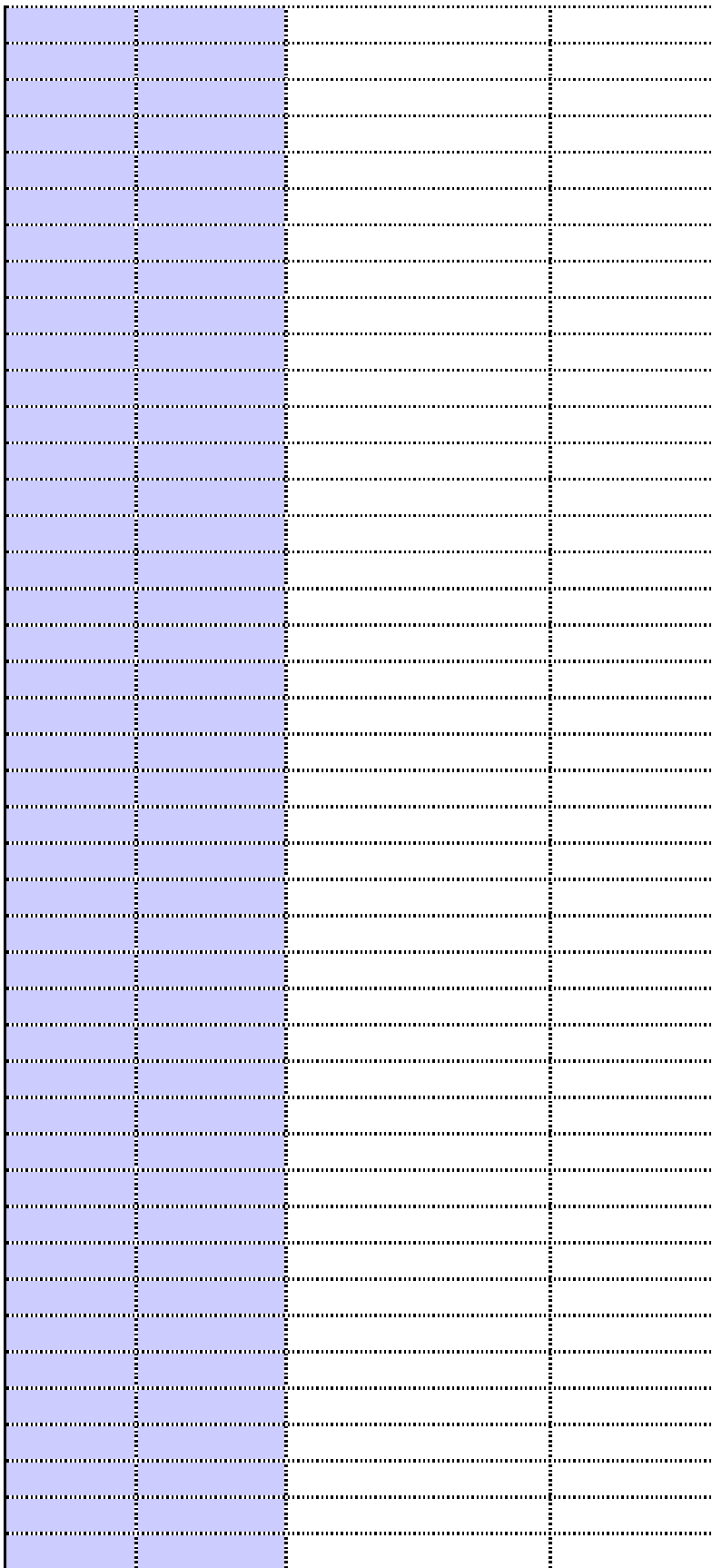












Event: Long_Jump

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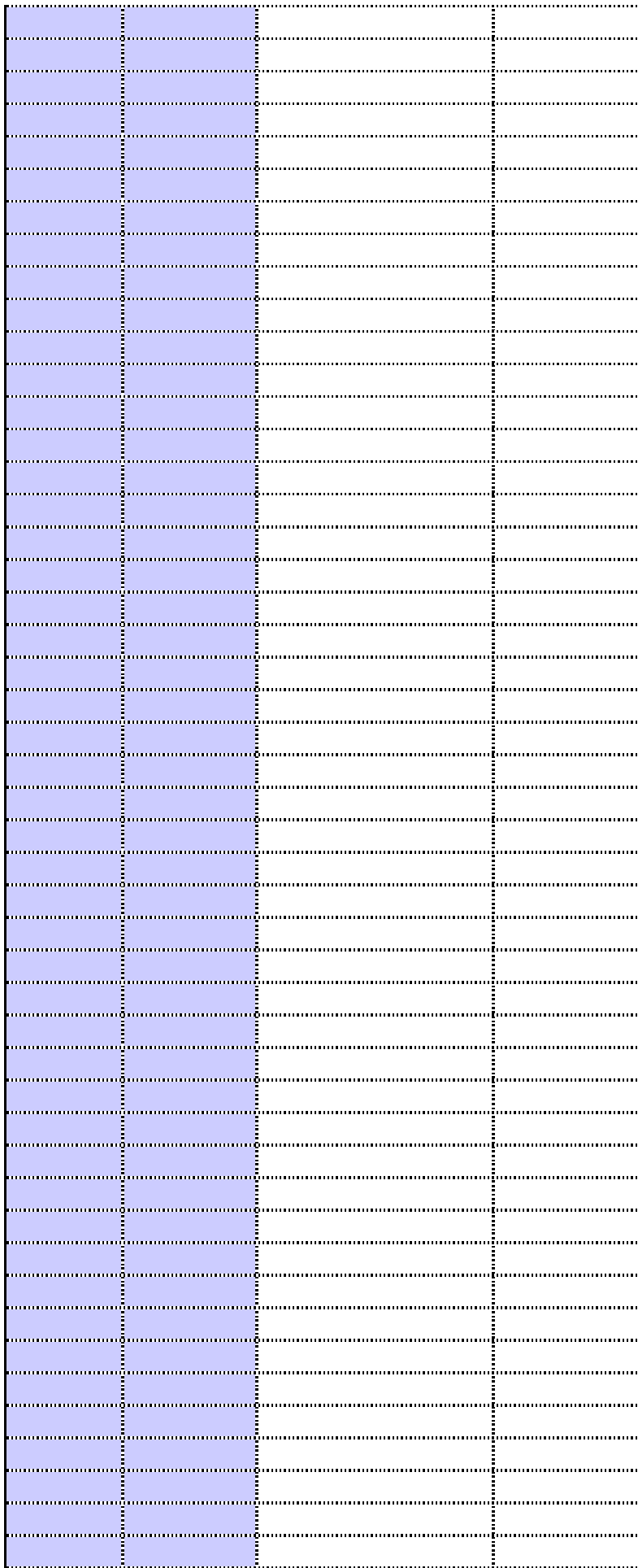
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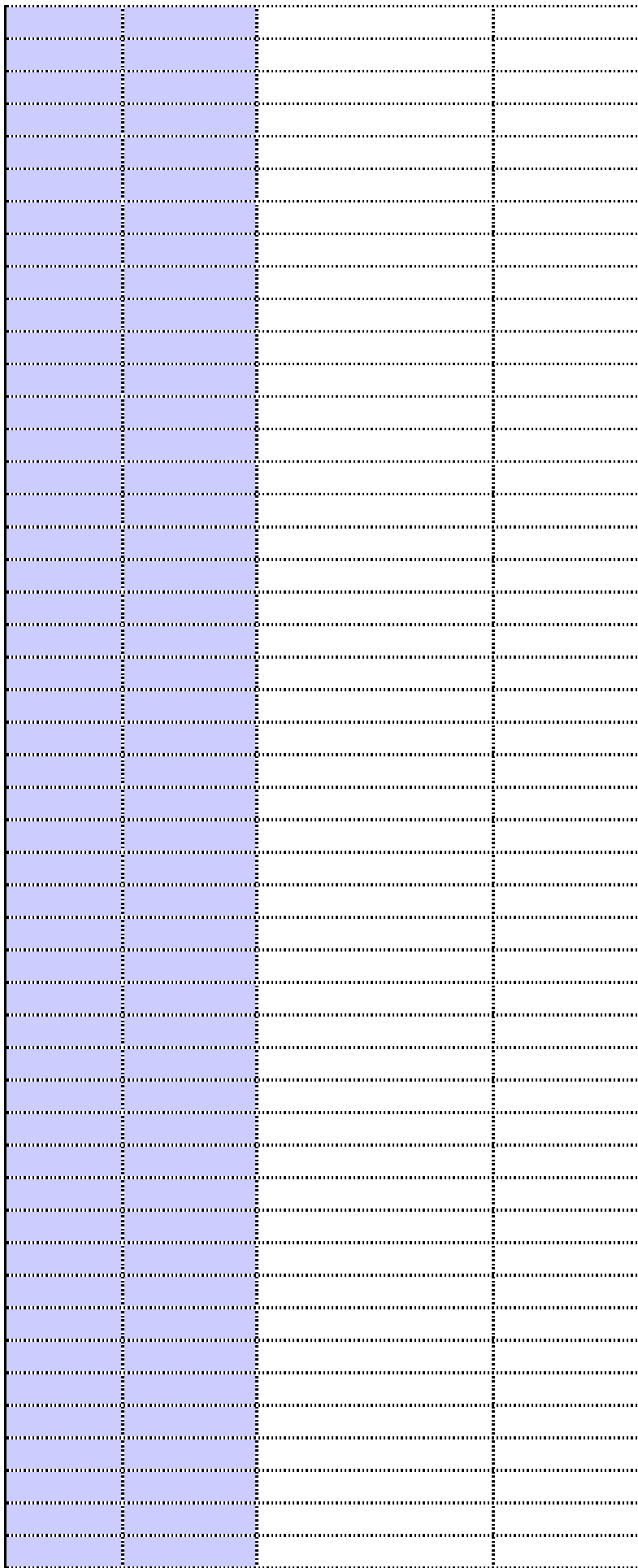
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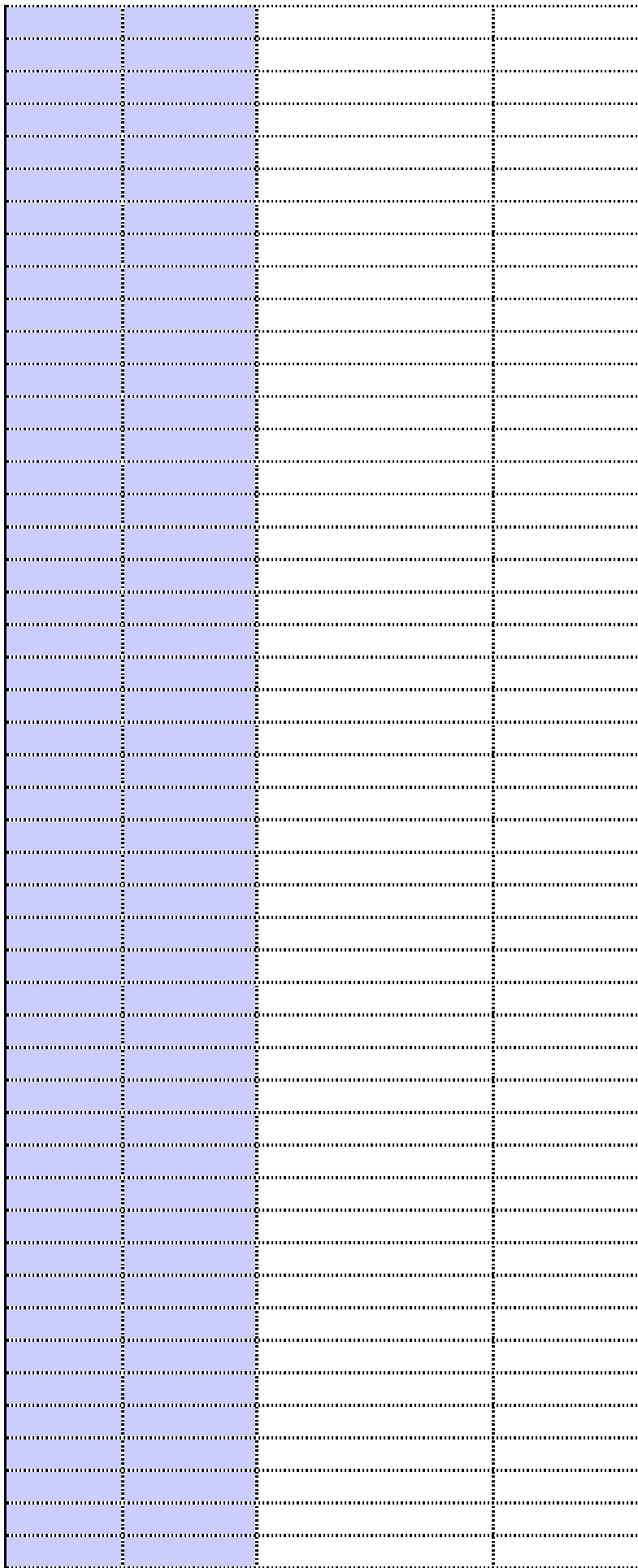
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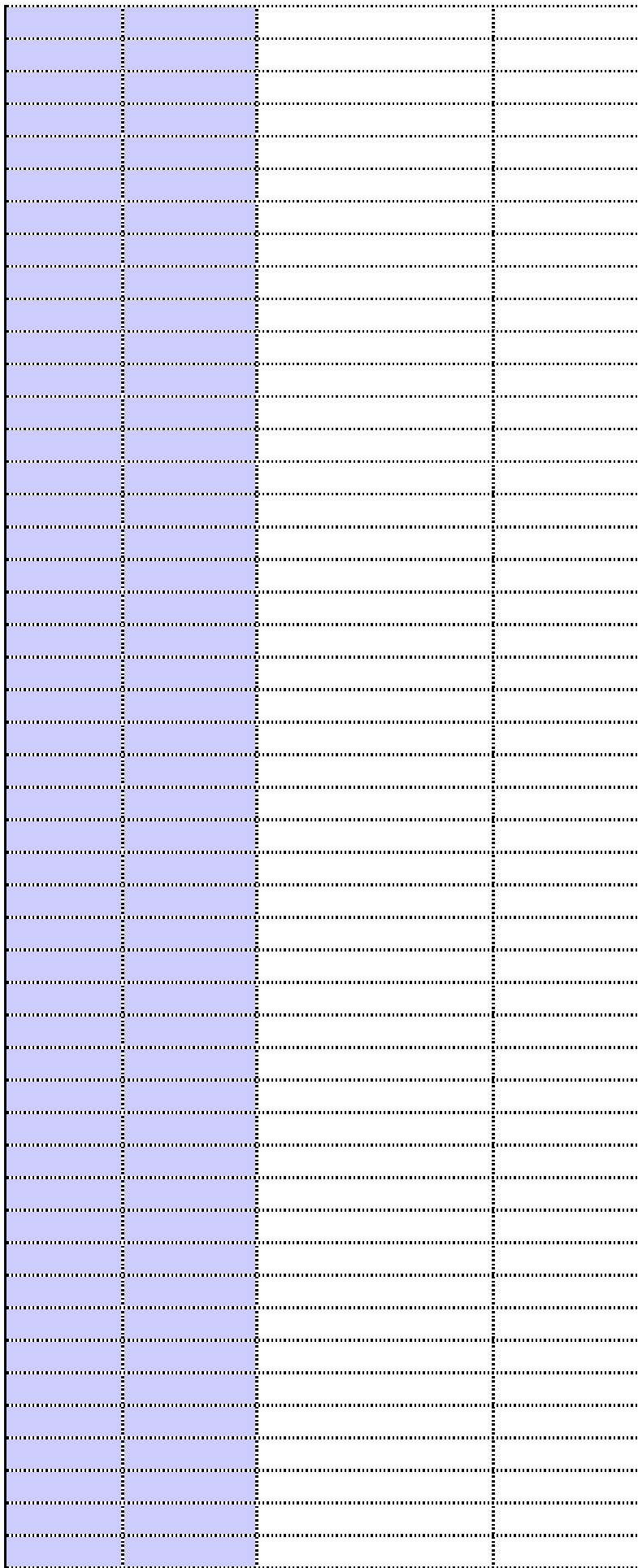
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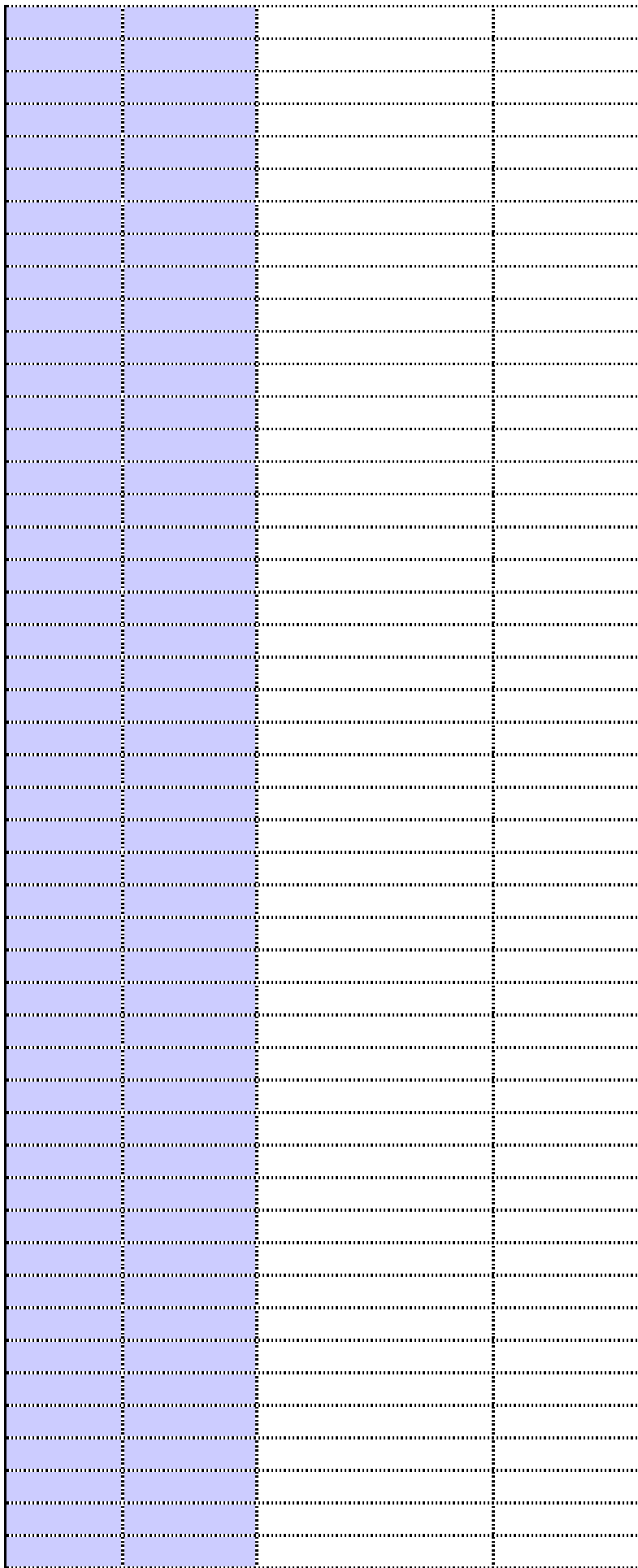
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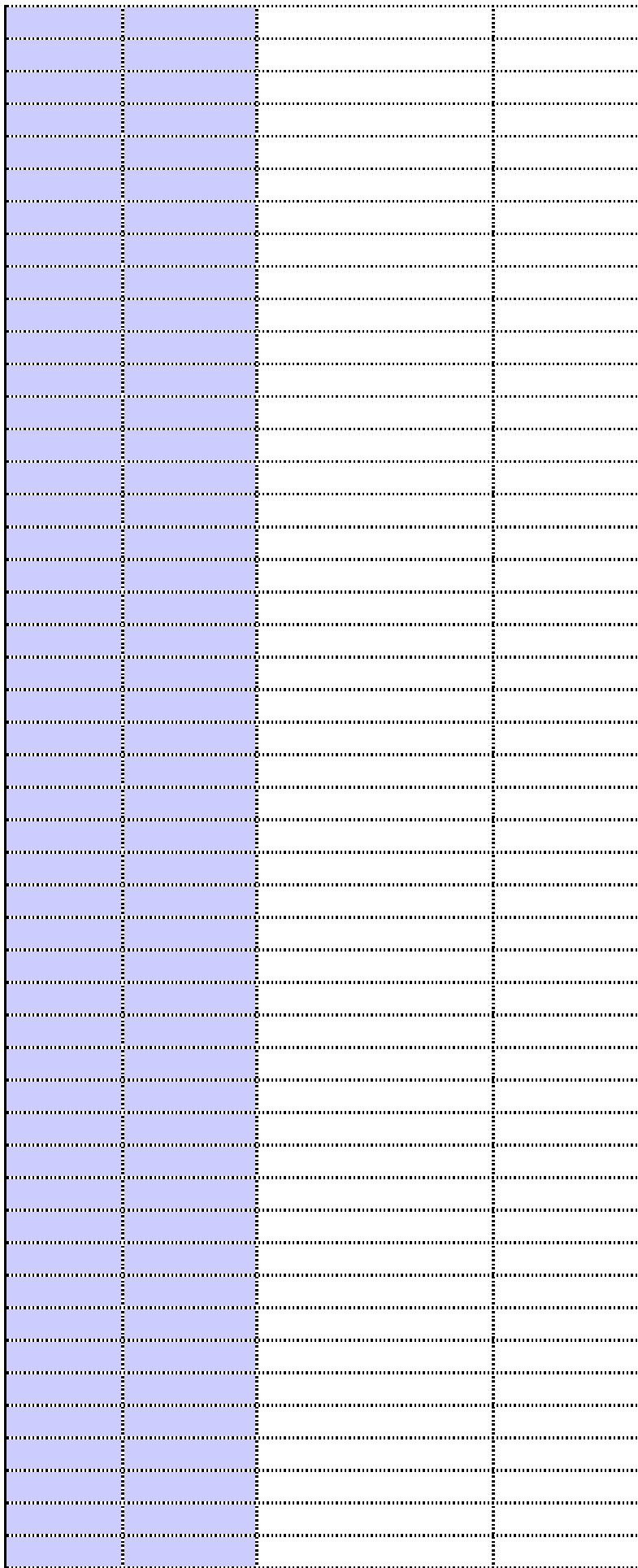


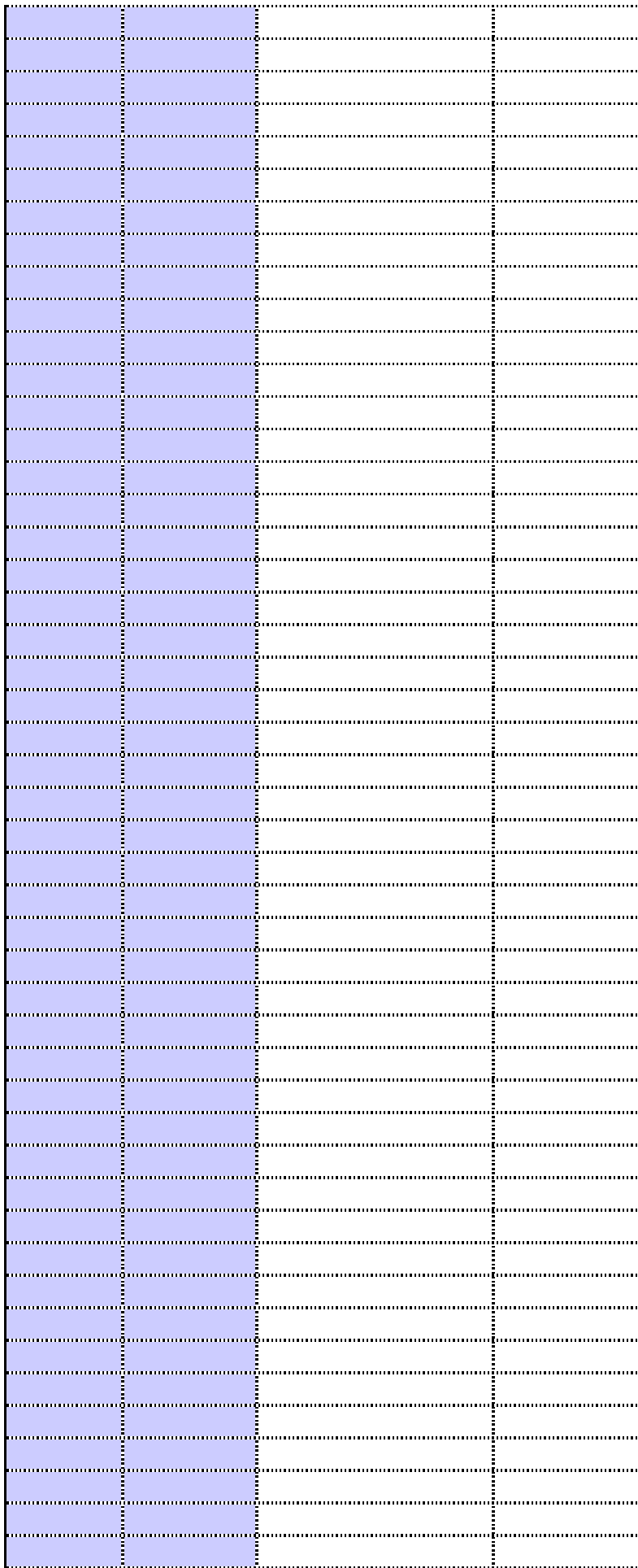


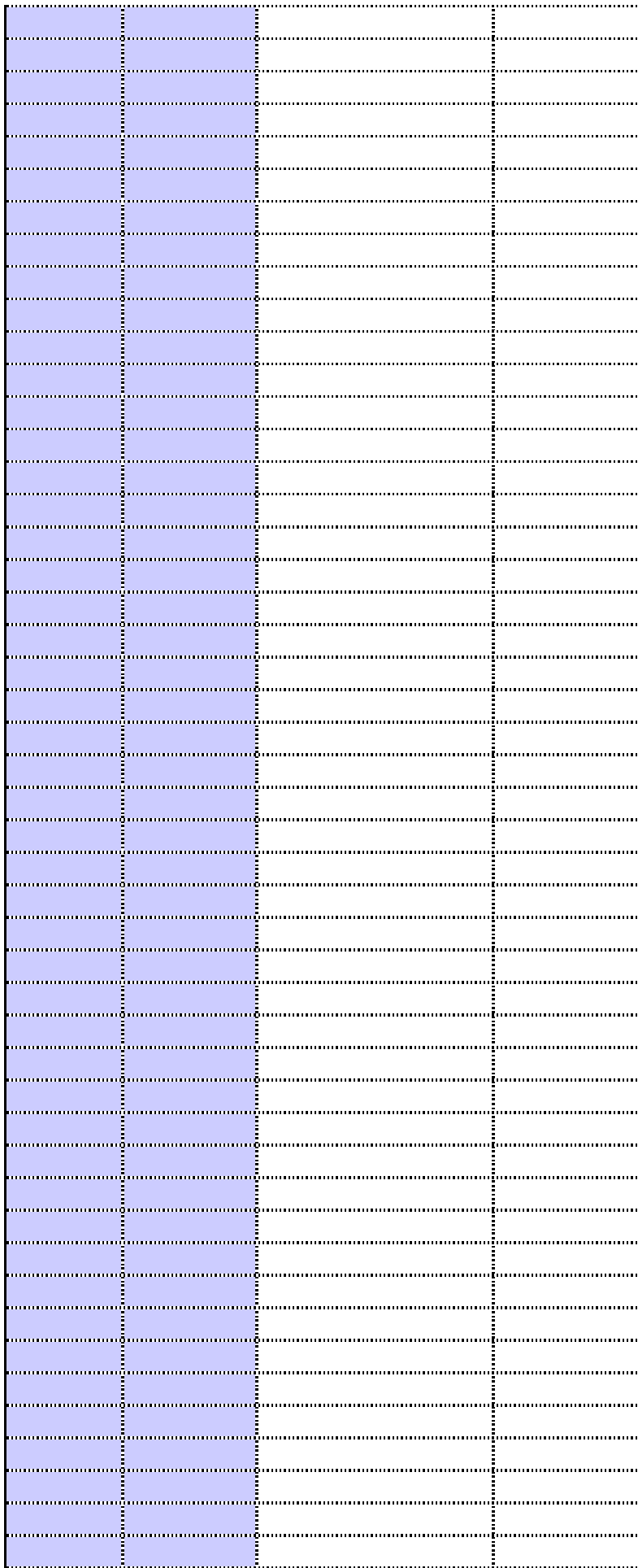


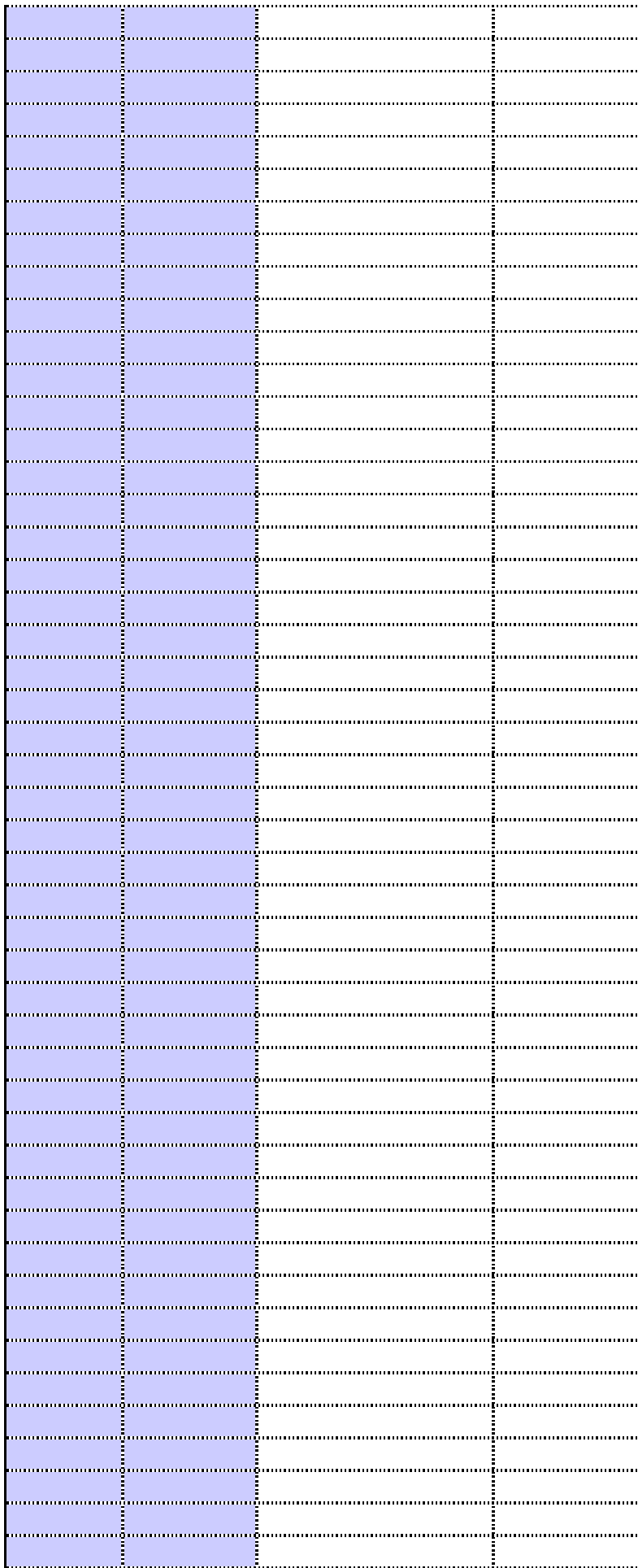


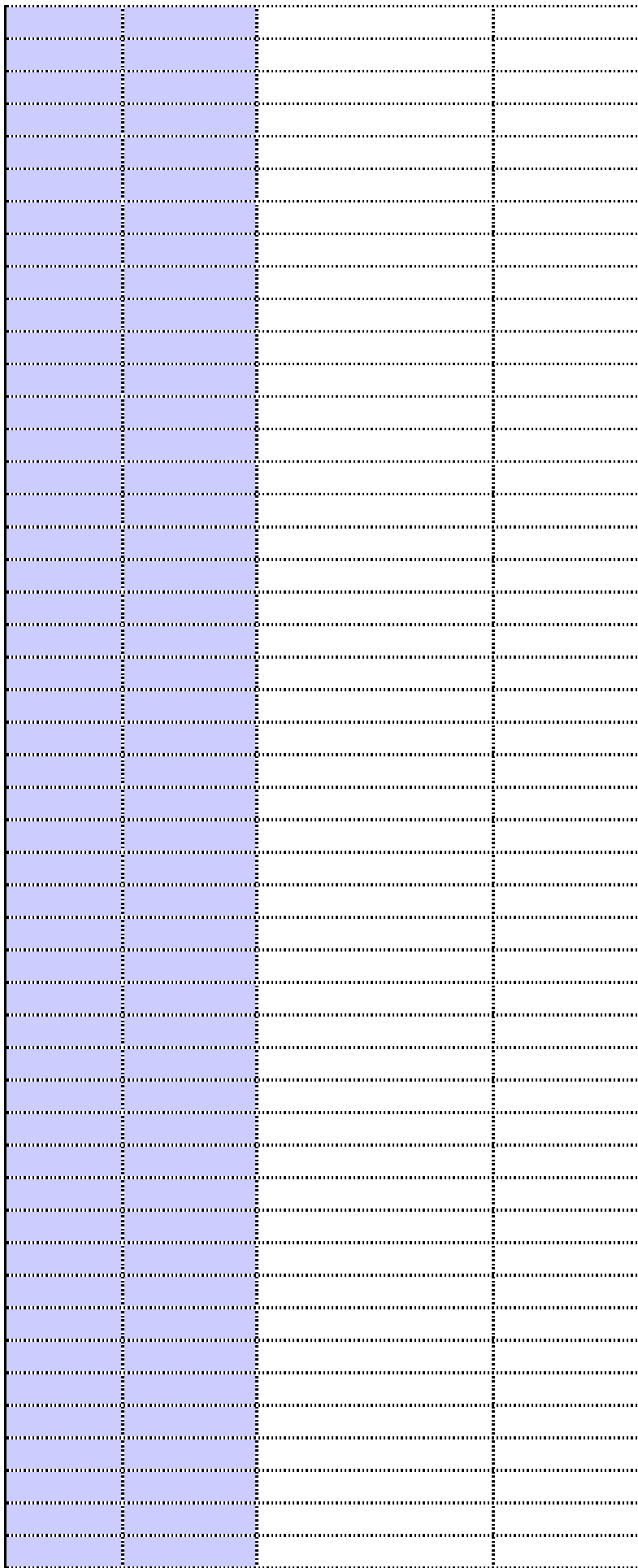


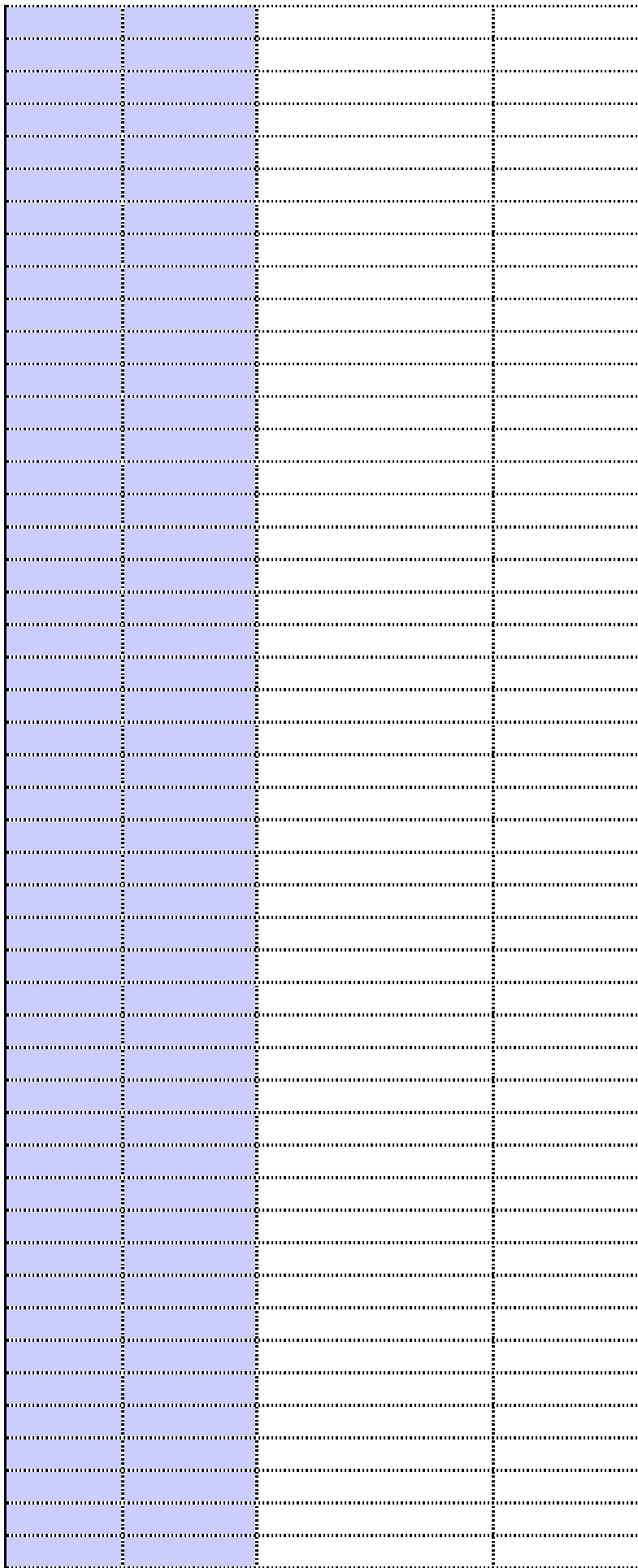


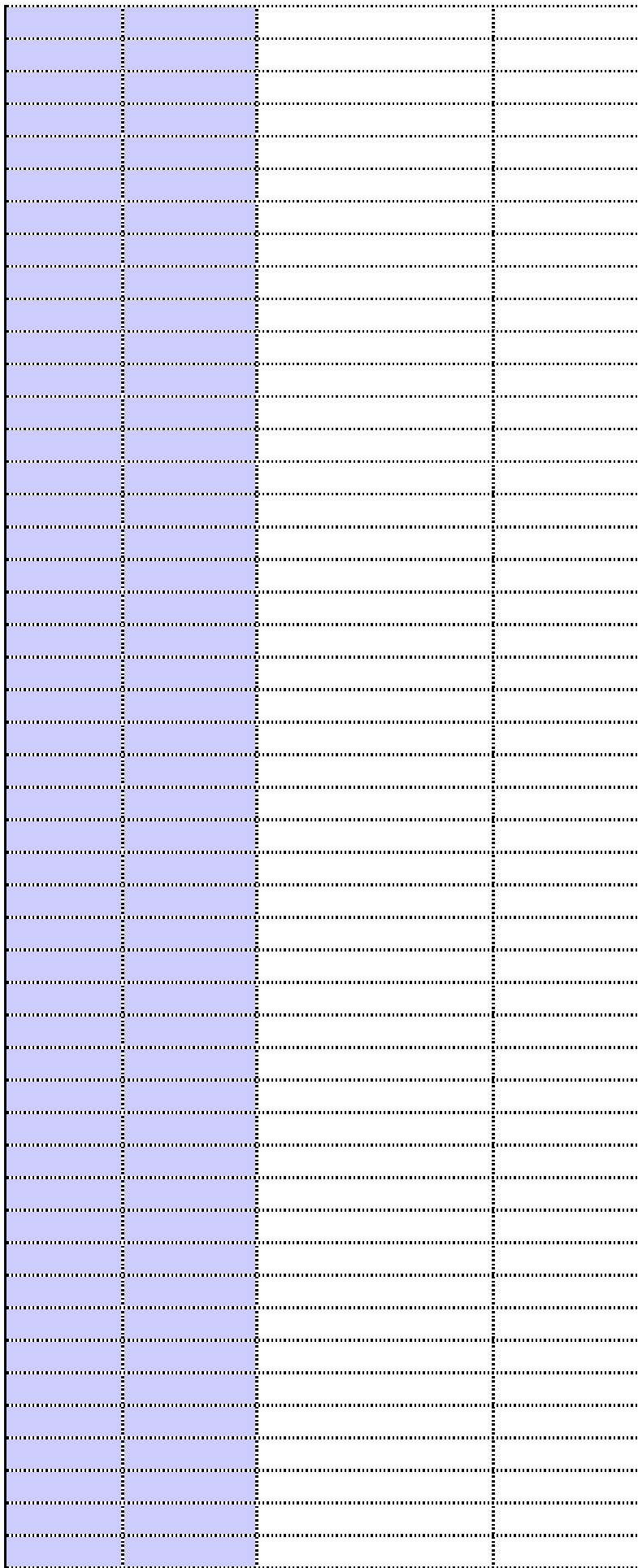


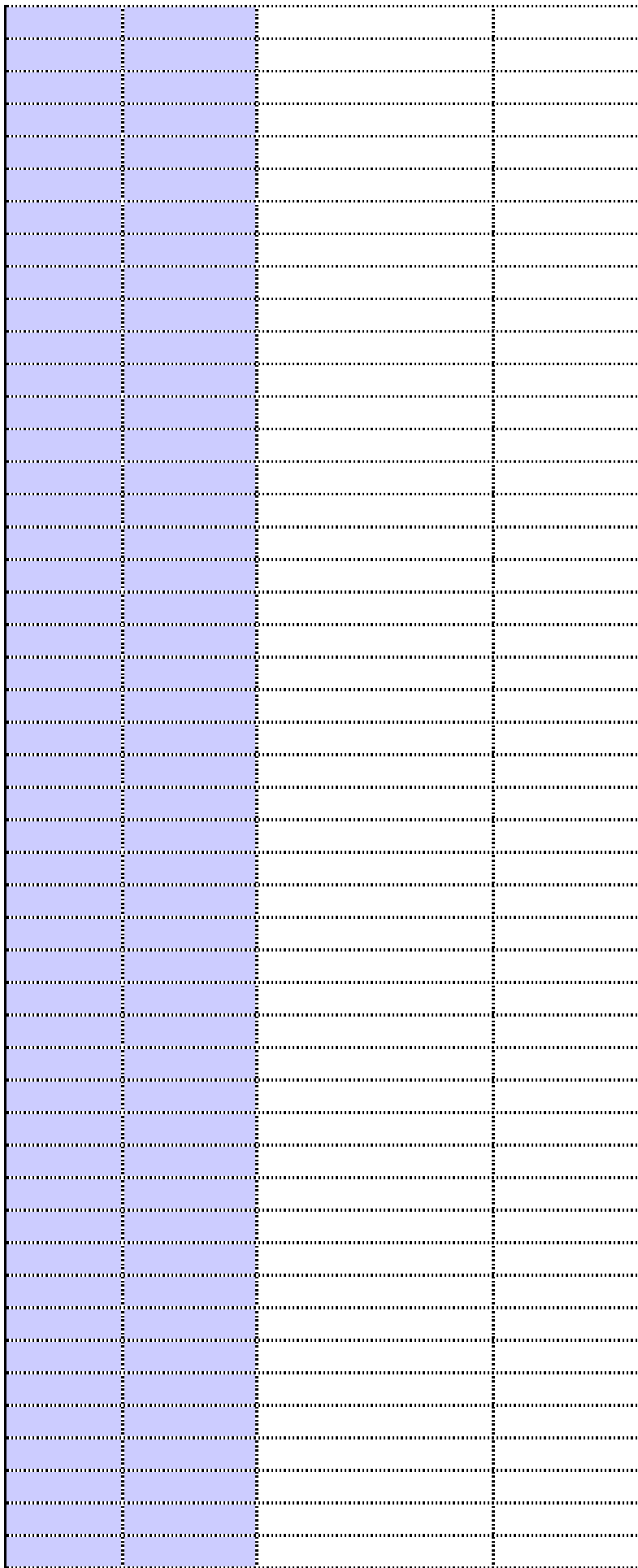


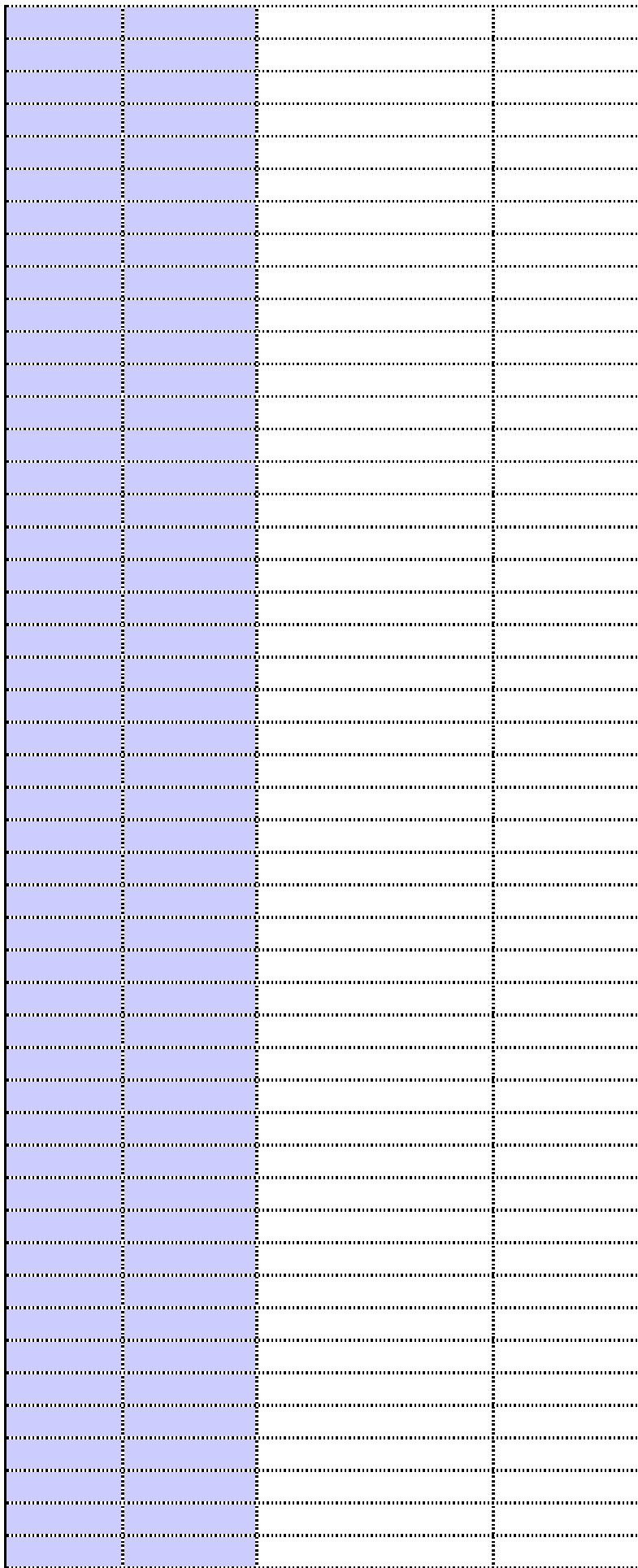


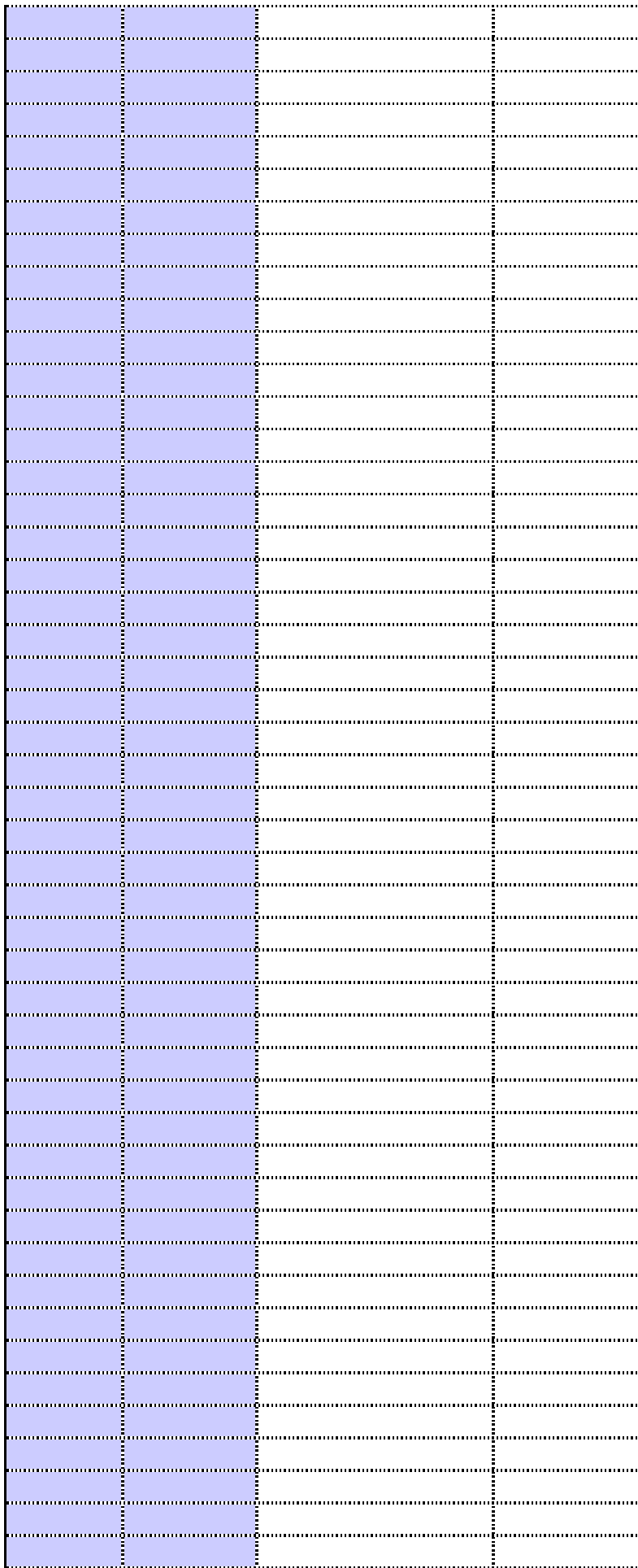


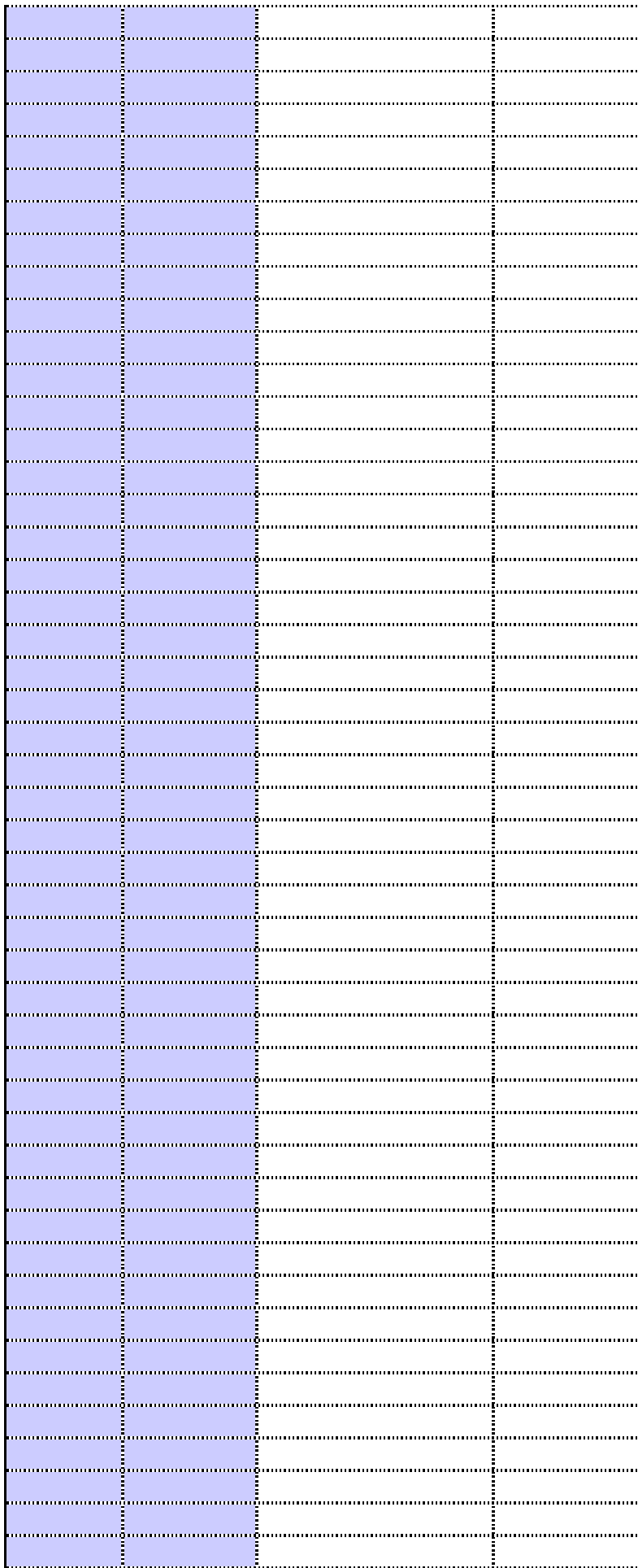


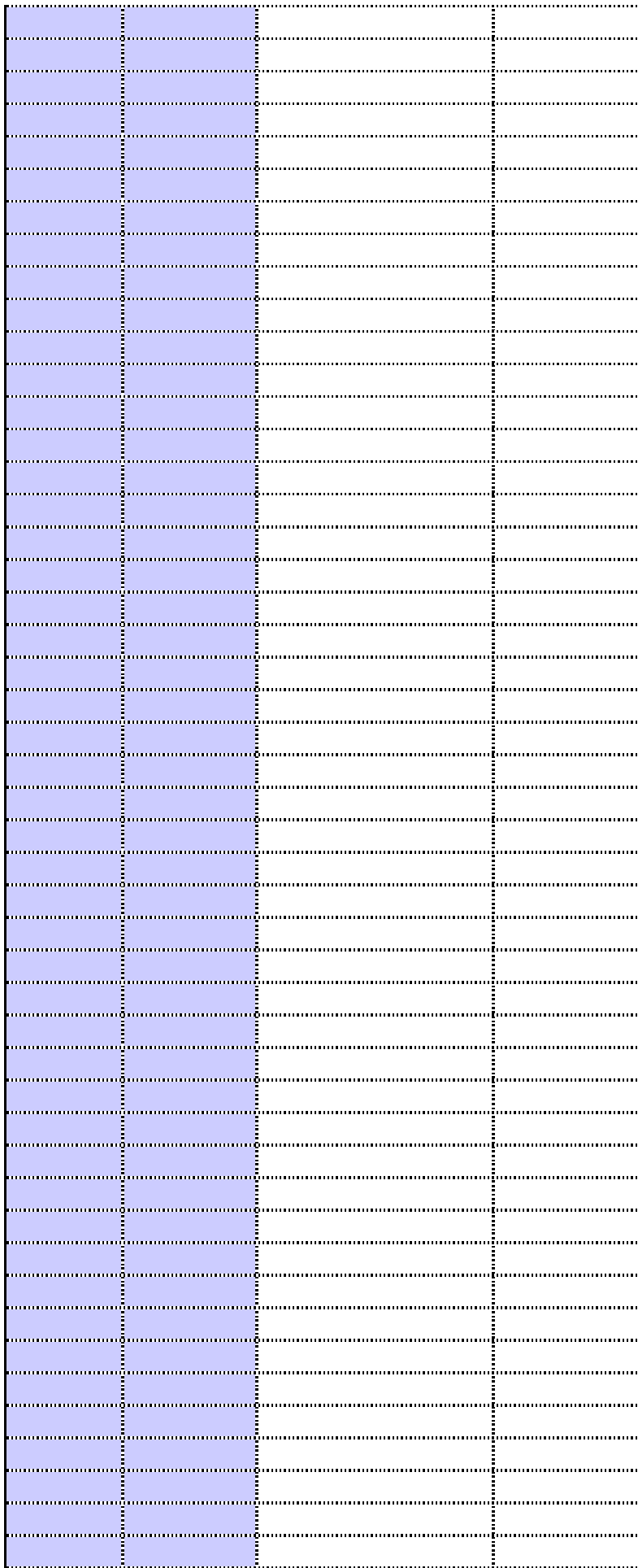


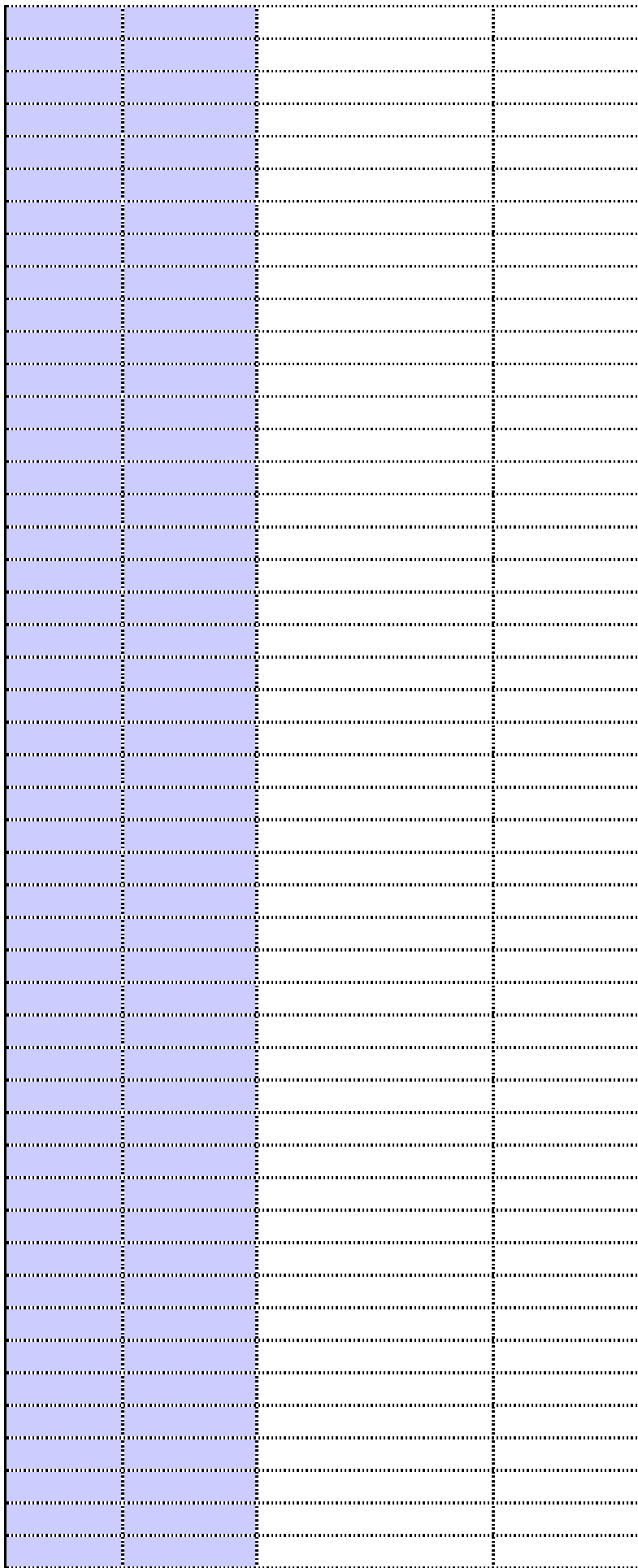


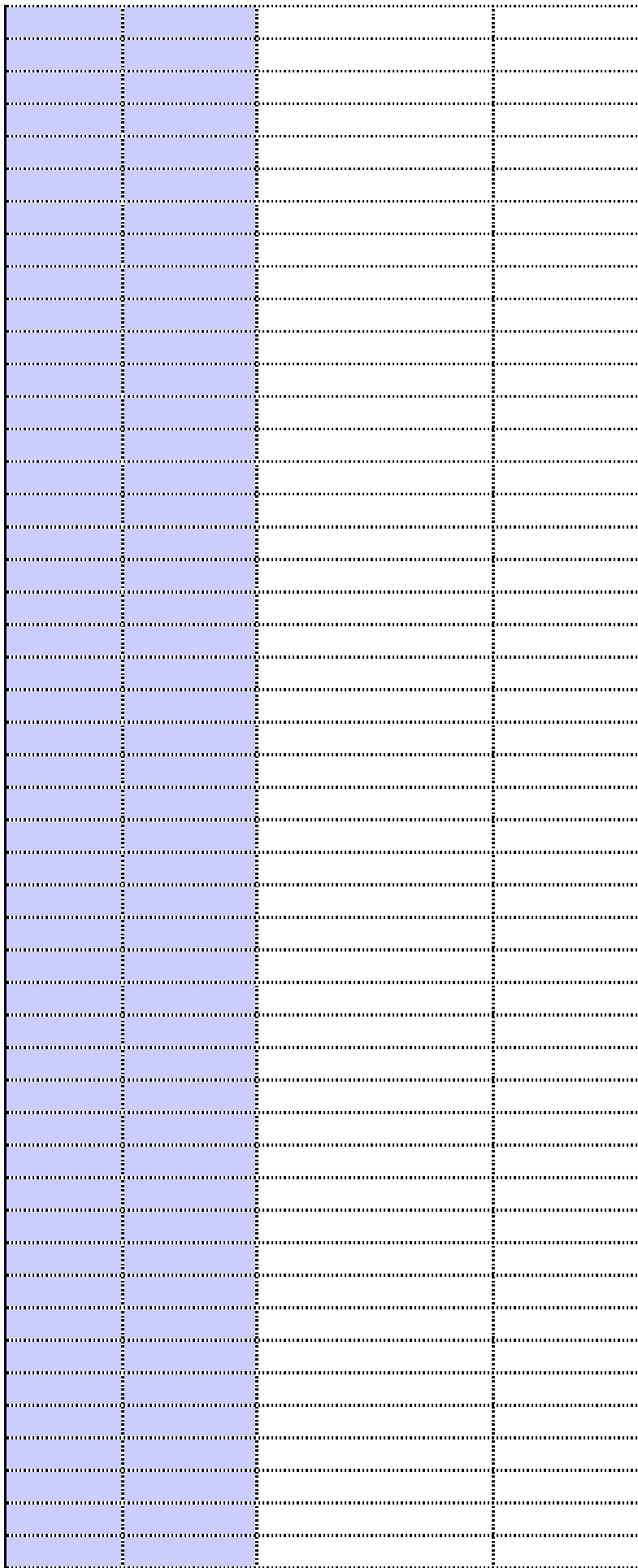


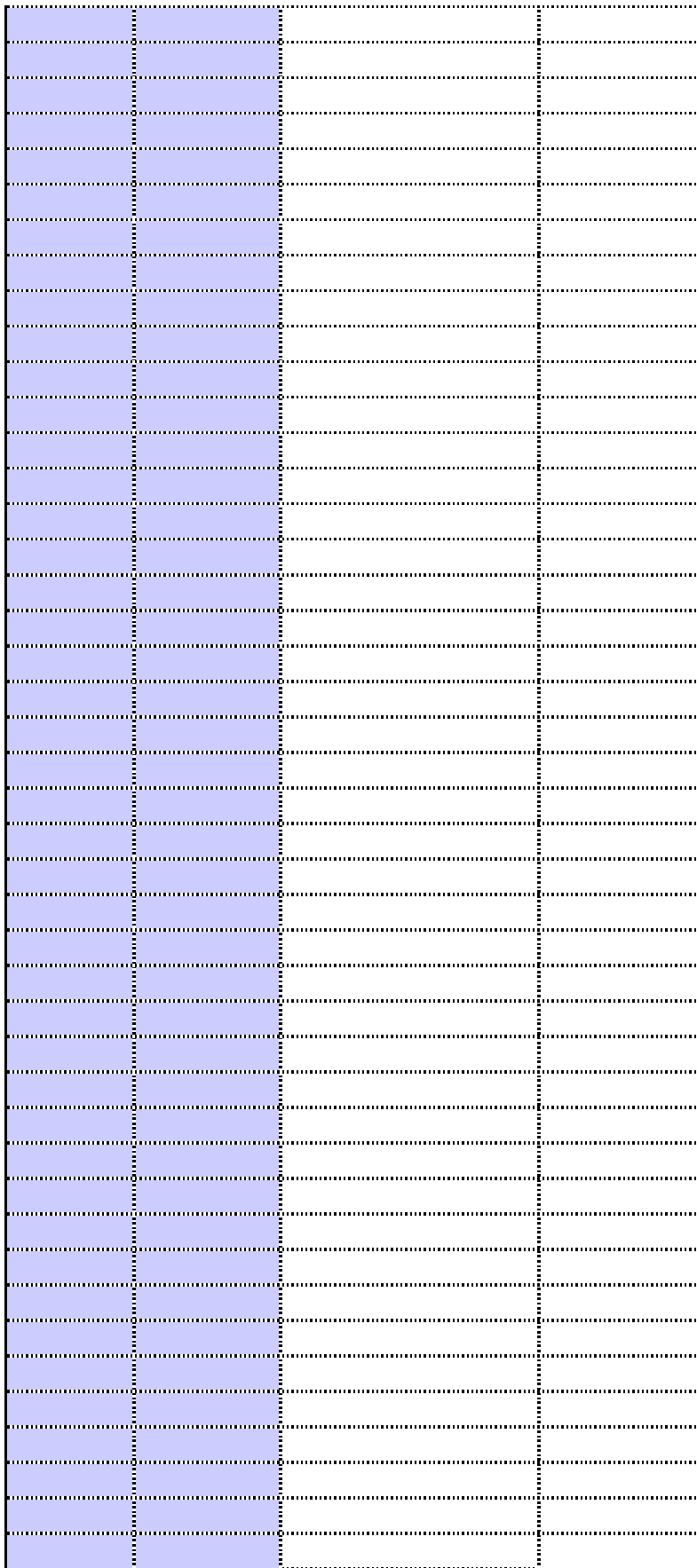












Event: Howler

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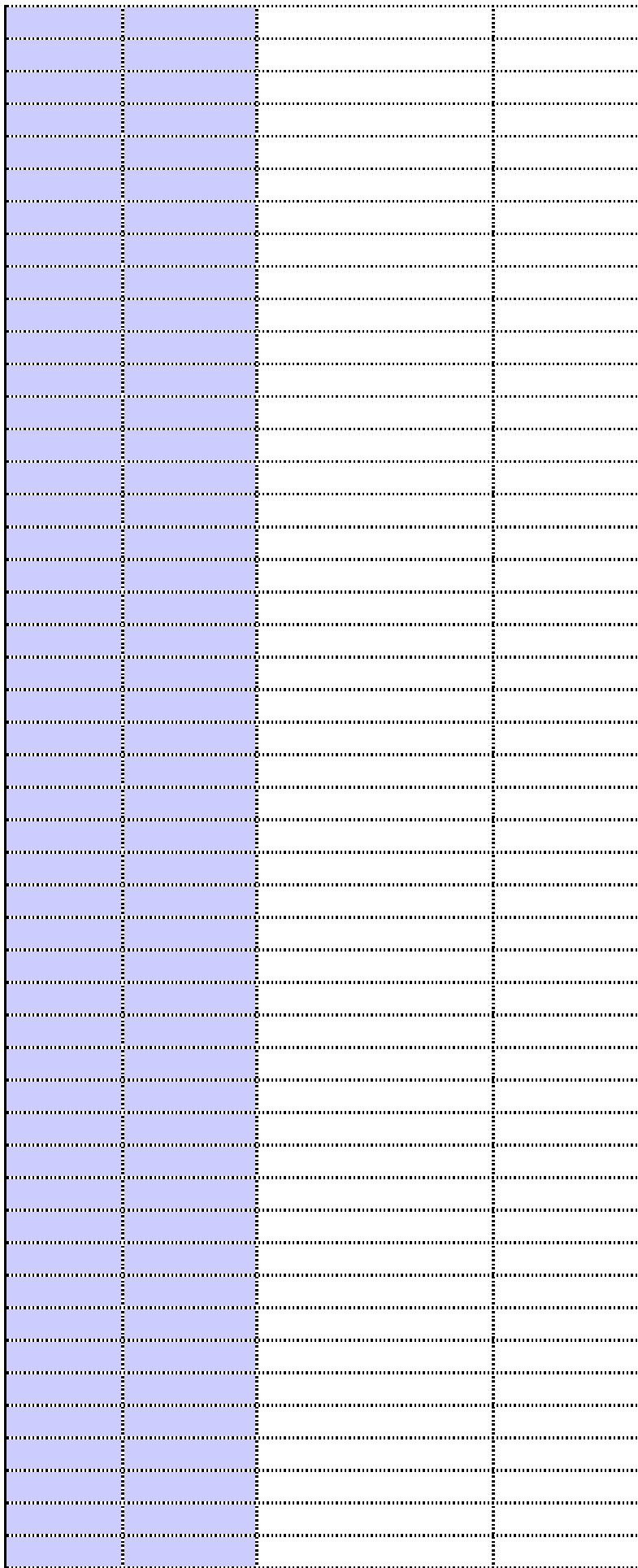
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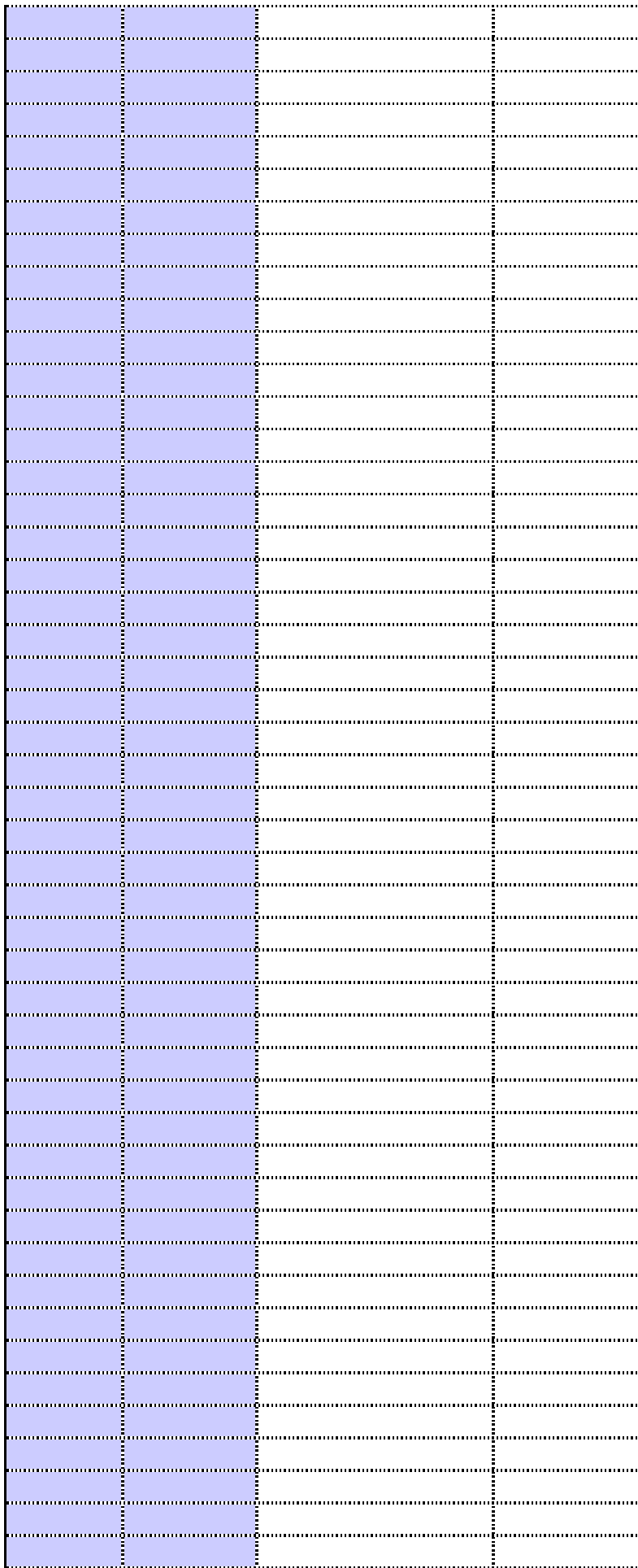
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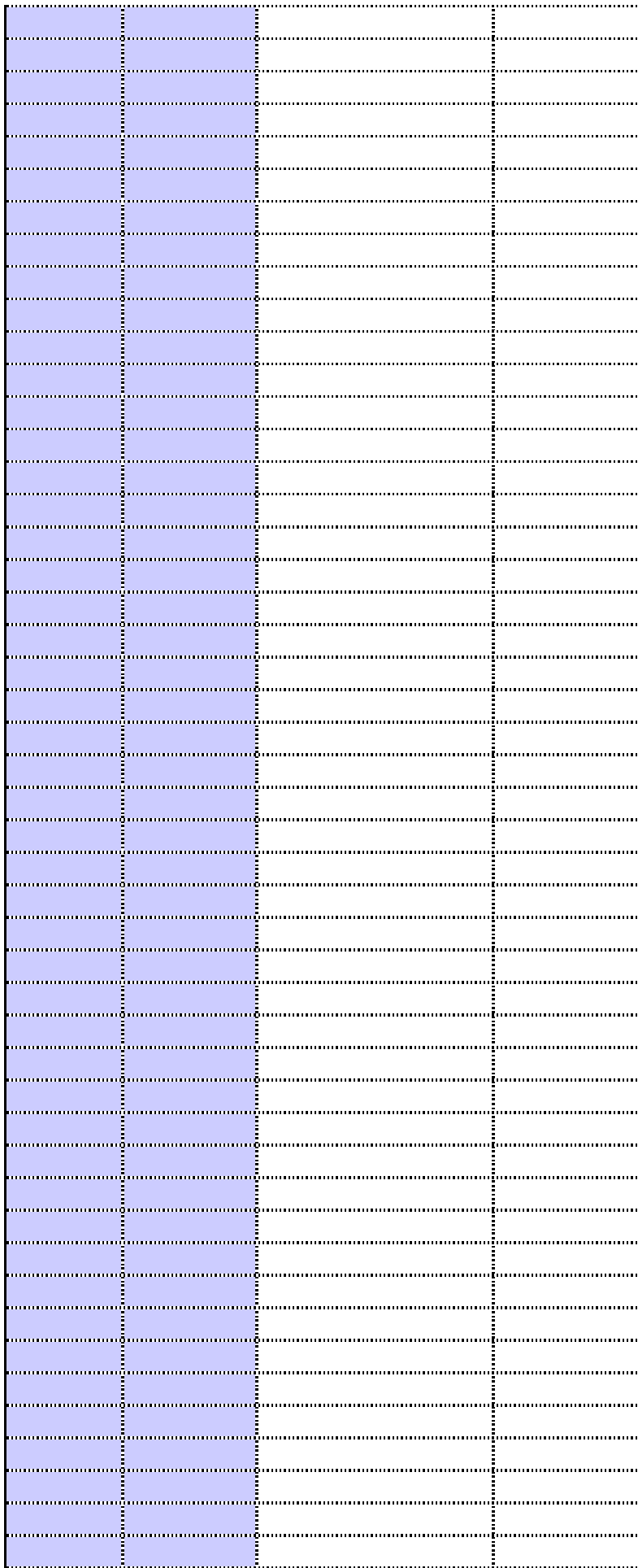
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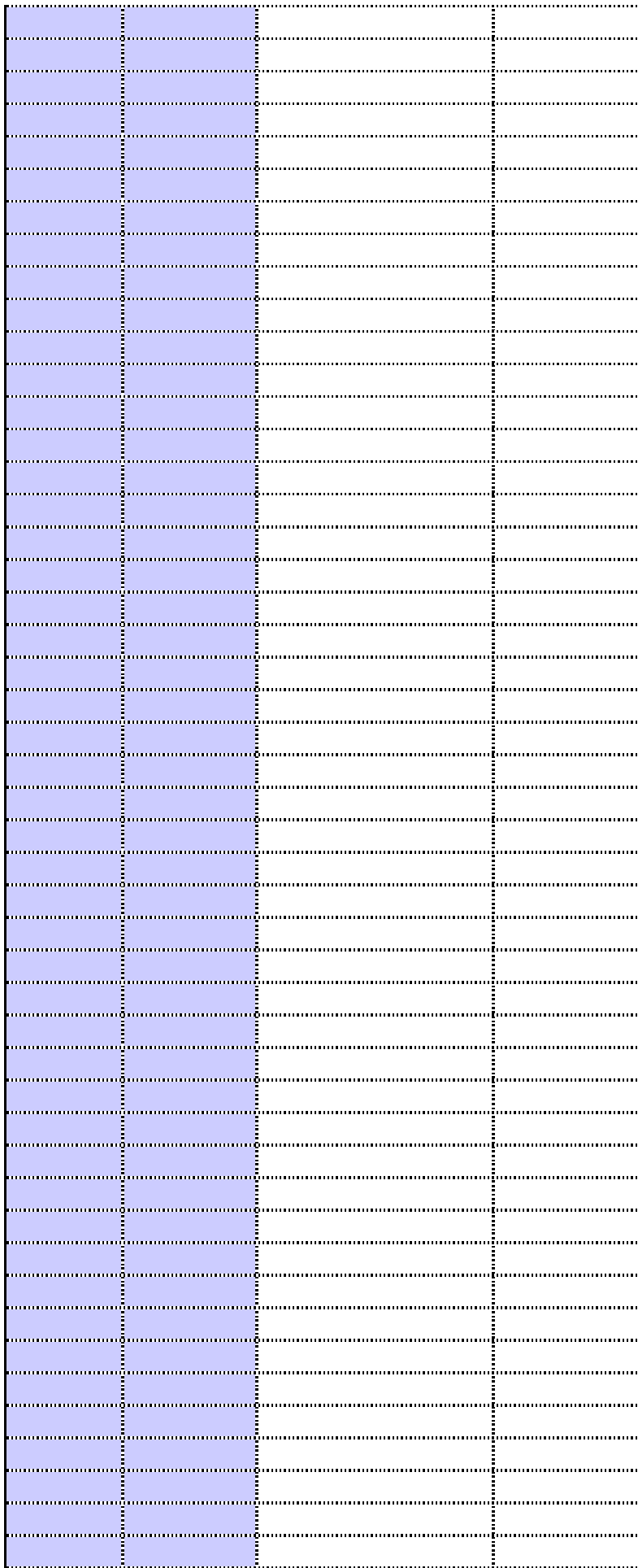
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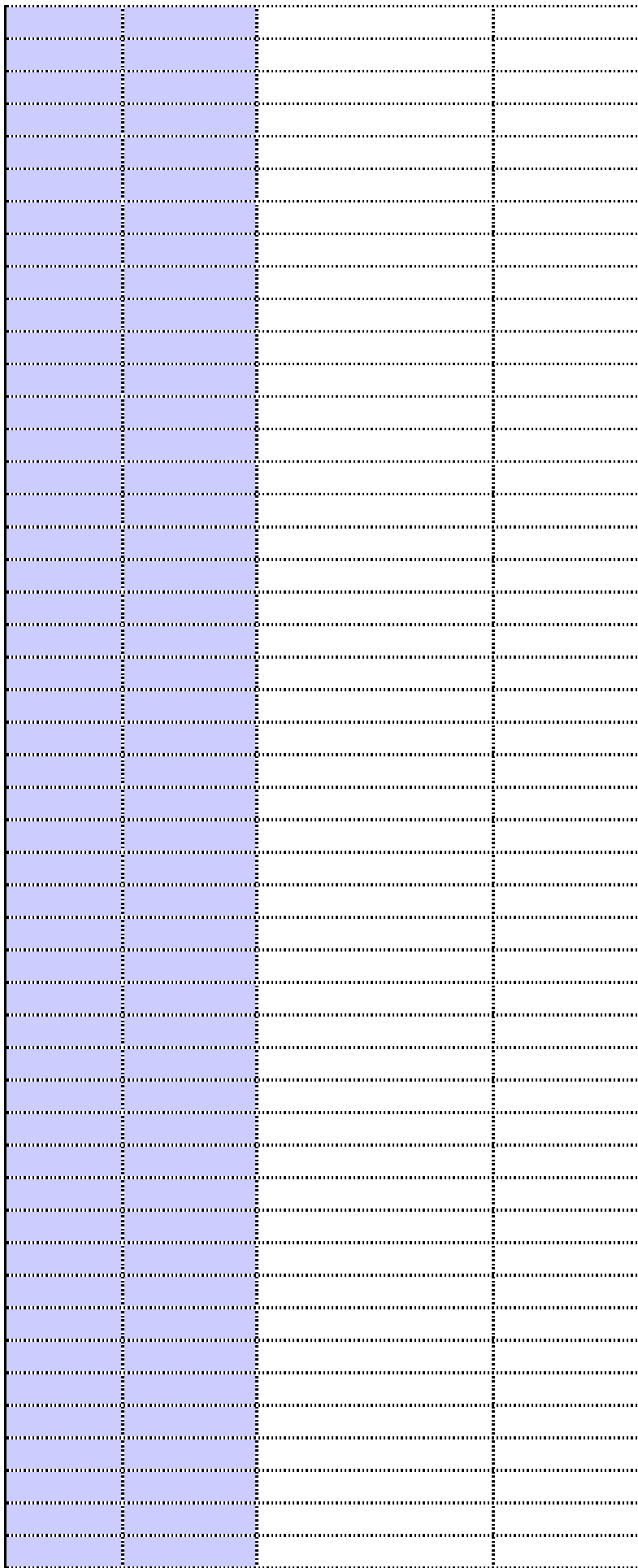
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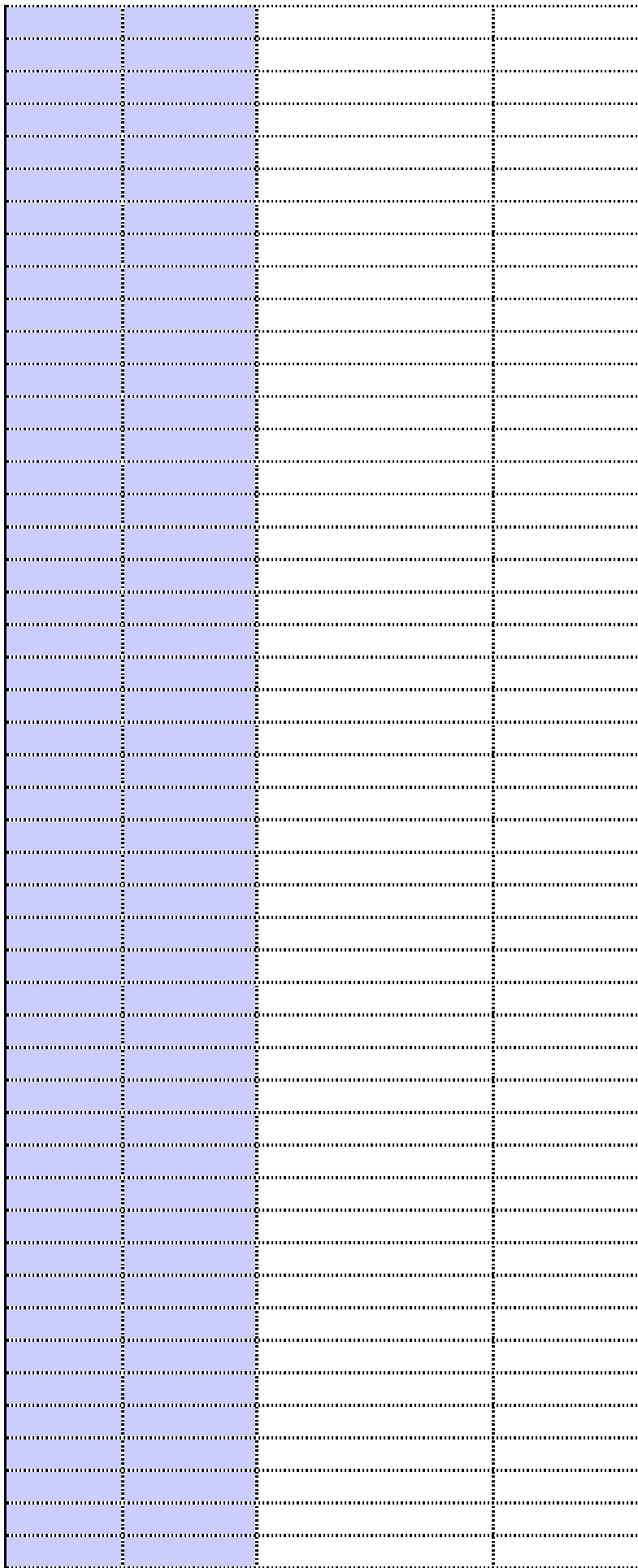


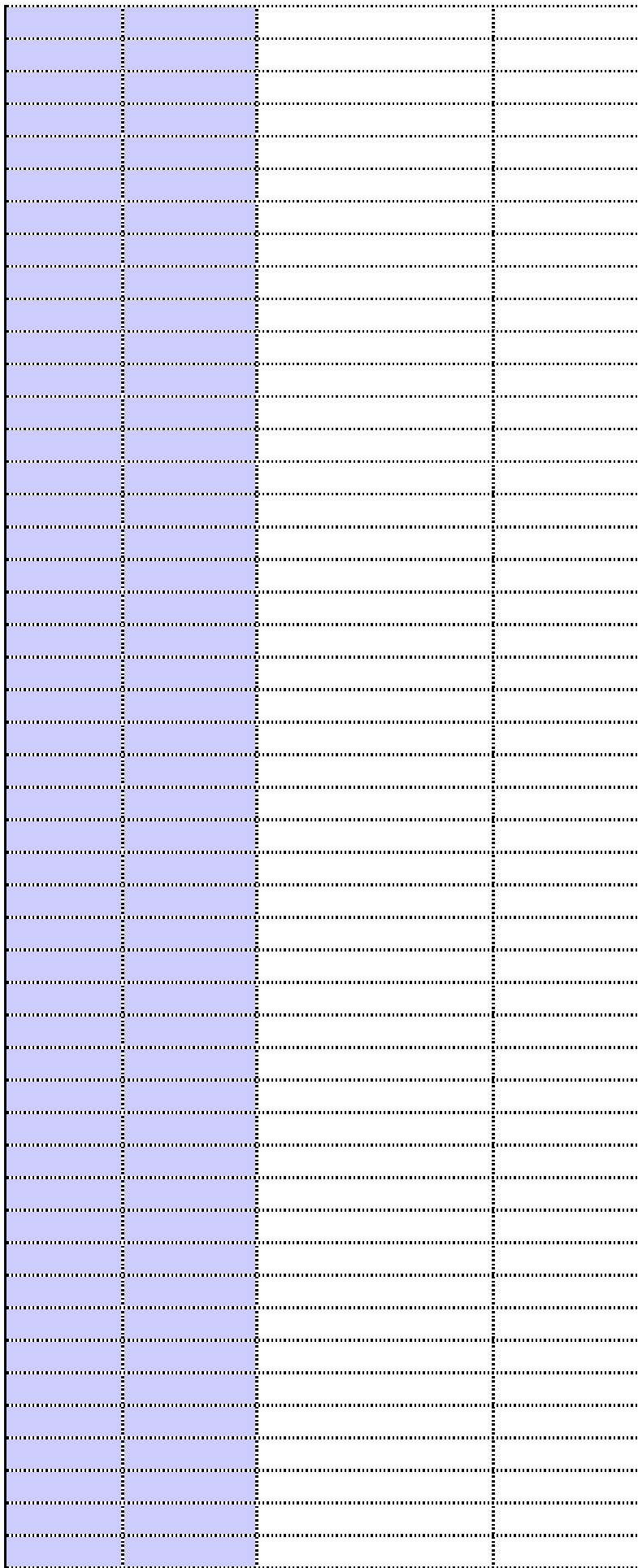


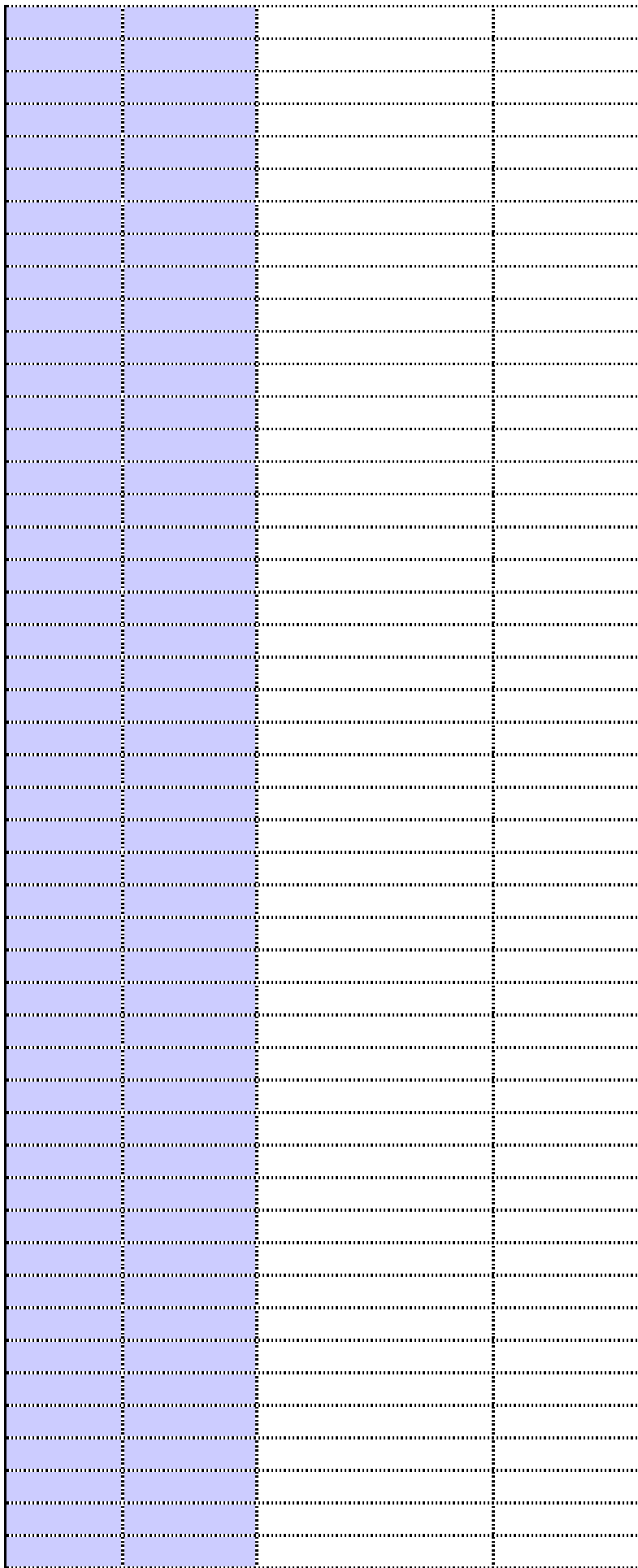


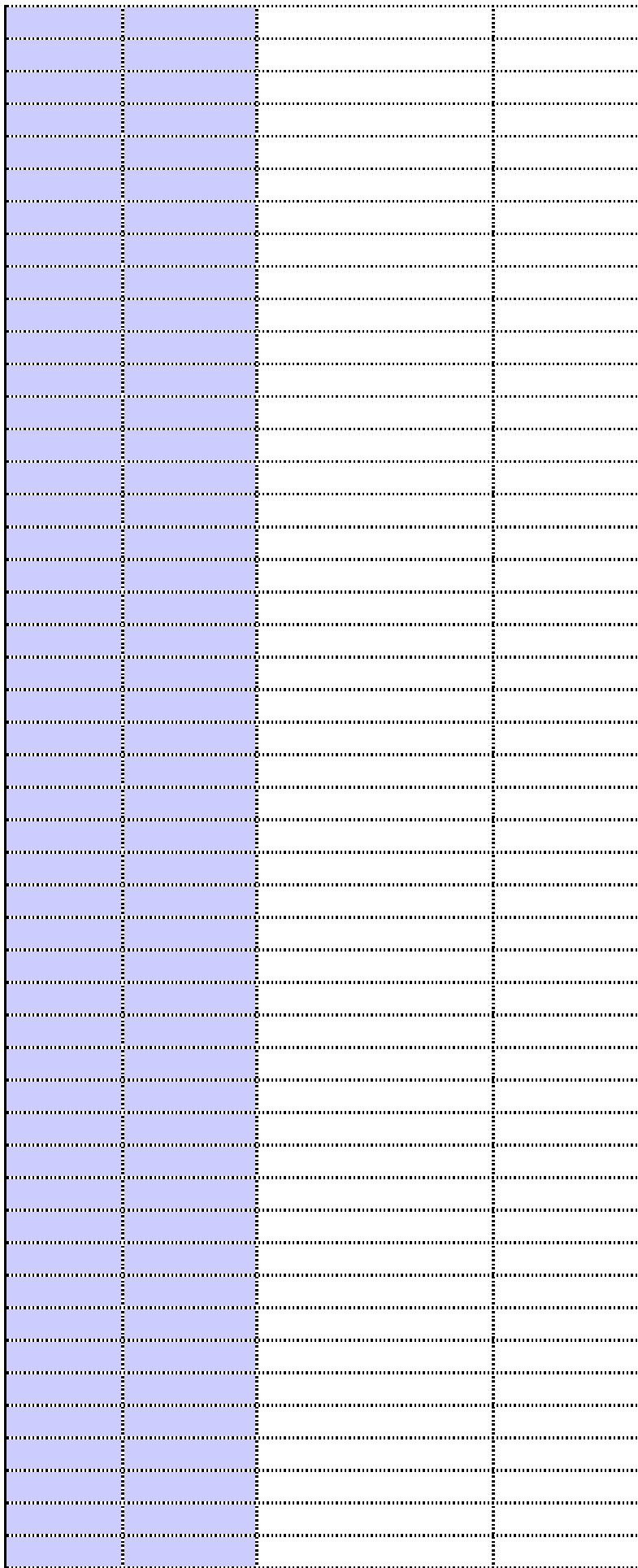


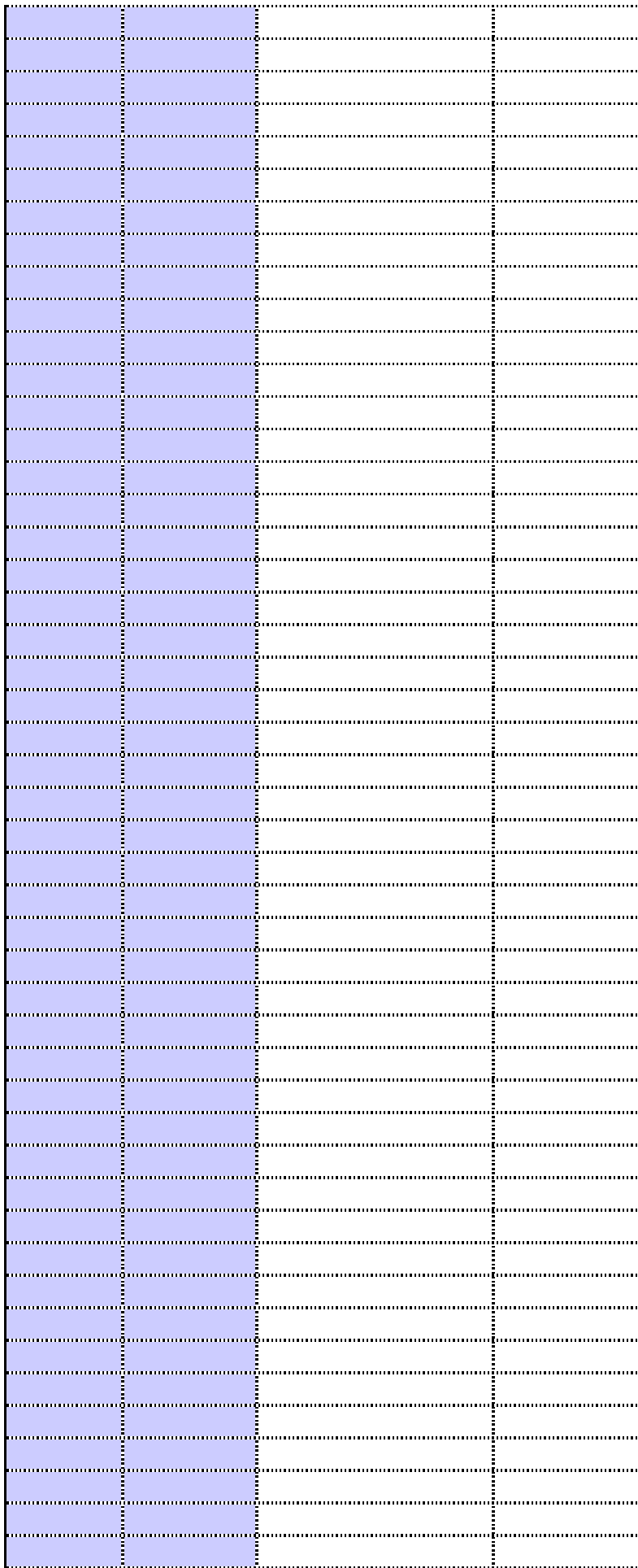


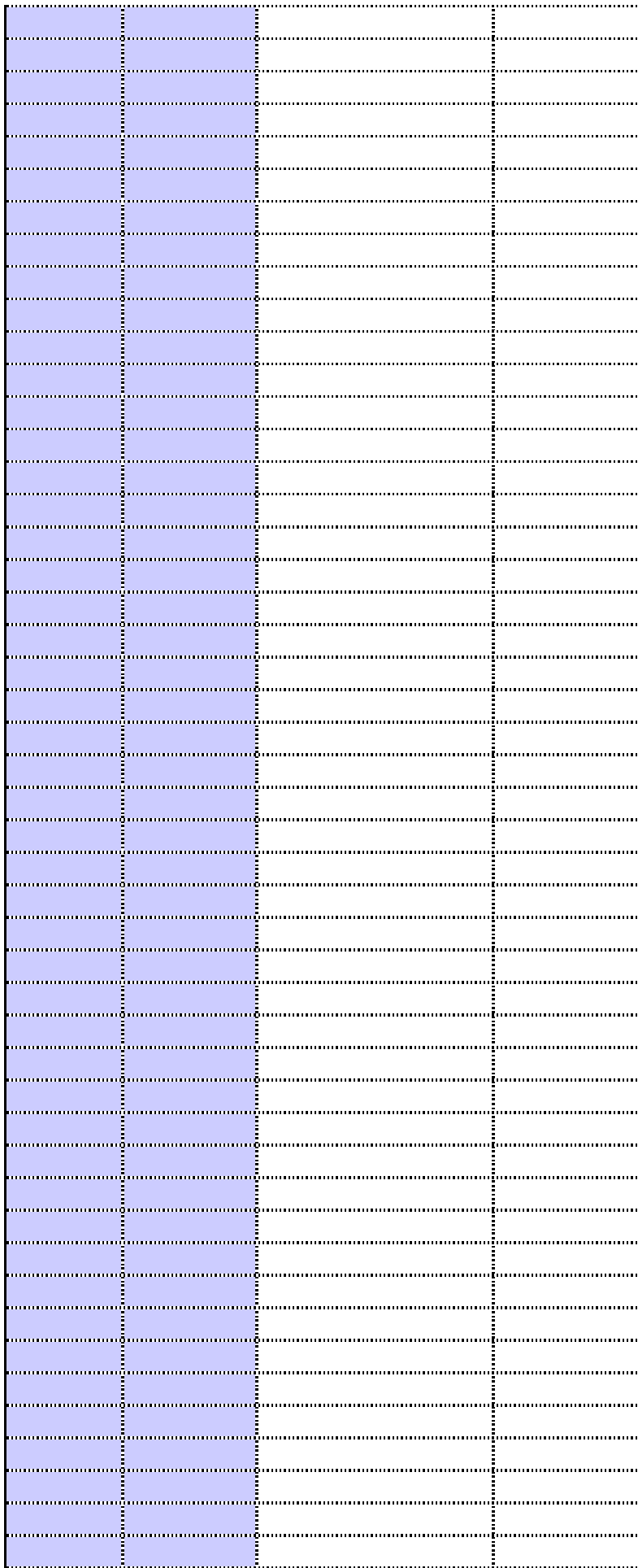


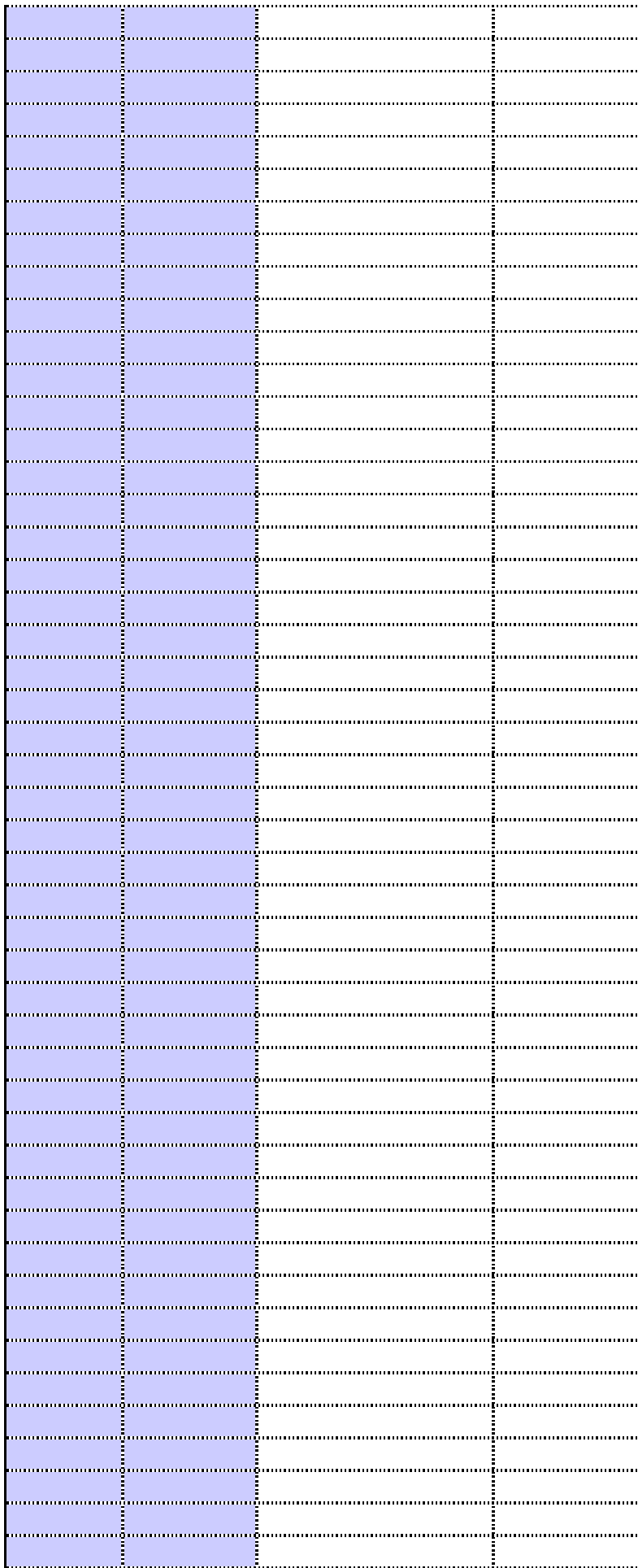


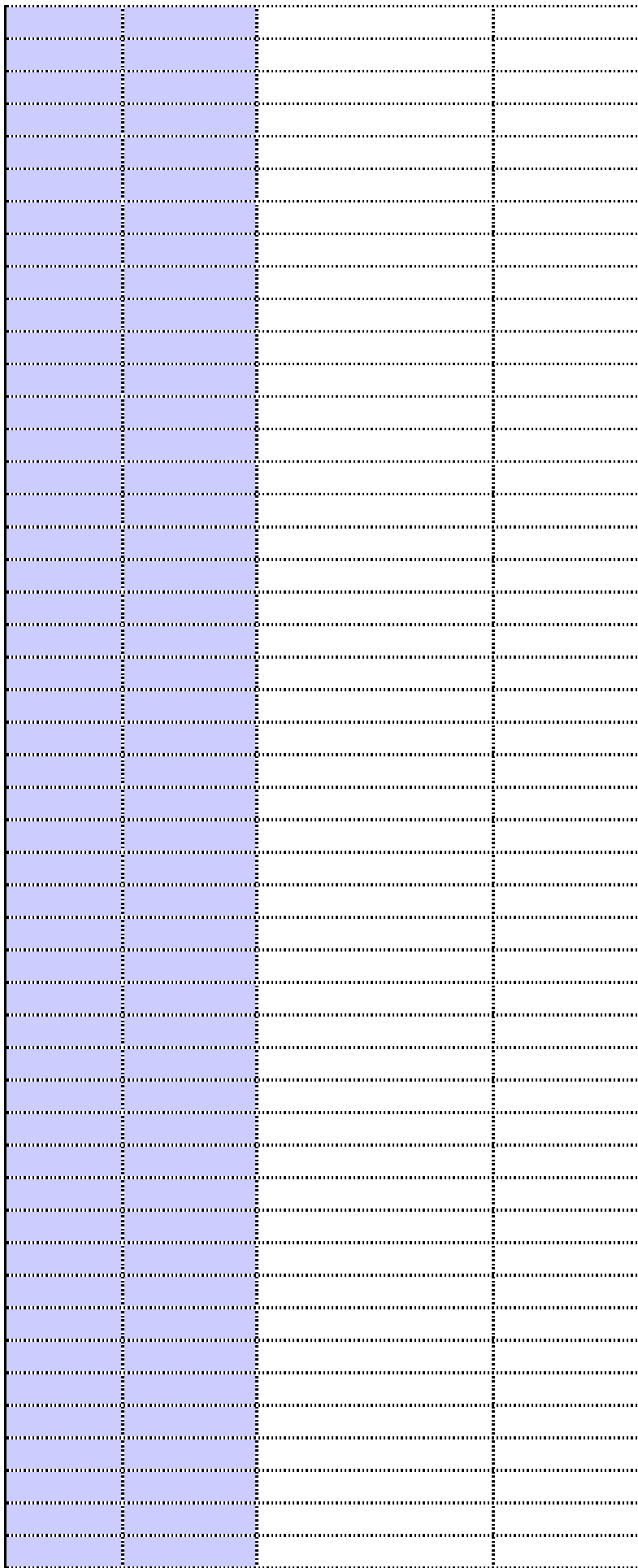


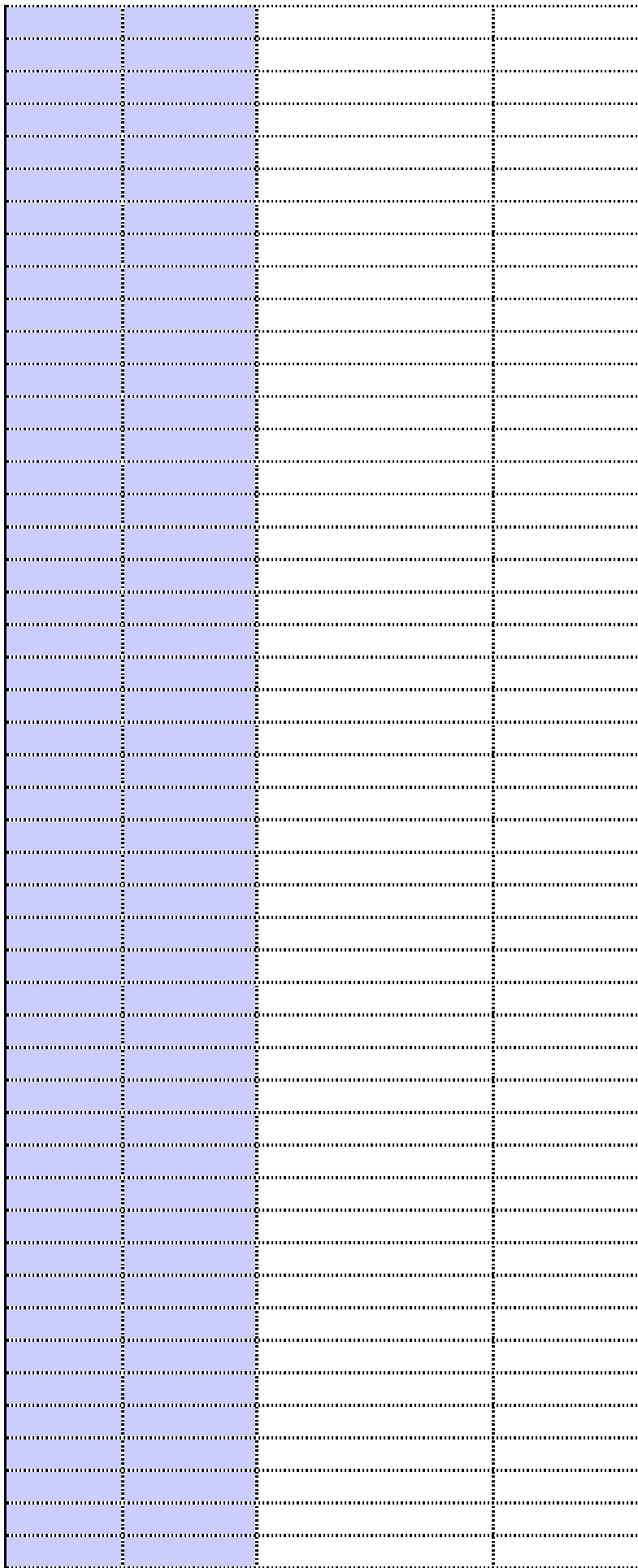


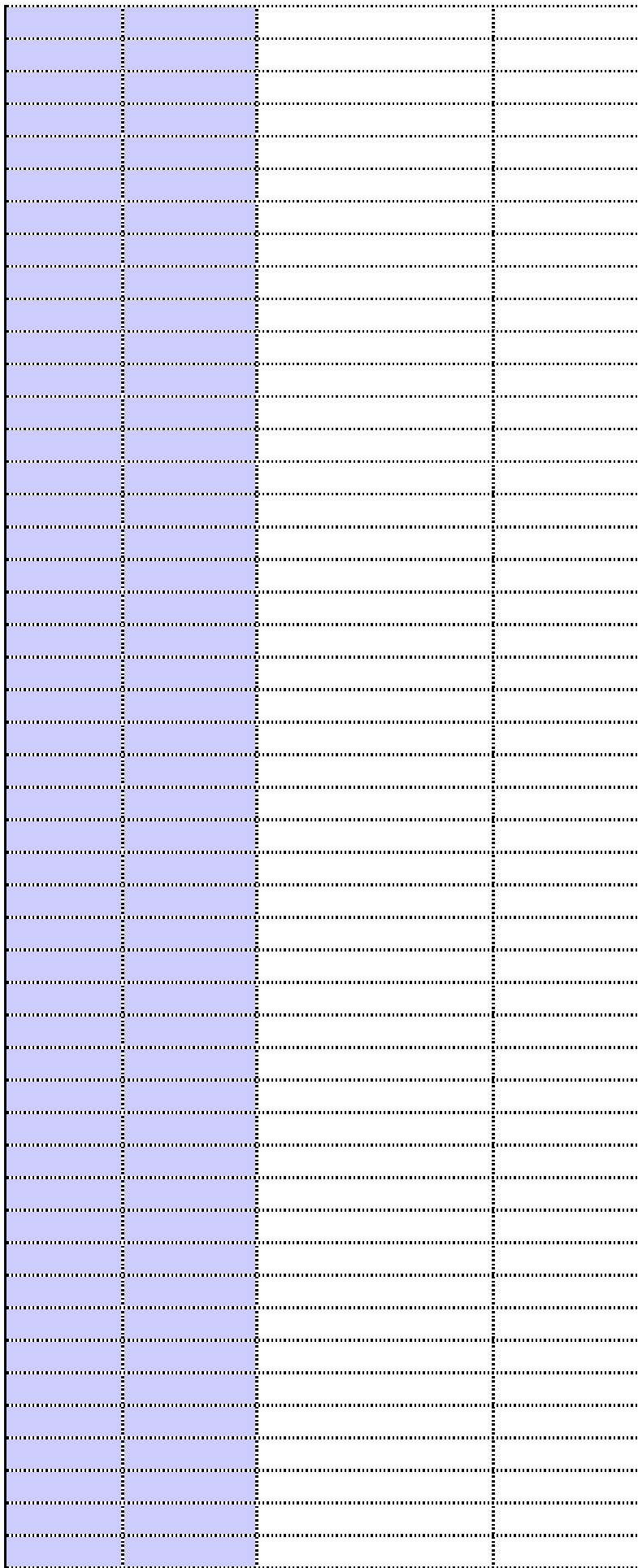


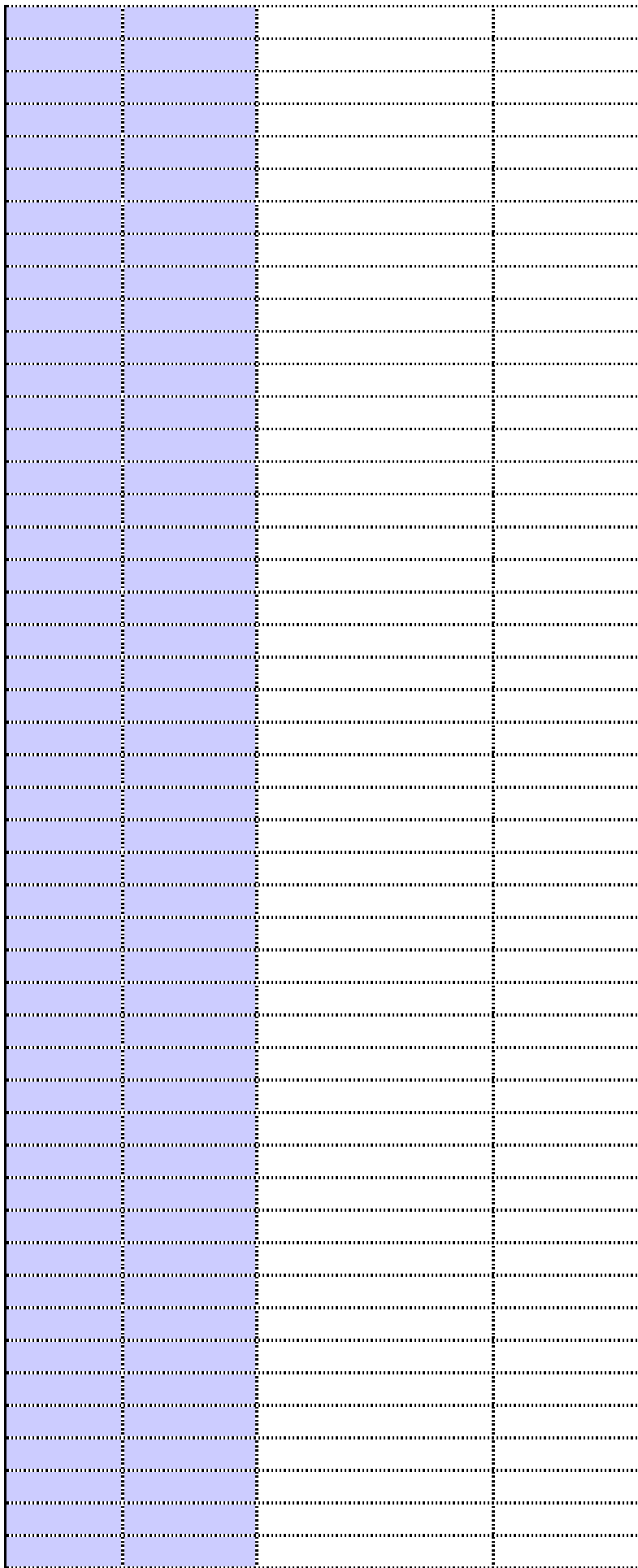


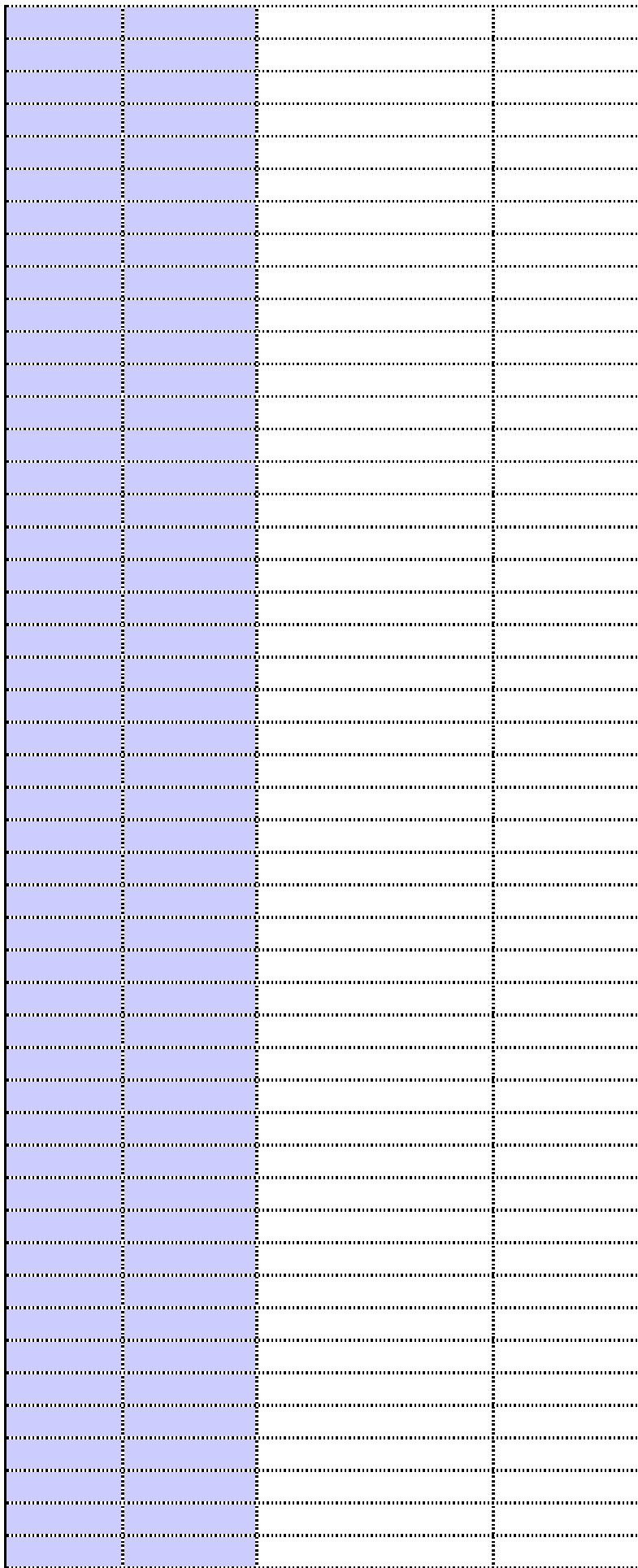


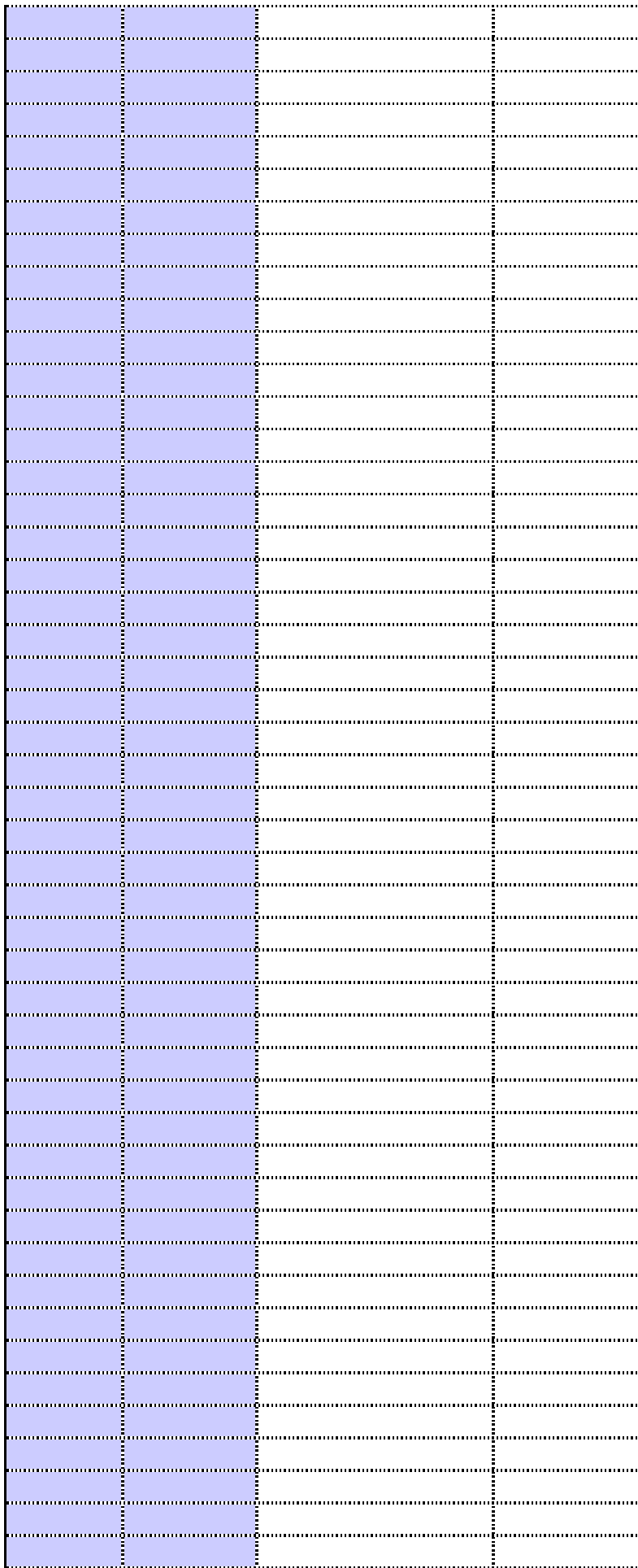


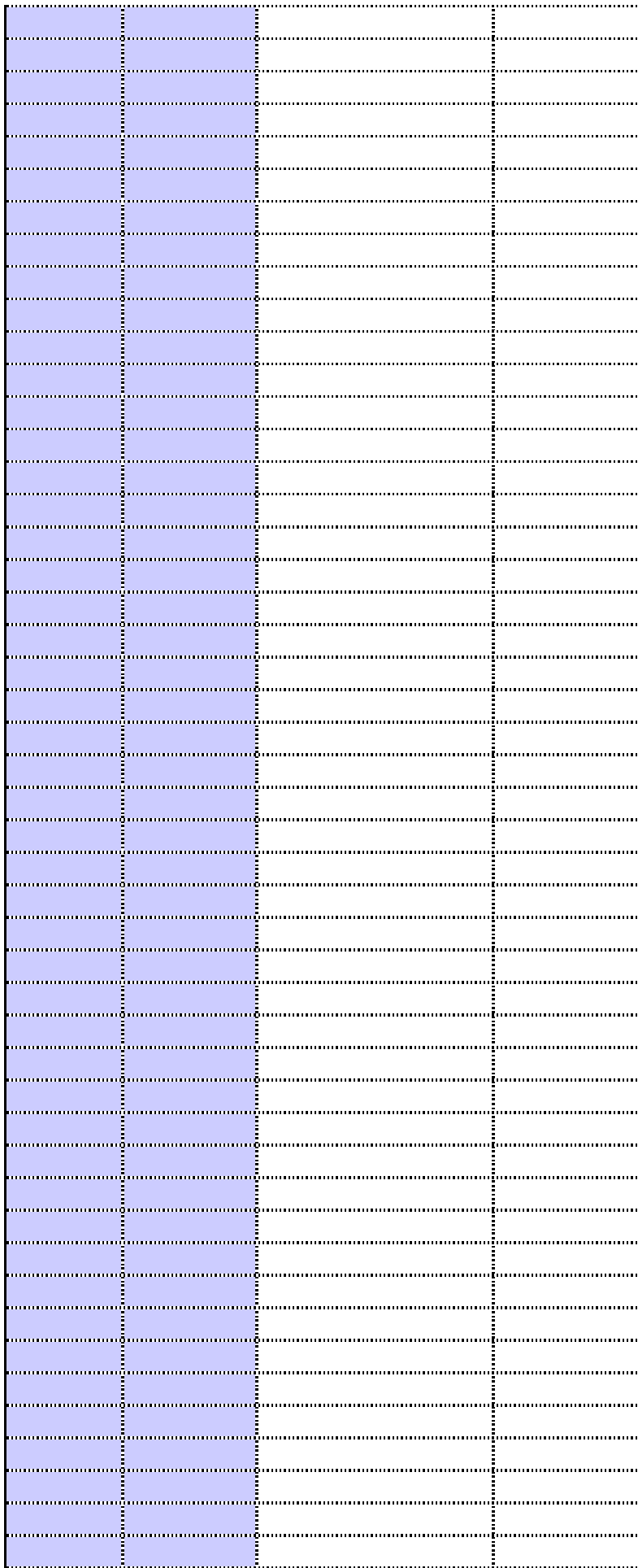


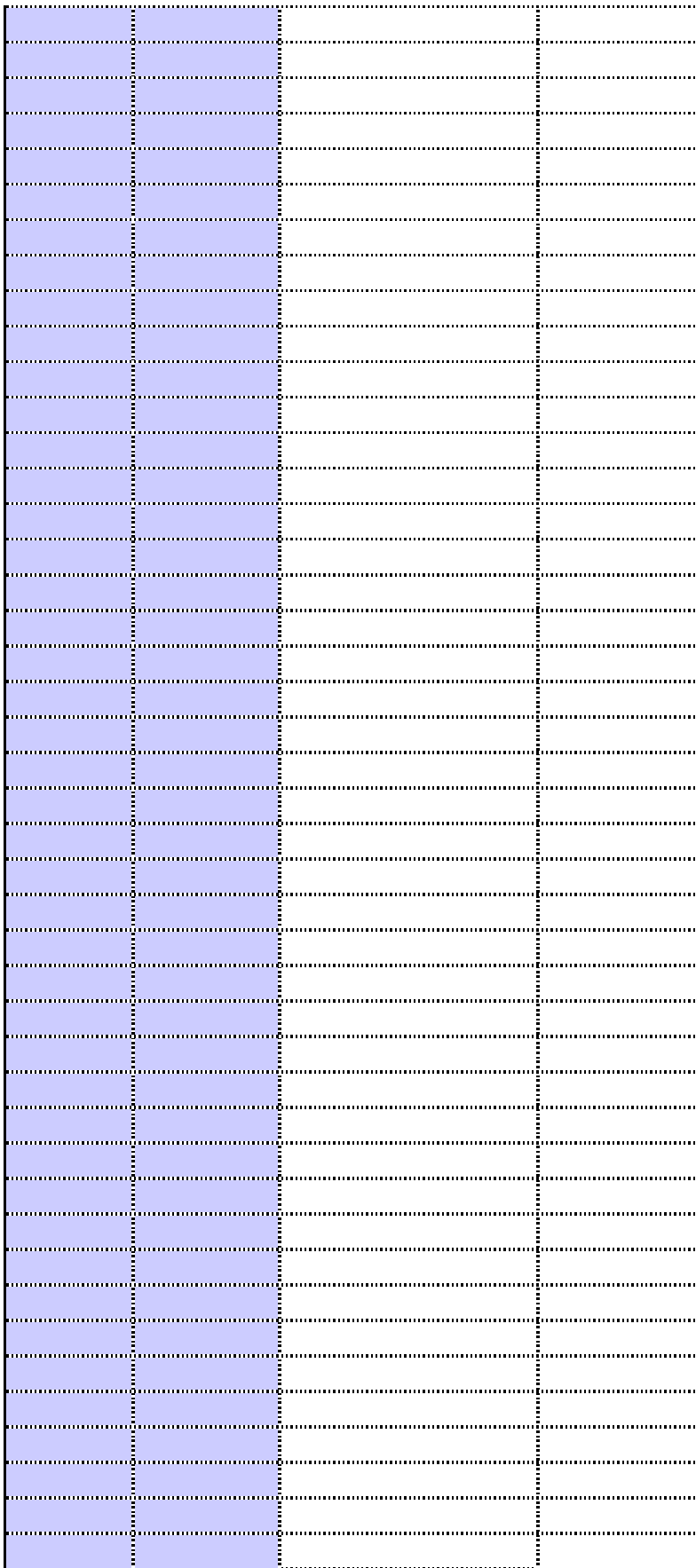












Event:

Relay

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2	Guernsey		
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4	Guest GSY		
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