The JSAC held a 5k road race at Les Platons recently. In perfect windless dry conditions some fast times were posted. Leading from the front and winning in a quick time of 15:36, was triathlete Dan Hawksworth. Chasing him hard and finishing in second, was Josh Brien, his 16:22 time winning him the run of the night award. Third man home, and recovering from yet another sub three hour marathon, was Eliot Lincoln in 17:19.

 Sylvia Thompson continued to regain fitness after injury and won the women’s race in 20:09. Second was Judith Russell in 22:36 with newcomer Mandy Evans third in a promising 23:26.

 The next JSAC race is the annual Andy Coughlan ten mile memorial race, from Big Verns car park St.Ouen to West Park via Les Peulant headland, Corbiere hill and the railway walk. 9am on Sunday the 4th of May.

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| Position | Name | Time |
| 1 | Dan Halksworth | 15-36 |
| 2 | Josh Brien | 16-22 |
| 3 | Eliot Lincoln | 17-19 |
| 4 | Jamie Barker | 17-20 |
| 5 | Jon Coote | 17-40 |
| 6 | Ollie Turner | 18.06 |
| 7 | J J Gallichan | 18.49 |
| 8 | Phil Faulkner | 20.01 |
| 9 | Sylvia Thompson (L) | 20.09 (W) |
| 10 | Dave Woodsford | 21.12 |
| 11 | Paul Huddleston | 21-40 |
| 12 | Bernie Arthur | 22.12 |
| 13 | Judith Russell (L) | 22.36 (W) |
| 14 | Mandy Evans (L) | 23.26 (W) |
| 15 | Sue Mawson (L) | 23.39 (W) |
| 16 | Paul Alker | 24.28 |
| 17 | Lyndon Farnham | 24.45 |
| 18 | Emma Shields (L) | 27.34 (W) |
| 19 | Marie Whittaker (L) | 29-20 (W) |