

Jersey Spartan Fitness First Spring 10k 2009 Men's results

Place	Name	Woman/girl (w)	Time
1	Sam Maher		6.10
2	Dave Holmes		6.17
3	Isaac du Val		6.31
4	Daniel Thomas		6.53
5	Jack Kennedy		6.55
6	Peter Holmes		6.59
7	Will Atkinson		7.13
8	Isaac Dodds		7.18
9	Thomas Atkinson		7.21
10	Freddie Lucas		7.29
11	Jon Coote		7.32
12	Florence Gothard	w	7.39
13	Luke Homes		7.39
14	Freddie Pollard		7.51
15	Richard Whitewood		7.57
16	Caspar Whitewood		8.11
17	Joseph Holmes		8.17
18	Charlie Hart		8.17
19	Gerry Toudic		8.22
20	Ian Lucas		8.30
21	Adele Maher	w	8.42
22	Elizabeth Atkinson	w	8.57
23	Dave Woodsford		9.08
24	Nicola Holmes	w	9.24
25	Adam Kennedy		9.25
26	Tony Ramsden		10.09
27	Ava Kennedy	w	11.56

Jersey Spartan Fitness First Spring 10k 2009 Men's results