JERSEY SPARTAN AC OPEN GRADED MEETING SATURDAY 6 th May 2017	
FIELD	
12:00	Hammer Men and Women all age groups
	High Jump Men and Women all age groups (Pool A)
13:00	High Jump (Pool B)
	Long Jump Men and Women U17/Senior
	Javelin Men and Women all age groups
14:00	Shot Men and Women all age groups
	Long Jump Boys and Girls U13/ U15
15:00	Triple Jump Men and Women U15/U17/Senior
16:00	Discus Men and Women all age groups
TRACK	
12.30	400m H Men and Women
12:50	800m Men and Women all age groups
13:20	100m Men and Women all age groups
13.50	5,000m Senior Men and Women
14:20	400m Men and Women
14:50	110H Senior Men 75mH U15G
15:20	1500m Men and Women all age groups
15:50	200m Men and Women all age gr
16:10	Relays?

PLEASE NOTE THAT THIS IS A PROVISIONAL TIMETABLE AND THE ORGANISERS RESERVE THE RIGHT TO MAKE CHANGES

N.B. Fastest races first

Pool A high jumpers = athletes with a PB of 1.45m and above