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| **JERSEY SPARTAN AC CLUB CHAMPIONSHIPS Sunday 25th July 2021**  **PROVISIONAL TIMETABLE**  **All times are approximate and may change when the entry numbers are known. The organisers reserve the right to amend this provisional timetable. Please ensure that you check the final timetable on the day.** | | |
| **Time** | **Track** | **Field** |
| **9.30am** |  | **U11 Long Jump (school years 4 and 5)** |
| **10am** |  | **Hammer U15 to senior** |
| **10.30am** |  | **Long Jump-U17 up to senior**  **Triple Jump U17 to senior** |
| **11am** |  | **Javelin-U13 up to senior** |
| **11.30am** |  | **Long jump U15** |
| **12.30pm** |  | **Long Jump U13 ( school year 6 and 7)** |
| **12.30pm** |  | **Discus U13 to senior** |
| **1.30pm** |  | **Shot U13 up to senior** |
| **1.30pm** |  | **High Jump U13 to senior** |
| **1.30pm** |  | **Standing Long Jump U9 ( (year 3)** |
| **2.15pm** |  | **Howler Javelin U9-U11 (year3-year5)** |
| **10.30am** | **400mH and 400m senior men** |  |
|  | **400m** |  |
|  | **300m** |  |
| **11.00am** | **100mH** |  |
|  | **80mH** |  |
|  | **75mH** |  |
| **11.50pm** | **50m sprint U9 (yr3)** |  |
| **12pm** | **75m**  **U11 (yrs 4 and 5)** |  |
|  | **Lunch break for timekeepers and track judges** |  |
| **12.40pm** | **100m fastest races first** |  |
| **1.pm** | **800m** |  |
| **1.20pm** | **400m U9 (yr 3)** |  |
| **1.45pm** | **600m U11 (yr 4&5)** |  |
| **2. pm** | **200m** |
| **2.15pm** | **1500m** |  |